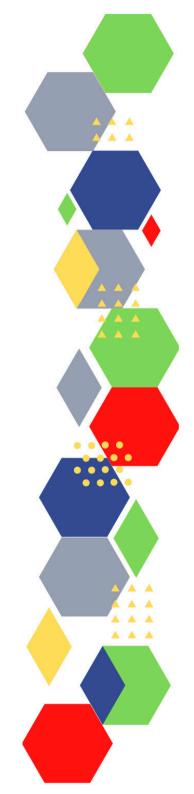




**Future Proof Health Presents** 

Weekly News

4th November 2021





	Communication		
Communication with Patients			
Communication within Teams	Communication within Teams		
Consent	Gillick competency and Fraser guidelines     CONSENT POLICY     ReSPECT for healthcare professionals		
	People and Personal Development		
Personal / People Development / Leadership	<ul> <li>Accountability and delegation in practice</li> <li>Looking after your career</li> </ul>		
NHS Employers / HR / NHS Pension	<ul> <li>NHS Employers</li> <li>Pensions Online</li> <li>Autumn Budget and Spending Review 2021</li> </ul>		
	Health, Safety & Security		
NPSA     Control of Substances Hazardous to Health (COSHH)			
Gov UK - Health Security			
CQC	<ul> <li>GP mythbusters</li> <li>Examples of outstanding practice for GPs</li> <li>CQC update for adult social care providers</li> <li>News from the Care Quality Commission: October 2021</li> <li>CQC update for primary medical and dental services</li> </ul>		
Vaccines / Medications / Prescribing	<ul> <li>Protocol for ordering, storing and handling vaccines</li> <li>A Competency Framework for all Prescribers</li> <li>Non-medical prescribing</li> <li>The Human Medicines Regulations 2012</li> <li>RCN - Non-medical prescribers</li> <li>Royal Pharmaceutical Society</li> <li>Standards for prescribing</li> <li>Clinical Negligence Scheme for General Practice</li> </ul>		



MIMS	Prescribing Update
Antibiotic steward-ship / Anti-microbial resistance	ESPAUR Report 2020 to 2021 Webinar
Drug / Device Alerts (MHRA)	
Emergency Situations	<ul> <li>The updated National Early Warning Score and its use with suspected Sepsis</li> <li>Resuscitation Council UK</li> </ul>
Infection Control / Infection Statics	
Safe Guarding	<ul> <li>Female genital mutilation (FGM)</li> <li>PREVENT</li> <li>Child protection system in the UK</li> <li>Safeguarding Adults</li> <li>Safeguarding children: detailed information</li> </ul>
Practice Policies	
Audit	
Information Governance / Record Keeping	<ul> <li>Guide to Data Protection</li> <li>Supporting general practice – Medical record keeping</li> <li>Patients recording consultations</li> </ul>
	Quality & Service Improvement
Quality, Service & Improvement	<ul> <li>The PRSB</li> <li>General Practice Assessment Questionnaire (GPAQ)</li> <li>Healthwatch</li> <li>NHS Five Year Forward View</li> <li>General Practice Forward View</li> <li>NMC</li> <li>Dr Jon Griffiths</li> <li>NHS Confed</li> <li>Update to the GP Contract agreement 2020/21 - 2023/24</li> <li>Accelerating patient access to their record</li> </ul>



Roles in General Practice	<ul> <li>Standards for nursing associates</li> <li>GP mythbuster 57: Health Care Assistants in General Practice</li> <li>Guide to embedding your first contact physiotherapy service</li> </ul>	
Revalidation		
Personal Practice & Development		
Practice Management	Institute of General Practice Management     Practice Index	
NHS Self Care & Resilience	<ul> <li>Samaritans</li> <li>Mental Health at work</li> <li>Calm</li> <li>Supporting our NHS people</li> <li>Reflective Spaces, Nurses Care: we need care too - Nurses Support Groups</li> </ul>	
Practice Transformation	• #CLEARweek	
ICS / PCN	BUILDING FRONTIERS	
QOF / PHOF / DES / LES		
Leadership	Leadership Academy	
Personalised Care		
Personalised Care / Self Care / Social Prescribing / Health Coaching	<ul> <li>Self Care forum</li> <li>Personalised Care Institute</li> <li>Personalised care</li> <li>Social Prescribing Academy</li> <li>Personal health budget national community of practice event</li> </ul>	
Group consulation		
Working Differently		



Equality & Diversity		
Equality & Diversity	Public Health Profiles	
Inclusion Health	Health Creation Academic Network	
Poverty / Homelessness	<ul> <li>Crisis</li> <li>This is Poverty</li> </ul>	
Thrive Into Work	Thrive into Work     Thrive into Work Referral form	
Health Inequalities		
Trans / Non-binary Health / LGBTQ+	<ul> <li>LGBT Foundation</li> <li>NHS population screening: information for trans and non-binary people</li> <li>Cervical screening for trans men and/or non-binary people</li> </ul>	
Migrant / Refugee Health	Extra funding to help low-income countries as refugees join NHS	
Traveller / Gypsy /Romany Health		
Veterans Health	The first call for help takes courage	
Management of Emergency Situations		
Management of Emergency Situations	<ul> <li>The updated National Early Warning Score and its use with suspected Sepsis</li> <li>Surviving cardiac arrest: how the GoodSAM app is helping NHS ambulance services to save lives</li> </ul>	
111		
Red Flags	Supporting general practice – Common pitfalls	
Sepsis	<ul> <li>Sepsis: recognition, diagnosis and early management</li> <li>Sepsis guidance implementation advice for adults</li> <li>Sepsis in Children</li> <li>Sepsis Trust</li> <li>RCGP: Sepsis</li> <li>World Sepsis Day 2021- HEE launches new Sepsis Awareness Resource video</li> </ul>	
Therapeutic Monitoring		
OSCE	Geeky Medics	



Role Specific	
Cervical Cytology	<ul> <li>Guide to the interim assessment</li> <li>British Association for Cytopathology</li> <li>Lab Tests Online</li> </ul>
Ear Care	<ul><li>Ear Care Centre</li><li>RNID</li></ul>
Wound Management	<ul> <li>Microworld</li> <li>Tissue Viability Society</li> <li>Best Practice, Leadership, Support</li> <li>Wounds Week - 6th-10th December</li> </ul>
Minor Surgery	
Obtaining Samples / Results	Lab Tests Online
	Health Promotion / Health Screening
Health Promotion / Population Health	Better Health     EXi App
Health Screening	• PHE Screening
PHE/OHID	<ul> <li>Knowledge &amp; Library Services</li> <li>Campaign Resources</li> <li>Public Health Profiles</li> <li>Health Publications</li> <li>Health Profile for England 2021</li> </ul>
NHS Health Check	NHS Health Check
NOIDS / PHE Surveillance / Syndromic Surveillance	<ul> <li>Notifications of infectious diseases (NOIDs)</li> <li>Syndromic surveillance: systems and analyses</li> </ul>
Addiction/Smoking	<ul> <li><u>Drink Coach</u></li> <li><u>Stop smoking interventions and services</u></li> </ul>



## Immunisation / Travel Health

- Vaccinations and infections
- Joint Committee on Vaccination and Immunisation
- Immunisation against infectious disease
- West Midlands Immunisation Service
- Immunisation information for Health Care Services within the West Midlands area
- Vaccination of individuals with uncertain or incomplete immunisation status
- WHO vaccine-preventable diseases: monitoring system. 2020 global summary
- The Foundations of Immunization: What, Who, When and Why?
- Winter Vaccination Prime phase: Social Media content calendar and assets 2021

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- Flu and flu vaccinations
- The national influenza immunisation programme 2021 to 2022
- Flu vaccines for the 2021 to 2022 season poster
- Appendix C: Flu vaccinator competency assessment tool
- · Healthcare assistants and flu vaccinations
- Flu Campaign Resources 2021/22
- Accessing government-secured flu vaccines: guidance for primary care 2021 to 2022



Continuation of Immunisation / Travel Health		
Covid Vaccine	<ul> <li>Greenbook COVID-19 chapter 14a</li> <li>Key questions on the children and young people's COVID-19 vaccination programme</li> <li>COVID-19 vaccinations received overseas</li> <li>New film launched urging public to get flu and COVID-19 vaccines</li> <li>A joint letter to parents of secondary school and college students in England on Covid-19 testing and vaccines from the Secretaries of State for Education and for Health and Social Care</li> <li>Updates made to the COVID-19 vaccination elearning programme</li> <li>HEE e-LfH COVID-19 vaccination programme launches hit 2 million</li> <li>COVID-19 Vaccine Moderna e-learning now available</li> <li>COVID-19 vaccination deployment next steps for 12 to 15-year-old vaccination</li> <li>Stressing the personal benefits of the COVID-19 vaccine could encourage more people to accept</li> </ul>	
Children		
Adults	<ul> <li>Immunisation patient group direction (PGD) templates</li> <li>Shingles immunisation programme: introduction of Shingrix® letter</li> </ul>	
Vaccine Update	<ul> <li><u>Vaccine update</u></li> <li><u>Vaccine Update Index</u></li> </ul>	
PGD		
Travel Health	<ul> <li>Travel Health Pro</li> <li>Fit for Travel</li> <li>Travel Health</li> <li>Jane Chiodini</li> <li>Corona.Help</li> </ul>	



Mental Health / Learning Disability / Disability	
Mental Health	<ul> <li>Mental Health</li> <li>Mental Health UK</li> <li>Mind</li> <li>Place2b</li> <li>Rethink Mental Illness</li> <li>Young Minds</li> <li>Every Mind Matters</li> <li>Calm</li> <li>Headspace</li> <li>We Can Talk</li> <li>Get Your Mind Plan</li> <li>Feeling low?</li> <li>Better Health - Every Mind Matters - Resources</li> <li>ZSA Training</li> </ul>
Learning Disability	<ul> <li><u>Learning Disabilities</u></li> <li><u>Learning Disability England</u></li> <li><u>Mencap</u></li> <li><u>Bild</u></li> <li><u>Autism</u></li> </ul>
Disability	Disability Rights UK     Disability Matters



From Cradle to	
Infant Health	<ul> <li>Tommys</li> <li>First Steps Nutrition Trust</li> <li>Bliss</li> <li>NHS App - Baby Buddy</li> <li>NHS App - Peanut</li> <li>ICON Toolkit</li> </ul>
Child Health	<ul> <li>Unicef</li> <li>Health Professional Academy</li> <li>Premature Babies</li> <li>Child and Maternal Health</li> <li>Women and Child First</li> <li>Child Health Information Services</li> <li>Place2b</li> <li>Childhood eczema</li> <li>Childhood asthma</li> <li>Childrens Commissioner - The Big Answer</li> <li>Suicide in Children and Young People</li> <li>Under 16 Cancer Experience Survey</li> </ul>
Adolescent Health	<ul> <li>Adolescent Health Programme</li> <li>Society for Adolescent Health and Medicine</li> <li>Young Minds</li> </ul>
Mens Health	<ul> <li>Mens Health Forum</li> <li>Mens Health Month</li> <li>Mens health.org</li> <li>Mens Health UK</li> <li>Men and mental health</li> <li>Men's Mental Health Awareness</li> <li>Prostate Cancer UK</li> <li>Orchid Fighting Male Cancer</li> <li>Prostate Cancer UK Facebook Page</li> <li>Men's Voices Event</li> <li>Movember</li> </ul>



Delivering tomorrow 3 heatincare		
Women's Health	<ul> <li>Womens Health Concern</li> <li>Well Being of Women</li> <li>Coppa Feel</li> <li>Menopause Matters</li> <li>The Menopause Charity</li> <li>Royal College of Obstetricians and Gynaecologists - Guidelines</li> <li>Pelvic Partnership</li> <li>CRUK - Womens Cancer</li> <li>Breast Cancer Now</li> <li>Foundation for Women's Cancer</li> <li>Eve Appeal</li> <li>Ovarian.Org</li> <li>Jo's Trust</li> <li>Well Spring</li> <li>HRT reduces women's risk of early death, study finds</li> </ul>	
The Older Population	<ul><li>BGS</li><li>Ageing Better</li></ul>	
Carers	<ul> <li>The Care Provider Alliance</li> <li>Skills for Care</li> <li>The Care Workers' Charity</li> <li>Supporting Adult Carers</li> <li>Adult Social Care Update</li> <li>CQC - State of Care</li> </ul>	
Young Carers	<u>Carers, Young Carers and UPC Webinar</u>	
Complex Needs		
Family Planning & Sexual Health		
Family Planning	Faculty of Sexual and Reproductive Healthcare Education and Training	
Reproductive	• <u>Tommys</u>	
Sexual Health	<ul> <li>Sexual and Reproductive Health Profiles</li> <li>FSRH Education &amp; Training</li> </ul>	
Maternity / Neonate health		



Care of Patients with Long Term Conditions	
LTC	Chronic Conditions On Demand
Diabetes & Pre-Diabetes	<ul> <li>AZ Medical and Educational Goods and Services in Diabetes</li> <li>Mumoactive</li> <li>The mySugr App</li> <li>Foot Check</li> </ul>
Respiratory	<ul> <li>Spirometry: step by step</li> <li>ARTP</li> <li>British Lung Foundation</li> <li>The Primary Care Respiratory Society</li> <li>About the Respiratory Surge in Children programme</li> </ul>
COPD	Right Breathe
Asthma	<ul> <li>FeNO - Fractional exhaled nitric oxide - for the diagnosis and management of Asthma</li> <li>Asthma UK</li> <li>Asthma: diagnosis, monitoring and chronic asthma management</li> <li>GINA 2021: the missing pieces in the childhood asthma puzzle</li> <li>GINA: Interim Guidance About COVID-19 &amp; Asthma</li> </ul>
Hypertension	<ul> <li>British Heart Foundation</li> <li>Blood Pressure UK</li> <li>Hypertension in adults: diagnosis and management</li> <li>Hypertension in adults: diagnosis and treatment</li> <li>Clinical Inquiry-In women who have undergone breast cancer surgery, including lymph node removal, do blood pressure measurements taken in the ipsilateral arm increase the risk of lymphedema?</li> </ul>
CVD/AF	<ul> <li>QRISK®3-2018 risk calculator</li> <li>Heart Rhythm Alliance</li> <li>CVD risk assessment and management</li> <li>Health matters: preventing cardiovascular disease</li> <li>NICE impact cardiovascular disease prevention</li> </ul>
Heart Failure	British Heat Foundation     British Society Guidelines



Continuation of Long Term Conditions	
Cancer / Oncology	<ul> <li>Surviving Thyroid Cancer</li> <li>Help Us Help You - Lung Cancer Symptoms</li> <li>Becca Breast Cancer Support App</li> <li>Breast Cancer Now</li> <li>MoleCare App</li> <li>Macmillian</li> </ul>
Chronic Kidney Disease	Kidney.Org     Kidney Quality Improvement Partnership
Liver Disease	British Liver Trust     Liver Research     BRITISH ASSOCIATION FOR THE STUDY OF THE LIVER     LIVERNORTH     LIVER DISEASE AND CIRRHOSIS
Blood Disorders	<ul> <li>Blood Cancer</li> <li>Thalassaemia</li> <li>ITP</li> <li>Haemophilia</li> <li>UK MDS Forum</li> <li>Save a life. Give plasma.</li> <li>Diagnosis and management of pernicious anaemia</li> </ul>
G.I	GIST Cancer UK
ENT	
G.U	
Neurological Conditions	<ul> <li>The Brain Tumour Charity</li> <li>Narcolepsy.Org</li> <li>ACNR</li> </ul>
Musculoskeletal Conditions	<ul> <li>Rheumatology</li> <li>National Axial Spondyloarthritis Society</li> <li>Musculoskeletal health</li> <li>Musculoskeletal health: 5 year prevention strategic framework</li> <li>Faculty of Occupational Medicine</li> </ul>



Continuation of Long Term Conditions	
Endocrine Disorders / Metabolic Disorders	<ul> <li>Endocrinology</li> <li>Turner Syndrome Support Society</li> <li>Thyroid Eye Disease</li> <li>British Thyroid Foundation</li> <li>Thyroid UK</li> <li>Pituitary</li> <li>Addisons Disease</li> <li>Parathyroid UK</li> <li>The Royal Osteoporosis Society</li> <li>Metabolic Support UK</li> </ul>
Frailty	<ul> <li>Recognising frailty</li> <li>Identifying frailty</li> <li>CLINICAL FRAILTY SCALE</li> </ul>
Dementia	<ul> <li>Dementia UK</li> <li>Understanding dementia</li> <li>My House of Memories - NHS App</li> <li>Dementia profile updates</li> </ul>



Continuation of Long Term Conditions	
Dermatology	<ul> <li>British Association of Dermatologists</li> <li>Eczema</li> <li>The British Skin Foundation</li> <li>Acne vulgaris: management</li> <li>The Primary Care Dermatology Society</li> <li>Acne.org</li> <li>Allergy UK</li> <li>Urticaria</li> <li>Hives</li> <li>Sunburn</li> <li>Causes of cancer and reducing your risk</li> <li>What is Rosacea?</li> <li>Rosecea</li> <li>Herpes.org</li> <li>Shingles</li> <li>Fungal Skin Infection - Foot</li> <li>The Psoriasis Association</li> <li>Psoriasis</li> <li>Melanoma</li> <li>Skin Health Information</li> <li>British Association of Plastic Reconstructive and Aesthetic Surgeons</li> <li>Warts and verrucae</li> </ul>
Allergy / Auto-immune / Genetic Conditions	<ul> <li>Allergy UK</li> <li>Rheumatology</li> <li>Addisons Disease</li> </ul>
Obesity	Obesity UK



	Continuation of Long Term Conditions	
Pain Management	Pain Concern     UK career framework for pain nurses	
Genomics		
Multi-Morbidity	<ul> <li>Multimorbidity</li> <li>Multimorbidity / multiple long-term conditions (MLTC)</li> </ul>	
Minor Illness / First Contact Assessment		
Other / Case Studies	<ul> <li><u>Ultra Rare Disease Disorders And Disabilities Foundation</u></li> <li><u>MyCognition Home - NHS App</u></li> </ul>	
End of Life Care		
End of Life Care	<ul> <li>ReSPECT for healthcare professionals</li> <li>Hospice UK</li> <li>APPG on Hospice &amp; End of Life Care</li> </ul>	
Covid-19		
Covid-19	<ul> <li>Covid Live</li> <li>Coronavirus Statistics</li> <li>Secretary of State gives notice of revocation of declaration under Schedule 21 of the Coronavirus Act 2020</li> </ul>	
Long Covid	<ul> <li>Supporting your recovery after COVID-19</li> <li>Long Covid Toolkit</li> <li>Long term effects of COVID (Long COVID)</li> <li>Post-COVID Syndrome (Long COVID)</li> <li>COVID-19 Yorkshire Rehabilitation Screening Tool</li> <li>FOM Guidance</li> <li>Assessing long-term rehabilitation needs in COVID-19 survivors using a telephone screening tool (C19-YRS tool)</li> </ul>	
Covid Response / Recovery		



News & Views	
Digital News / Remote Consultations	<ul> <li><u>Digital Health News Webinars</u></li> <li><u>Digital Health News</u></li> <li><u>NHS Digital</u></li> </ul>
PSNC News / Pharmacy	<ul> <li>National Pharmacy Association</li> <li>Royal Pharmaceutical Society</li> <li>PSNC 29th October</li> <li>PSNC 1st November</li> <li>PSNC 3rd November</li> <li>PSNC Concessions Announcement</li> </ul>
60 Second GP / Pulse / GP Online / HSJ / NB Medical	<ul> <li>60 Second GP</li> <li>GP Online</li> <li>HSJ</li> <li>Pulse Today</li> </ul>
Primary Care Update / PCC / PPP	<ul> <li>Primary Care Bulletin</li> <li>Public Policy Projects News</li> </ul>
Practice Index	Practice Index Weekly
Kings Fund	The Kings Fund     Weekly News / Health Management and Policy Alert / Health and Well Being Bulletin /     Digital Health Digest / Events Update
IHCT / CCG / STP / Healthier Futures	<ul> <li><u>Healthier Futures</u></li> <li><u>Black Country &amp; West Birmingham CCG</u></li> <li><u>Dudley Integrated Health and Care</u></li> </ul>
NHSI / NHSE	
University / Student Nurses	• <u>Trust Newsletter</u>



	Continuation News & Views
Medisa / Univadis / Geeky Medics / GP Notebook / Medscape	<ul> <li><u>Univadis Newsletter</u></li> <li><u>Univadis Nurses Headlines</u></li> <li><u>Medisa</u></li> <li><u>Geeky Medics</u></li> <li><u>Medscape Nurses</u></li> <li><u>GP Notebook</u></li> </ul>
The Health Foundation	<ul> <li>The Health Foundation</li> <li>The Health Foundation Newsletter</li> </ul>
The Health Care Leaders Update	Health Care Leader News
Innovation Agency	Innovation Agency Exchange
RCN	• RCN
Nursing in Practice / Nursing Standard / Independent Nurse	<ul> <li>Nursing in Practice Clinical</li> <li>GPN Bulletin</li> <li>Independent Nurse Magazine</li> <li>Practice Nursing</li> </ul>
QNI	• QNI
NMC	• NMC
CMO / CNO	
World Health Organisation	• WHO • OpenWHO
Nice	• NICE
RCGP / BMA / The Lancet	<ul> <li>The Lancet</li> <li>British Medical Journal</li> <li>Royal College of General Practitioners</li> <li>QOF QI hub</li> <li>BMA Update</li> <li>RCGP News Updates</li> <li>Veteran friendly GP practices</li> <li>Sudden Bereavement Support Pilot</li> </ul>



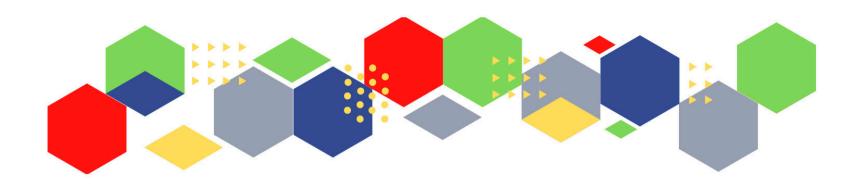
Continuation News & Views	
Midlands Academic Health Science Network	WMAHSN Network
Healthwatch	• <u>Healthwatch</u>
Other	
Free Training / Webinars / Meetings / CPD	
e-Learning for Health	<ul> <li>New elearning session highlights dermatological side effects of COVID-19</li> <li>New COVID-19 community contact tracing programme now available</li> <li>Staff Recovery Resources for critical care and the wider health workforce recovering from the COVID-19 pandemic</li> <li>MindEd infographic highlights programme's success during COVID-19</li> <li>Long COVID elearning session available</li> <li>The Changing Story of Cancer programme</li> <li>Updates to the Flu Immunisation elearning programme for the 2021/22 flu season</li> <li>Flu Immunisation programme - elearning</li> <li>Foundation elearning programme update September 2021</li> </ul>



Continuation of Free Training / Webinars / Meetings / CPD	
Development / Information and Knowledge	FutureProof Health Training & Events  RCN Events - West Midlands  16th November - MIMS Learning Live  Inaugural Broadcasts 2021  24th March 2022 - RCN Clinical Research Nursing Conference 2022  Menopause Training  RCGP Learning  Deep Dive on DPP-4 Inhibitors  ISSUES & ANSWERS CONFERENCE SERIES 2021  Bringing people together to share knowledge - Virtual Conferences  ADVANCE CARE PLANNING  IDENTIFYING & MANAGING A DYING PATIENT  6th - 10th December - Wounds Week  Monthly RCGP Post-Covid Syndrome (Long Covid) Training Session  Diabetes Professional Care is happening on 10-11 November 2021!  FREE e Learning on influenza  Personal health budget national community of practice event - 16th November  Guidelines Live  Thrive in Life: Enjoying Post Cancer Happiness - Birmingham Tickets, Multiple Dates   Eventbrite  Gender, Feminism and Identity: What makes you, you? Tickets, Thu 25 Nov 2021 at 19:00   Eventbrite  Black Country Health Equalities Summit Tickets, Thu 18 Nov 2021 at 10:00   Eventbrite  University of Wolverhampton - Institute of Health Professional Network Tickets, Wed 3 Nov 2021 at 16:30   Eventbrite  Senior Mental Health Lead Training  ESPAUR Report 2020 to 2021 Webinar Tickets, Fri 19 Nov 2021 at 14:00   Eventbrite  BAEM Education Resource Master Classes Webinar November- December 2021 Tickets, Multiple Dates   Eventbrite
YouTube	NHS England
Blogs/Vlogs	What does the Health and Care Bill mean for NHS staff?
Area Bulletins	
BCWB Training Hub	Black Country and West Birmingham Training Hub



Continuation of Free Training / Webinars / Meetings / CPD	
Podcasts	<ul> <li>The Nursing Handover Podcast</li> <li>Nursing Standard Podcasts</li> <li>What Makes a Nurse?</li> <li>The MedicsPro Podcast</li> <li>Nursing Matters</li> <li>Welcome to the BJN Podcast</li> <li>Why we care</li> <li>EBN podcast</li> <li>This Is Nursing</li> <li>Maroon Mindset</li> <li>Teach me, I'm a Nurse</li> <li>Past Caring</li> <li>RCGP eLearning podcast</li> <li>The BMJ Podcast</li> <li>The BMJ Podcast</li> <li>Primary Care Network podcasts</li> <li>The Professional Support Unit's Pandemic Podcast</li> <li>How can public health nurses help deliver the Healthy Child Programme this winter?</li> <li>Talking GP</li> </ul>
Research	<ul> <li>Science Daily</li> <li>Multimorbidity / multiple long-term conditions (MLTC)</li> </ul>
Freebies	Blue Light Card
Other	



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