



## Future Proof Health Presents

Weekly News

26th May 2022





Communication			
Communication with Patients			
Communication within Teams			
Consent	<ul> <li><u>Gillick competency and Fraser guidelines</u></li> <li><u>CONSENT POLICY</u></li> <li><u>ReSPECT for healthcare professionals</u></li> </ul>		
	People and Personal Development		
Personal / People Development / Leadership	<u>Accountability and delegation in practice</u>		
NHS Employers / HR / NHS Pension	<u>NHS Employers</u> <u>Pensions Online</u>		
	Health, Safety & Security		
<ul> <li><u>NPSA</u></li> <li><u>Control of Substances Hazardous to Health (COSHH)</u></li> <li><u>HSE Weekly Digest eBulletin</u></li> </ul>			
Gov UK - NHS	<ul> <li><u>New Deputy Chief Medical Officer for England announced - GOV.UK (www.gov.uk)</u></li> </ul>		
CQC	<ul> <li><u>GP mythbusters</u></li> <li><u>Examples of outstanding practice for GPs</u></li> <li><u>CQC's upgraded website is now live (govdelivery.com)</u></li> <li><u>News Adult Social Care Providers</u></li> </ul>		
MIMS	Prescribing Update		
Antibiotic steward-ship / Anti-microbial resistance			
Drug / Device Alerts (MHRA)			



Emergency Situations	<ul> <li><u>The updated National Early Warning Score and its use with suspected Sepsis</u></li> <li><u>Resuscitation Council UK</u></li> </ul>
Vaccines / Medications / Prescribing	<ul> <li>Protocol for ordering, storing and handling vaccines</li> <li>A Competency Framework for all Prescribers</li> <li>Non-medical prescribing</li> <li>The Human Medicines Regulations 2012</li> <li>RCN - Non-medical prescribers</li> <li>Royal Pharmaceutical Society</li> <li>Standards for prescribing</li> <li>Clinical Negligence Scheme for General Practice</li> </ul>
Infection Control / Infection Statics	How to reduce glove use   RCN Magazines   Royal College of Nursing
Safe Guarding	<ul> <li>Female genital mutilation (FGM)</li> <li>PREVENT</li> <li>Child protection system in the UK</li> <li>Safeguarding Adults</li> <li>Safeguarding children: detailed information</li> </ul>
Practice Policies	
Audit	
Information Governance / Record Keeping	<ul> <li><u>Guide to Data Protection</u></li> <li><u>Supporting general practice – Medical record keeping</u></li> </ul>
	Quality & Service Improvement
Quality, Service & Improvement	<ul> <li><u>The PRSB</u></li> <li><u>General Practice Assessment Questionnaire (GPAQ)</u></li> <li><u>Healthwatch</u></li> <li><u>NHS Five Year Forward View</u></li> <li><u>General Practice Forward View</u></li> <li><u>NMC</u></li> <li><u>Dr Jon Griffiths</u></li> <li><u>NHS Confed</u></li> <li><u>NHS England » Implementing patient initiated follow-up: guidance for local health and care systems</u></li> </ul>



Roles in General Practice	<ul> <li><u>Standards for nursing associates</u></li> <li><u>GP mythbuster 57: Health Care Assistants in General Practice</u></li> <li><u>We are Primary Care on Twitter: "This #InternationalNursesDay, trainee nursing associate,</u> @LynseyMitchel12, tells us why it's never too late to start a career in #PrimaryCare #nursing.</li> <li><u>Find out more</u> <u>https://t.co/MhHff6iFqv #GPN #NursingAssociate @FrimleyHC https://t.co/8dy2s8dnSV" / Twitter</u></li> </ul>
Revalidation	Enabling Professionalism in Nursing and Midwifery   NIPEC (hscni.net)
Personal Practice & Development	
Practice Management	<ul> <li>Institute of General Practice Management</li> <li>Practice Index</li> <li>Improving the National Workforce Reporting Service (NWRS) - NHS Digital</li> </ul>
Employment	
NHS Self Care & Resilience	<ul> <li><u>Samaritans</u></li> <li><u>Mental Health at work</u></li> <li><u>Calm</u></li> <li><u>Supporting our NHS people</u></li> <li><u>The Hub :: Black Country Healthcare NHS Foundation Trust</u></li> <li><u>NHS England » Looking after you too</u></li> <li><u>Time to Look After Yourself - Why Self-Care is Essential and Not Selfish Tickets, Mon 13 Jun 2022 at 13:00   Eventbrite</u></li> <li><u>Time to Look After Yourself - Why Self-Care is Essential and Not Selfish Tickets, Tue 21 Jun 2022 at 18:00   Eventbrite</u></li> </ul>
Practice Transformation	



Future of NHS / General Practice	<ul> <li>Adding value: a strategic vision for volunteering in NHS trusts   The King's Fund (kingsfund.org.uk)</li> <li>NHS England » Investment in General Practice in England, 2016/17 to 2020/21</li> <li>My Planned Care NHS</li> <li>NHS England » Further drop in number of people facing longest waits for NHS care</li> <li>Government on track to deliver 26,000 more primary care staff - GOV.UK (www.gov.uk)</li> <li>NHS finance</li> </ul>
ICS / PCN	<ul> <li><u>NHS England » Integrated Care Systems: Guidance</u></li> <li><u>Devolve to evolve? - Policy Exchange</u></li> </ul>
QOF / PHOF / DES / LES / NHS Contract / CQRS / CQUIN	
Leadership	Leadership Academy
	Personalised Care
Personalised Care / Self Care / Social Prescribing / Health Coaching	<ul> <li><u>Self Care forum</u></li> <li><u>Personalised Care Institute</u></li> <li><u>Personalised care</u></li> <li><u>Social Prescribing Academy</u></li> <li><u>Link workers for population health   The King's Fund (kingsfund.org.uk)</u></li> </ul>
Group consulation	
Working Differently	
Shared Decision Making	
Equality & Diversity	
Equality & Diversity	Public Health Profiles
Inclusion Health	Health Creation Academic Network
Poverty / Homelessness	<ul> <li><u>Crisis</u></li> <li><u>This is Poverty</u></li> </ul>



Continuation of Equality & Diversity		
Population Health / Health Communities		
Thrive Into Work	<ul> <li><u>Thrive into Work</u></li> <li><u>Thrive into Work Referral form</u></li> </ul>	
Health Inequalities		
Trans / Non-binary Health / LGBTQ+	<ul> <li><u>LGBT Foundation</u></li> <li><u>NHS population screening: information for trans and non-binary people</u></li> <li><u>Cervical screening for trans men and/or non-binary people</u></li> </ul>	
Migrant / Refugee Health	<u>THE REFUGEE &amp; MIGRANT CENTRE</u>	
Traveller / Gypsy / Romany Health		
Veterans Health	<u>The first call for help takes courage</u>	
Management of Emergency Situations		
Management of Emergency Situations	<u>The updated National Early Warning Score and its use with suspected Sepsis</u>	
111		
First Contact	<u>Supporting general practice – Common pitfalls</u>	
Red Flags		
Sepsis	<ul> <li><u>Sepsis: recognition, diagnosis and early management</u></li> <li><u>Sepsis guidance implementation advice for adults</u></li> <li><u>Sepsis in Children</u></li> <li><u>Sepsis Trust</u></li> <li><u>RCGP: Sepsis</u></li> <li><u>quick SEPSIS RELATED ORGAN FAILURE ASSESSMENT</u></li> </ul>	



Continuation of Emergency Situations		
Therapeutic Monitoring		
OSCE	<ul> <li><u>Geeky Medics</u></li> <li><u>Abdominal Examination - Demonstration - YouTube</u></li> <li><u>Cardiovascular Examination - Demonstration - YouTube</u></li> <li><u>Respiratory Examination - Demonstration - YouTube</u></li> <li><u>Physical Diagnosis Skills - University of Washington School of Medicine</u></li> </ul>	
Role Specific		
Cervical Cytology	<ul> <li><u>Guide to the interim assessment</u></li> <li><u>British Association for Cytopathology</u></li> <li><u>Lab Tests Online</u></li> </ul>	
Ear Care	<ul> <li>Ear Care Centre</li> <li>RNID</li> </ul>	
Wound Management	<ul> <li><u>Microworld</u></li> <li><u>Tissue Viability Society</u></li> <li><u>The BLS</u></li> <li><u>Wounds on Thursdays</u></li> <li><u>Wounds Week: Access 10 CPD-certified webinars (mah-communications.co.uk)</u></li> </ul>	
Minor Surgery		
Obtaining Samples / Results	Lab Tests Online	



Health Promotion / Health Screening	
Health Promotion / Population Health	<ul> <li><u>Better Health</u></li> <li><u>EXi App</u></li> <li><u>NHS England » Case study: 12,000 extra people shielded in Norfolk using population health management</u></li> </ul>
Health Screening	PHE Screening
PHE / OHID / UKHSA	<ul> <li>Knowledge &amp; Library Services</li> <li>Campaign Resources</li> <li>Public Health Profiles</li> <li>Health Publications</li> <li>Health Profile for England 2021</li> <li>English indices of deprivation 2019</li> </ul>
NHS Health Check	<u>NHS Health Check</u>
NOIDS / PHE Surveillance / Syndromic Surveillance	<ul> <li><u>Notifications of infectious diseases (NOIDs)</u></li> <li><u>National flu and COVID-19 surveillance reports: 2021 to 2022 season - GOV.UK (www.gov.uk)</u></li> </ul>
Addiction/Smoking	<ul> <li><u>Drink Coach</u></li> <li><u>Stop smoking interventions and services</u></li> </ul>



## Immunisation / Travel Health

Vaccinations and	infections		
Joint Committee on Vaccination and Immunisation			
<ul> <li>Immunisation aga</li> </ul>	Immunisation against infectious disease		
West Midlands In	West Midlands Immunisation Service		
Immunisation info	Immunisation information for Health Care Services within the West Midlands area		
Vaccination of individuals with uncertain or incomplete immunisation status			
WHO vaccine-pre	WHO vaccine-preventable diseases: monitoring system. 2020 global summary		
The Foundations of Immunization: What, Who, When and Why?			
Winter Vaccination - Prime phase: Social Media content calendar and assets - 2021			
Measles outbreak training			
Vaccine Safety Basics			
UKHSA HPV vac	UKHSA HPV vaccination guidance   PHE/DH/DWP guideline   Guidelines		
	Flu and flu vaccinations		
	The national influenza immunisation programme 2021 to 2022		
	Flu vaccines for the 2021 to 2022 season poster		
	<ul> <li>Appendix C: Flu vaccinator competency assessment tool</li> </ul>		
Flu	<ul> <li>Healthcare assistants and flu vaccinations</li> </ul>		
	Flu Campaign Resources 2021/22		
	<ul> <li><u>National flu and COVID-19 surveillance reports published</u></li> </ul>		
	<ul> <li>National flu immunisation programme plan 2022 to 2023 - GOV.UK (www.gov.uk)</li> </ul>		
	<ul> <li>UKHSA flu immunisation 2022–2023 guideline   PHE/DH/DWP guideline   Guidelines</li> </ul>		



	Continuation of Immunisation / Travel Health
Covid Vaccine	<ul> <li><u>Greenbook COVID-19 chapter 14a</u></li> <li><u>Updates made to the COVID-19 vaccination elearning programme</u></li> <li><u>HEE e-LfH COVID-19 vaccination programme launches hit 2 million</u></li> <li><u>COVID-19 Vaccine Moderna e-learning now available</u></li> <li><u>GP COVID-19 vaccine dashboard</u></li> <li><u>Coronavirus (COVID-19) vaccines adverse reactions</u></li> <li><u>NHS England » NHS delivers more than half of spring boosters as latest invites land</u></li> <li><u>COVID-19 Vaccine Effectiveness in Variants of Concern: What Do We Currently Know? (medscape.org)</u></li> <li><u>Coronavirus (COVID-19) Infection Survey, UK: antibody and vaccination data, 4 May 2022 - GOV.UK (www.gov.uk)</u></li> <li>Immunity boost from fourth COVID jab may exceed third dose effect, new data suggest   MIMS online</li> </ul>
Children	
Adults	<ul> <li>Immunisation patient group direction (PGD) templates</li> <li>Shingles immunisation programme: introduction of Shingrix® letter</li> <li>UKHSA HPV vaccination guidance   PHE/DH/DWP guideline   Guidelines</li> </ul>
Vaccine Update	<ul> <li><u>Vaccine update: Issue 325, April 2022 (publishing.service.gov.uk)</u></li> <li><u>Vaccine Update Index</u></li> <li><u>Vaccine update: issue 328, May 2022, Shingrix® special edition - GOV.UK (www.gov.uk)</u></li> <li><u>Vaccine update: issue 329, May 2022 - GOV.UK (www.gov.uk)</u></li> </ul>
PGD	
Travel Health	<ul> <li>Travel Health Pro</li> <li>Fit for Travel</li> <li>Travel Health</li> <li>Jane Chiodini</li> <li>Corona.Help</li> </ul>



Mental Health / Learning Disability / Disability		
Mental Health	<ul> <li>Mental Health</li> <li>Mental Health UK</li> <li>Mind</li> <li>Place2b</li> <li>Rethink Mental Illness</li> <li>Young Minds</li> <li>Every Mind Matters</li> <li>Calm</li> <li>Headspace</li> <li>We Can Talk</li> <li>Get Your Mind Plan</li> <li>Feeling low?</li> <li>Better Health - Every Mind Matters - Resources</li> <li>ZSA Training</li> <li>Psychiatry - Medscape</li> <li>NHS England » NHS fast tracks mental health support for millions of pupils</li> <li>Loneliness - Every Mind Matters - NHS (www.nhs.uk)</li> <li>New guidance published on eating-disorder-related medical emergencies   News   Guidelines</li> </ul>	
Learning Disability	<ul> <li>Learning Disabilities</li> <li>Learning Disability England</li> <li>Mencap</li> <li>Bild</li> <li>Autism</li> <li>SEND review: right support, right place, right time - GOV.UK (www.gov.uk)</li> <li>New annual checks for people with learning disabilities (rcni.com)</li> <li>Learning disabilities - Annual health checks - NHS (www.nhs.uk)</li> </ul>	
Disability (Inc. hearing and visual)	<ul> <li><u>Disability Rights UK</u></li> <li><u>Disability Matters</u></li> <li><u>RNID - National hearing loss charity</u></li> </ul>	



From Cradle to	
Infant Health	<ul> <li><u>Tommys</u></li> <li><u>First Steps Nutrition Trust</u></li> <li><u>Bliss</u></li> <li><u>NHS App - Baby Buddy</u></li> <li><u>NHS App - Peanut</u></li> <li><u>ICON Toolkit</u></li> <li><u>Infant formulae   MIMS online</u></li> <li><u>Why-Health-Visitors-Matter.pdf (parentinfantfoundation.org.uk)</u></li> </ul>
Child Health	<ul> <li><u>Unicef</u></li> <li><u>Health Professional Academy</u></li> <li><u>Premature Babies</u></li> <li><u>Child and Maternal Health</u></li> <li><u>Women and Child First</u></li> <li><u>Child Health Information Services</u></li> <li><u>Place2b</u></li> <li><u>Childhood eczema</u></li> <li><u>Childhood asthma</u></li> <li><u>Paediatrics for Primary Care (and anyone else) (gppaedstips.blogspot.com)</u></li> <li><u>Increase in hepatitis (liver inflammation) cases in children under investigation - GOV.UK (www.gov.uk)</u></li> <li><u>Increased mental health support for children and young people - GOV.UK (www.gov.uk)</u></li> </ul>
Adolescent Health	<ul> <li><u>Adolescent Health Programme</u></li> <li><u>Society for Adolescent Health and Medicine</u></li> <li><u>Young Minds</u></li> <li><u>Save a life MenACWY campaign booklet - Health Publications</u></li> <li><u>NHS England » NHS fast tracks mental health support for millions of pupils</u></li> </ul>



Mens Health	<ul> <li>Mens Health Forum</li> <li>Mens Health Month</li> <li>Mens health.org</li> <li>Mens Health UK</li> <li>Men and mental health</li> <li>Men's Mental Health Awareness</li> <li>Prostate Cancer UK</li> <li>Orchid Fighting Male Cancer</li> <li>Prostate Cancer UK Facebook Page</li> <li>Men's Voices Event</li> <li>Movember</li> <li>Men's health guidance   NHS Employers</li> <li>UKHSA HPV vaccination guidance   PHE/DH/DWP guideline   Guidelines</li> </ul>
Women's Health	<ul> <li>Womens Health Concern</li> <li>Well Being of Women</li> <li>Coppa Feel</li> <li>Menopause Matters</li> <li>The Menopause Charity</li> <li>Royal College of Obstetricians and Gynaecologists - Guidelines</li> <li>Pelvic Partnership</li> <li>CRUK - Womens Cancer</li> <li>Breast Cancer Now</li> <li>Foundation for Women's Cancer</li> <li>Eve Appeal</li> <li>Ovarian.Org</li> <li>Jo's Trust</li> <li>Well Spring</li> <li>HRT products limited to three-month supply   MIMS online</li> <li>New blood test could help diagnose ovarian cancer faster - Nursing in Practice</li> </ul>



The Older Population		<ul> <li><u>BGS</u></li> <li><u>Ageing Better</u></li> <li><u>Delirium Champions - YouTube</u></li> </ul>
Carers / Social Care / Care Homes		<ul> <li><u>The Care Provider Alliance</u></li> <li><u>Skills for Care</u></li> <li><u>The Care Workers' Charity</u></li> <li><u>Supporting Adult Carers</u></li> <li><u>Adult Social Care Update</u></li> <li><u>Dementia Action Week: Chief Nurse for Adult Social Care champions care sector</u></li> <li><u>Chief Social Worker for Adults publishes annual report - GOV.UK (www.gov.uk)</u></li> <li><u>Increased funding for nursing in care homes - GOV.UK (www.gov.uk)</u></li> </ul>
Young Carers		
Complex Needs		
Family Planning & Sexual Health		
Family Planning	Faculty of Sexual and Reproductive Healthcare Education and Training	
Reproductive	• <u>Tommys</u>	
Sexual Health / Sexual Abuse	<ul> <li><u>Sexual and Reproductive Health Profiles</u></li> <li><u>FSRH Education &amp; Training</u></li> <li><u>UKHSA HPV vaccination guidance   PHE/DH/DWP guideline   Guidelines</u></li> </ul>	
Maternity / Neonate health	<u>Why Health Visitors Matter</u>	



Care of Patients with Long Term Conditions		
LTC	<ul> <li>Physical Activity for the Prevention and Management of Long-Term Conditions</li> <li>Expert Insights   Chiesi Air</li> </ul>	
Diabetes & Pre-Diabetes	<ul> <li>AZ Medical and Educational Goods and Services in Diabetes</li> <li>Mumoactive</li> <li>The mySugr App</li> <li>Foot Check</li> <li>More personalised treatment 'could transform' type 2 diabetes care, research finds - Nursing in Practice</li> <li>Best practice treatment and management of patients with type 2 diabetes, cardiovascular disease, and heart failure   Working party guideline/algorithm   Guidelines</li> <li>NHS England » Healthy Living for people with type 2 diabetes: Patient leaflet</li> </ul>	
Respiratory	<ul> <li>Spirometry: step by step</li> <li><u>ARTP</u></li> <li><u>British Lung Foundation</u></li> <li><u>The Primary Care Respiratory Society</u></li> <li><u>UKHSA IPC for seasonal respiratory infections guideline   PHE/DH/DWP guideline   Guidelines</u></li> <li><u>UKHSA staff with symptoms of a respiratory infection guideline   PHE/DH/DWP guideline   Guidelines</u></li> <li><u>First metered-dose inhaler certified 'carbon-neutral'   MIMS online</u></li> </ul>	
COPD	<ul> <li><u>Right Breathe</u></li> <li><u>GOLD COPD 2022 strategy   Independent professional body guideline   Guidelines</u></li> </ul>	
Asthma	<ul> <li>FeNO - Fractional exhaled nitric oxide - for the diagnosis and management of Asthma</li> <li>Asthma UK</li> <li>Asthma: diagnosis, monitoring and chronic asthma management</li> <li>GINA 2021: the missing pieces in the childhood asthma puzzle</li> <li>GINA: Interim Guidance About COVID-19 &amp; Asthma</li> <li>SIGN and BTS management of asthma in children guideline   Independent professional body guideline   Guidelines</li> </ul>	



Continuation of Long Term Conditions	
Hypertension	<ul> <li>British Heart Foundation</li> <li>Blood Pressure UK</li> <li>Hypertension in adults: diagnosis and management</li> <li>Hypertension in adults: diagnosis and treatment</li> <li>NICE hypertension guideline   NICE guideline   Guidelines</li> <li>Hypertension optimisation and management in primary care – CMB TV On Demand (cardiometabology.com)</li> </ul>
CVD/AF	<ul> <li>QRISK®3-2018 risk calculator</li> <li>Heart Rhythm Alliance</li> <li>CVD risk assessment and management</li> <li>AHA Journals</li> <li>NHS lipid management pathway   NHS guideline   Guidelines</li> <li>CVD Training - Lipid Management Tickets, Multiple Dates   Eventbrite</li> <li>Best practice treatment and management of patients with type 2 diabetes, cardiovascular disease, and heart failure   Working party guideline/algorithm   Guidelines</li> <li>NHS statin intolerance pathway   PHE/DH/DWP guideline   Guidelines</li> <li>Clinical focus: cardiovascular disease   Information   Guidelines</li> <li>CVD Training - Lipid Management Tickets, Multiple Dates   Eventbrite</li> <li>On-demand webinar – anticoagulation management for elderly patients with NVAF (contains promotional content from BMS/Pfizer) (mgp.co.uk)</li> </ul>
Heart Failure	<ul> <li>British Heat Foundation</li> <li>British Society Guidelines</li> <li>Consider safety of calcium supplements in older people with aortic stenosis, say researchers   MIMS online</li> </ul>
Cancer / Oncology	<ul> <li>Surviving Thyroid Cancer</li> <li>Help Us Help You - Lung Cancer Symptoms</li> <li>Becca Breast Cancer Support App</li> <li>Breast Cancer Now</li> <li>MoleCare App</li> <li>Macmillian</li> <li>Bowel Cancer UK</li> <li>NHS England » A record year for people receiving lifesaving NHS cancer checks</li> <li>Managing adult malnutrition in the community</li> </ul>
Chronic Kidney Disease	<ul> <li><u>Kidney.Org</u></li> <li><u>Kidney Quality Improvement Partnership</u></li> <li><u>The modern management of Chronic Kidney Disease – CMB TV On Demand (cardiometabology.com)</u></li> </ul>



Continuation of Long Term Conditions		
Liver Disease	<ul> <li>British Liver Trust</li> <li>Liver Research</li> <li>BRITISH ASSOCIATION FOR THE STUDY OF THE LIVER</li> <li>LIVERNORTH</li> <li>LIVER DISEASE AND CIRRHOSIS</li> </ul>	
Blood Disorders	<ul> <li>Blood Cancer</li> <li>Thalassaemia</li> <li>ITP</li> <li>Haemophilia</li> <li>UK MDS Forum</li> <li>Save a life. Give plasma.</li> <li>Diagnosis and management of pernicious anaemia</li> <li>Haemochromatosis UK</li> <li>GPnotebook focus on haematology (contains promotional information) (mailchi.mp)</li> </ul>	
G.I	<ul> <li><u>GIST Cancer UK</u></li> <li><u>Overview   PredictSURE IBD and IBDX to guide treatment of Crohn's disease</u></li> <li><u>Training device for reflux and dysphagia available on NHS   MIMS online</u></li> </ul>	
ENT		
G.U		
ME / CFS / Fibromyalgia	NICE outlines steps needed to put ME/CFS guideline into practice   News and features   News   NICE	
Neurological Conditions	<ul> <li><u>The Brain Tumour Charity</u></li> <li><u>Narcolepsy.Org</u></li> <li><u>ACNR</u></li> <li><u>NICE epilepsies guideline   NICE guideline   Guidelines</u></li> </ul>	
Musculoskeletal Conditions	<ul> <li><u>Rheumatology</u></li> <li><u>National Axial Spondyloarthritis Society</u></li> <li><u>Musculoskeletal health</u></li> <li><u>Musculoskeletal health: 5 year prevention strategic framework</u></li> <li><u>Faculty of Occupational Medicine</u></li> <li><u>Guide to embedding your first contact physiotherapy service</u></li> </ul>	



Continuation of Long Term Conditions	
Endocrine Disorders / Metabolic Disorders	<ul> <li>Endocrinology</li> <li>Turner Syndrome Support Society</li> <li>Thyroid Eye Disease</li> <li>British Thyroid Foundation</li> <li>Thyroid UK</li> <li>Pituitary</li> <li>Addisons Disease</li> <li>Parathyroid UK</li> <li>The Royal Osteoporosis Society</li> <li>Metabolic Support UK</li> </ul>
Frailty	<ul> <li>Recognising frailty</li> <li>Identifying frailty</li> <li>CLINICAL FRAILTY SCALE</li> <li>Browse by Tags: vision - edShare@GCU</li> <li>Studio (instructuremedia.com)</li> <li>Bedside vision check for falls prevention: assessment tool   RCP London</li> <li>The importance of vision in preventing falls</li> </ul>
Dementia	<ul> <li>Dementia UK</li> <li>Understanding dementia</li> <li>My House of Memories - NHS App</li> <li>Dementia profile updates</li> <li>Caring for Carers Dementia Support Group (Tuesdays)</li> <li>Delirium Champions</li> <li>Medscape Dementia</li> <li>10-year plan to tackle dementia announced   News   Guidelines</li> </ul>
Allergy / Auto-immune / Genetic Conditions	<ul> <li><u>Allergy UK</u></li> <li><u>Rheumatology</u></li> <li><u>Addisons Disease</u></li> <li><u>College issues eye health tips for hay fever sufferers as pollen levels rise - College of Optometrists (college-optometrists.org)</u></li> <li><u>Hayfever treatments   MIMS online</u></li> </ul>



Continuation of Long Term Conditions	
Dermatology	<ul> <li>British Association of Dermatologists</li> <li>Eczema</li> <li>The British Skin Foundation</li> <li>Acne vulgaris: management</li> <li>The Primary Care Dermatology Society</li> <li>Acne.org</li> <li>Allergy UK</li> <li>Urticaria</li> <li>Hives</li> <li>Sunburn</li> <li>Causes of cancer and reducing your risk</li> <li>What is Rosacea?</li> <li>Rosecea</li> <li>Herpes.org</li> <li>Shingles</li> <li>Fungal Skin Infection - Foot</li> <li>The Psoriasis Association</li> <li>Psoriasis</li> <li>Melanoma</li> <li>Skin Health Information</li> <li>British Association of Plastic Reconstructive and Aesthetic Surgeons</li> <li>Warts and verrucae</li> </ul>
Obesity	<ul> <li><u>Obesity UK</u></li> <li><u>Referral to Weight Management Programme Version 2</u></li> <li><u>NHS England » The NHS Digital Weight Management Programme</u></li> <li><u>More personalised treatment 'could transform' type 2 diabetes care, research finds - Nursing in Practice</u></li> </ul>
Pain Management	<ul> <li><u>Pain Concern</u></li> <li><u>UK career framework for pain nurses</u></li> </ul>



Delivering tomorrow's healthcare Continuation of Long Term Conditions		
Genomics		
Multi-Morbidity	<ul> <li><u>Multimorbidity</u></li> <li><u>Multimorbidity / multiple long-term conditions (MLTC)</u></li> </ul>	
Minor Illness / First Contact Assessment / OSCE	Fact Sheets - Self Care Forum	
Other / Case Studies	<ul> <li><u>Ultra Rare Disease Disorders And Disabilities Foundation</u></li> <li><u>MyCognition Home - NHS App</u></li> <li><u>The Cold Weather Plan for England</u></li> <li><u>NICE recommends offering app-based treatment for people with insomnia instead of sleeping pills   News and features   News   NICE</u></li> <li>Four more monkeypox cases in UK bring total to seven   News   Guidelines</li> </ul>	
End of Life Care		
End of Life Care	<ul> <li><u>ReSPECT for healthcare professionals</u></li> <li><u>Hospice UK</u></li> </ul>	
	Covid-19	
Covid-19	<ul> <li><u>Covid Live</u></li> <li><u>COVID-19 variants: genomically confirmed case numbers - GOV.UK (www.gov.uk)</u></li> <li><u>NHS rolls out second arthritis drug to treat COVID-19   MIMS online</u></li> <li><u>NICE managing COVID-19 guideline   NICE guideline   Guidelines</u></li> </ul>	
Long Covid	<ul> <li>Supporting your recovery after COVID-19</li> <li>Long Covid Toolkit</li> <li>Long term effects of COVID (Long COVID)</li> <li>Post-COVID Syndrome (Long COVID)</li> <li>COVID-19 Yorkshire Rehabilitation Screening Tool</li> <li>FOM Guidance</li> <li>Lung health care after COVID-19</li> <li>NICE managing COVID-19 guideline   NICE guideline   Guidelines</li> <li>NIHR Evidence - Researching long COVID: addressing a new global health challenge - Informative and accessible health and care research</li> </ul>	
Covid Response / Recovery	NHS England » Enabling the workforce for elective recovery	



News & Views	
Digital News / Remote Consultations	<ul> <li>Digital Health News Webinars</li> <li>Digital Health News</li> <li>NHS Digital</li> <li>Supporting patient engagement with digital health care innovations (nuffieldtrust.org.uk)</li> <li>Digital Health Networks Newsletter: 16 May 2022 (mailchi.mp)</li> <li>Putting patients first: championing good practice in combatting digital health inequalities (patients-association.org.uk)</li> <li>New report finds healthcare staff need support to use AI safely   Health Education England (hee.nhs.uk)</li> <li>NHS England » New digital and online services requirements: guidance for GP practices</li> </ul>
PSNC News / Pharmacy	<ul> <li>National Pharmacy Association</li> <li>Royal Pharmaceutical Society</li> <li>Medicines Learning Portal</li> <li>Specialist Pharmacy Service</li> <li>PSNC Newsletter: 11th May (mailchi.mp)</li> <li>PSNC Newsletter: 13th May (mailchi.mp)</li> <li>Pharmacy Review Steering Group Update: Two weeks to contractor vote (mailchi.mp)</li> <li>PSNC Newsletter: 16th May (mailchi.mp)</li> <li>May 2022 Price Concessions 2nd Update (mailchi.mp)</li> </ul>
Pulse / GP Online / HSJ / NB Medical	<ul> <li><u>GP Online</u></li> <li><u>HSJ</u></li> <li><u>Pulse Today</u></li> </ul>
Primary Care Update / PCC / PPP	<ul> <li><u>Public Policy Projects News</u></li> <li><u>Primary Care Bulletin</u></li> </ul>
Health Care Leaders Newsletters	
Kings Fund	<ul> <li><u>The Kings Fund</u></li> <li><u>Ideas that change health and care</u></li> <li><u>New dates: Leading for the delivery of integrated care (kingsfundmail.org.uk)</u></li> <li><u>The Health and Care Act   The King's Fund (kingsfund.org.uk)</u></li> </ul>
World Health Organisation	• <u>WHO</u> • <u>OpenWHO</u>



Continuation News & Views	
IHCT / CCG / STP / Healthier Futures	<ul> <li><u>Healthier Futures</u></li> <li><u>Black Country &amp; West Birmingham CCG</u></li> <li><u>Dudley Integrated Health and Care</u></li> <li><u>Dudley CCG</u></li> <li><u>Home :: Black Country Healthcare NHS Foundation Trust</u></li> </ul>
NHSI / NHSE	
University / Student Nurses	
Medisa / Univadis / Geeky Medics / GP Notebook / Medscape	<ul> <li><u>Univadis Newsletter</u></li> <li><u>Univadis Nurses Headlines</u></li> <li><u>Medisa</u></li> <li><u>Geeky Medics</u></li> <li><u>Medscape Nurses</u></li> <li><u>GP Notebook</u></li> <li><u>GPnotebook quick update (contains promotional info from GSK: Are you following NICE COPD Guidelines?) (campaign-archive.com)</u></li> </ul>
Nurse Guidelines	<ul> <li>Expert Insights   Chiesi Air</li> <li>Updated summary: HPV vaccination guidance (mgp.co.uk)</li> <li>Infection prevention &amp; control: what can we learn from the pandemic? (mgp.co.uk)</li> </ul>
The Health Foundation	<ul> <li><u>The Health Foundation</u></li> <li><u>Health and Care for older adults during the pandemic across 11 countries (healthfdn.org.uk)</u></li> <li><u>Newsletter: What the public think about health and care, and why it's important (healthfdn.org.uk)</u></li> </ul>
The Health Care Leaders Update	Health Care Leader News
Practice Index	
Innovation Agency	Innovation Agency Exchange
NMC	<ul> <li><u>NMC</u></li> <li><u>NMC set to overhaul public health and community nursing standards (rcni.com)</u></li> </ul>



Continuation News & Views	
RCN	<ul> <li>RCN</li> <li>London mental health trust seeks local nurses to join its team (rcni.com)</li> <li>What did nurse researchers learn from the COVID-19 pandemic? (rcni.com)</li> <li>Nursing in the Royal Navy: what are the career options? (rcni.com)</li> <li>Home - Here for life</li> <li>Showcasing the contribution of nursing on International Nurses' Day  Royal College of Nursing (rcn.org.uk)</li> <li>RCN England NHS Pensions Update webinar 25 May   Royal College of Nursing</li> <li>London mental health trust seeks local nurses to join its team (rcni.com)</li> <li>Practice learning supervision: how to keep relationships positive (rcni.com)</li> <li>RCN exhibition documents 100 years of learning disability nursing (rcni.com)</li> <li>What did nurse researchers learn from the COVID-19 pandemic? (rcni.com)</li> <li>What did nurse researchers learn from the COVID-19 pandemic? (rcni.com)</li> <li>What did nurse researchers learn from the COVID-19 pandemic? (rcni.com)</li> <li>What did nurse researchers learn from the COVID-19 pandemic? (rcni.com)</li> <li>What did nurse researchers learn from the COVID-19 pandemic? (rcni.com)</li> <li>What did nurse researchers learn from the COVID-19 pandemic? (rcni.com)</li> <li>Why I helped to prosecute a patient after I was assaulted at work (rcni.com)</li> <li>Nursing Workforce Standards   Professional Development   Royal College of Nursing (rcn.org.uk)</li> <li>Raising concerns toolkit   Royal College of Nursing (rcn.org.uk)</li> <li>Radical action needed to boost nursing workforce'   News   Royal College of Nursing (rcn.org.uk)</li> <li>Neurodiverse nursing staff new RCN guidance provides practical advice and support   News   Royal College of Nursing</li> <li>The importance of clinical supervision   Blogs   Royal College of Nursing (rcn.org.uk)</li> <li>Progressive health care that delivers for LGBTQ people   Royal College of Nursing (rcn.org.uk)</li> </ul>



Continuation News & Views	
Nursing in Practice / Nursing Standard / Independent Nurse	<ul> <li>Nursing Times</li> <li>Independent Nurse Magazine</li> <li>Practice Nursing</li> <li>Practice Nursing Community</li> <li>Practice Nursing in Practice</li> <li>GPN Bulletin</li> <li>NMC set to overhaul public health and community nursing standards (rcni.com)</li> <li>New annual checks for people with learning disabilities (rcni.com)</li> <li>Nurse staffing: can retirees solve the patient care crisis? (rcni.com)</li> <li>Will renewed NHS parking charges push staff out of nursing? (rcni.com)</li> <li>Reflecting on 'insider' and 'outsider' positionality when undertaking culturally sensitive research with young Pakistani men: insights from a female researcher (rcni.com)</li> <li>Independent Nurse May 2022 (mydigitalpublication.co.uk)</li> </ul>
QNI	<ul> <li><u>QNI</u></li> <li><u>Events – The Queen's Nursing Institute (qni.org.uk)</u></li> <li><u>Individual Actions for a Greener Planet – The Queen's Nursing Institute (qni.org.uk)</u></li> <li><u>Talk To Us © – The Queen's Nursing Institute (qni.org.uk)</u></li> <li><u>Application for QNI Petrol Grant 2022</u></li> <li><u>QNI Head of Communications raises funds for humanitarian relief in Ukraine – The Queen's Nursing Institute</u></li> <li><u>QNI Responds to NMC's Announcement on Community Nursing Standards – The Queen's Nursing Institute</u></li> </ul>
CMO / CNO	
WHO	<ul> <li><u>WHO</u></li> <li><u>MOOCs - start to enjoy learning now   OpenWHO</u></li> </ul>
Nice	<ul> <li><u>NICE</u></li> <li><u>NICE recommends offering app-based treatment for people with insomnia instead of sleeping pills   News and features   News   NICE</u></li> </ul>



Delivering tomorrow's healthcare		
Continuation News & Views		
RCGP / BMA / The Lancet	<ul> <li><u>The Lancet</u></li> <li><u>British Medical Journal</u></li> <li><u>Royal College of General Practitioners</u></li> <li><u>Take part in the consultation - GMC (gmc-uk.org)</u></li> <li><u>The UK Government 'failed in its duty of care' to doctors and the healthcare workforce in its handling of the pandemic, says BMA - BMA media centre - BMA</u></li> </ul>	
Midlands Academic Health Science Network	<u>WMAHSN Network</u> <u>WMAHSN May Update</u>	
Healthwatch	• <u>Healthwatch</u>	
Other		
	Free Training / Webinars / Meetings / CPD	
Development / Information and Knowledge	<ul> <li>FutureProof Health Training &amp; Events</li> <li>Red Whale Training</li> <li>LATEST WEBINARS FROM ISSUES &amp; ANSWERS</li> <li>Nursing Events</li> <li>NINING Conference week - Register today (mahealthcareevents.co.uk)</li> <li>Agenda - Guidelines Live 2022</li> <li>On-demand webinar anticoagulation management for elderly patients with NVAF (contains promotional content from BMS/Pfizer) (mgp.co.uk)</li> <li>30 May, 3pm - 4pm. Partnerships with people and communities in primary care: The art of the possible</li> <li>9 June, 5pm - 6pm. General practice webinar</li> <li>London 2022 Registration - MIMS Learning Live</li> <li>CVD Training - Lipid Management Tickets. Multiple Dates   Eventbrite</li> <li>Managing severe asthma in patients in primary care—promotional webinar invitation (webinar commissioned by Boehringer Ingelheim Limited) (mgp.co.uk)</li> <li>Agenda   Primary Care Learnings (mimsworkshops.co.uk)</li> <li>The modern management of Chronic Kidney Disease - CMB TV On Demand (cardiometabology.com)</li> <li>Hypertension optimisation and management in primary care - CMB TV On Demand (cardiometabology.com)</li> <li>MOOCs - start to enjoy learning now   OpenWHO</li> <li>AstraZeneca: Invitation to Long Term Conditions Leadership Forum (AstraZeneca medicines will be discussed at this meeting)</li> <li>New eLearning module: Deep dive on DPP-4 inhibitors (contains promotional material from Boehringer Ingelheim) (mgp.co.uk)</li> </ul>	



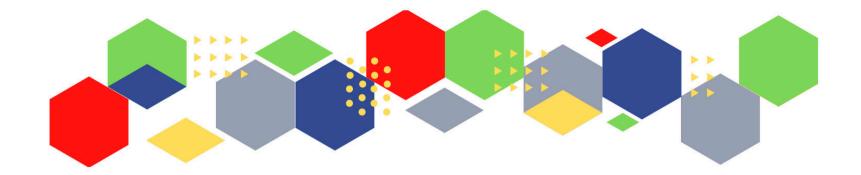
Continuation of Free Training / Webinars / Meetings / CPD		
Future Proof Health Training	<ul> <li><u>Vaccination &amp; Immunisation Updates 2022</u></li> <li><u>Diabetes Review: Getting it right from the start</u></li> <li><u>Type 2 Diabetes and the medication choices in diabetes care and covid</u></li> <li><u>Menopause Day</u></li> <li><u>ENT 1/2 Day</u></li> </ul>	
BCWB Training Hub	<ul> <li><u>Latest news from the Black Country and West Birmingham Training Hub (campaign- archive.com)</u></li> </ul>	
Evidence based care		
Eventbrite	<ul> <li>Future Proof Health Eventbrite Page</li> <li>Acute Behavioural Crisis in CAMHS Registration, Multiple Dates   Eventbrite</li> <li>Palliative &amp; end of life care for people experiencing homelessness (2-day) Tickets, Thu 5 May 2022 at 09:00   Eventbrite</li> <li>Diabetes Education Update: 9 Care Processes and 3 Treatment Targets</li> <li>Spreading VGCs at scale: Learnings from 2021 – 25<sup>th</sup> May, 12:30-13:45 - https://www.eventbrite.co.uk/e/250120606467</li> <li>Emerging models in diabetes – 14<sup>th</sup> June, 12:30-13:30 - https://www.eventbrite.co.uk/e/250128078817</li> <li>Supporting families and children through VGCs – 13<sup>th</sup> July, 12:30-13:30</li> <li>https://www.eventbrite.co.uk/e/250133545167</li> <li>Wound care - ConvaTec Events   Eventbrite</li> <li>Algorithm to diagnosis and management of adult knee problems</li> </ul>	
e-Learning for Health	<ul> <li>New elearning session highlights dermatological side effects of COVID-19</li> <li>New COVID-19 community contact tracing programme now available</li> <li>Staff Recovery Resources for critical care and the wider health workforce recovering from the COVID-19 pandemic</li> <li>MindEd infographic highlights programme's success during COVID-19</li> <li>Long COVID elearning session available</li> <li>The Changing Story of Cancer programme</li> <li>Updates to the Flu Immunisation elearning programme for the 2021/22 flu season</li> <li>Flu Immunisation programme - elearning</li> <li>Foundation elearning programme update September 2021</li> <li>Virtual wards enabled by technology - elearning for healthcare (e-Ifh.org.uk)</li> </ul>	



Continuation of Free Training / Webinars / Meetings / CPD	
YouTube	<ul> <li><u>NHS England</u></li> <li><u>Black Country Healthcare - YouTube</u></li> </ul>
Blogs/Vlogs	<ul> <li>An increase in Hepatitis Cases in Children - UK Health Security Agency (blog.gov.uk)</li> <li>UKHSA'S weekly surveillance report: focusing on 'Pillar 1' data - UK Health Security Agency (blog.gov.uk)</li> <li>What is Lyme disease, and why do we need to be tick aware? - UK Health Security Agency (blog.gov.uk)</li> <li>What to do if you have symptoms of a respiratory infection including COVID-19, or a positive COVID-19 test - UK Health Security Agency (blog.gov.uk)</li> <li>London's communities remain vulnerable to COVID-19 without full vaccine protection - UK Health Security Agency</li> <li>How science can protect us from the health effects of climate change - UK Health Security Agency</li> <li>Thunderstorm asthma and public health – looking back to move forward - UK Health Security Agency</li> <li>Taking the sting out of new and emerging health threats - UK Health Security Agency</li> </ul>
Area Bulletins	
Free to RCN	<ul> <li>31 May - <u>RCN Worcestershire branch meeting (in-person event - no online facility)</u></li> <li>13 June - <u>RCN South Staffordshire Learning Event: Factors involved for the smooth introduction of criteria-led discharge from hospital</u></li> <li>22 June - <u>RCN North Staffordshire Learning Event: Respiratory updates - current trends in community respiratory care</u></li> <li>20 July - <u>RCN North Staffordshire Learning Event: Factors involved for the smooth introduction of criteria-led discharge from hospital</u></li> <li>1 Aug - <u>RCN North Staffordshire Learning Event: Factors involved for the smooth introduction of criteria-led discharge from hospital</u></li> <li>1 Aug - <u>RCN Birmingham East, North and Solihull Learning Event: Transgender awareness - adapting your practice to support transgender patients and service users</u></li> <li>10 Aug - <u>RCN Birmingham East, North and Solihull branch meeting</u></li> <li><u>RCN England NHS Pensions Update webinar 25 May   Royal College of Nursing</u></li> <li><u>NVEMAY22 - Immunisation, CVD and Respiratory - NIP 365 (nursinginpractice365.uk</u>)</li> </ul>



Continuation of Free Training / Webinars / Meetings / CPD		
Podcasts	<ul> <li>The Nursing Handover Podcast</li> <li>Nursing Standard Podcasts</li> <li>What Makes a Nurse?</li> <li>The MedicsPro Podcast</li> <li>Nursing Matters</li> <li>Welcome to the BJN Podcast</li> <li>Why we care</li> <li>EBN podcast</li> <li>This Is Nursing</li> <li>Maroon Mindset</li> <li>Teach me, I'm a Nurse</li> <li>Past Caring</li> <li>RCGP eLearning podcast</li> <li>The Professional Support Unit's Pandemic Podcast</li> <li>How can public health nurses help deliver the Healthy Child Programme this winter?</li> <li>Talking GP</li> <li>Podcast - Matthew Winn – ICS Incoming Primary Care and Community Trusts</li> <li>NB Hot Topics Podcast</li> <li>Podcast: Will the rising cost of living be paid for by our health? (healthfdn.org.uk)</li> <li>Lovegrove on Health - Podcast episode #4 - Skills for Health</li> <li>Latest podcast episodes from GPnotebook (mailchi.mp)</li> </ul>	
Research	<ul> <li><u>Science Daily</u></li> <li><u>Multimorbidity / multiple long-term conditions (MLTC)</u></li> <li><u>Funding bodies launch consultation on future research assessment</u></li> <li><u>Results of Research Excellence Framework are published – UKRI</u></li> <li><u>Leading UK research facilities to move closer to net zero – UKRI</u></li> </ul>	
Freebies	Blue Light Card	
Other		



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