



*Future Proof Health Presents*

# **WEEKLY NEWS**

11th March 2021

Communication	
Communication with Patients	
Communication within Teams	
Personal and People Development	
<a href="#"><u>What makes a leader? GP trainee, Dr Nish Manek, on getting people behind a purpose</u></a>	
Health, Safety & Security	
CQC	
Health, Safety & Security	<a href="#"><u>Weekly Digest: Updated guidance on air conditioning and ventilation</u></a>
Drugs / Device Alerts	
Vaccines & Drugs	<a href="#"><u>The National Health Service (Pharmaceutical and Local Pharmaceutical Services) Regulations 2013</u></a>
Emergency Situations	
Infection Control	
Safe Guarding	<a href="#"><u>Dudley Bulletins</u></a>
	<a href="#"><u>Domestic Abuse Awareness for Health &amp; Care Workers During Covid-19</u></a>
	<a href="#"><u>Safeguarding adults in care homes</u></a>
Practice Policies	
Audit	

Quality and Service Improvement	
Quality and Service Improvement	
Personal Practice and Development	<a href="#">Job Vacancies</a>
Improvement	
University	
New Roles in General Practice	<a href="#">New to Partnership Payment Scheme</a> <a href="#">Expanding our workforce</a>
Personalise Care	
NHS Self care and resilience	
Personalised Care / Self Care / Social Prescribing / Health Coaching	
Health & Well-Being	
Health and Well-Being	
Assessment	
Obtaining Samples	
Equality & Diversity	

Poverty	
Inclusion Health	
Management of Emergency Situations	
Management of Emergency Situations	
Sepsis	
Therapeutic Monitoring	
Minor Surgery	
Minor Surgery	
Pre-Op	
Intra Op	
Post Op	
Role Specific	
Cervical Cytology	<a href="#">HPV Electronic Requesting EMIS Web User Guide</a> <a href="#">West Midlands Cervical Screening Services</a>
Wound Management	

Health Promotion/Health Screening	
Health Promotion	
Health Screening	
PHE	<a href="#">A window of opportunity for public health</a>
NHS Health Checks	
NOIDS	<a href="#">Notifications of infectious diseases (NOIDs)</a>
Immunisation	
Flu	
Children	<a href="#">Child Health Academy</a>
Adults	
Vaccine Update	
Travel Health	
<a href="#">1st human dirofilariasis case reported in Ukraine this year</a>	
<a href="#">Guinea: Ebola outbreak grows to 17 cases</a>	
Covid-19 Vaccine	
<a href="#">Vaccination plans for weeks of 8 March to 29 March 2021</a>	
<a href="#">NHS text alerts for life-saving COVID jab</a>	
<a href="#">Youtube - What should we do after the vaccine?</a>	
<a href="#">UK COVID-19 vaccine uptake plan</a>	

Mental Health and Learning Disability	
Mental Health	<a href="#">NHS launches 'Op Courage' veterans' mental health service</a>
Learning Disability	<a href="#">Creating a festival of arts during lockdown</a>
Disability	
Child Health	
<a href="#">The effect of vitamin D supplementation and nutritional intake on skeletal maturity and bone health in socio-economically deprived children</a>	
<a href="#">Low back pain in children and adolescents: Real life experience of 106 patients</a>	
Adolescent Health	
<a href="#">Lifetime prevalence of non-specific low back pain in adolescents: a cross-sectional epidemiological survey</a>	
<a href="#">Effects of Prolonged Sitting with Slumped Posture on Trunk Muscular Fatigue in Adolescents with and without Chronic Lower Back Pain</a>	
Mens Health	
Women's Health	
<a href="#">Position Statement for Management of Genitourinary Syndrome of the Menopause (GSM)</a>	
<a href="#">Government launches call for evidence to improve health and wellbeing of women in England</a>	
Trans/Non Binary Health	
Older Population	
<a href="#">Future options for housing and care</a>	

Carers	
Family Planning and Sexual Health	
Family Planning	
Reproductive Health	
Sexual Health	
Care of Patients with Long Term Conditions	
LTC	
Diabetes	<a href="#"><u>Biomarker-Based Risk Prediction of Incident Heart Failure in Pre-Diabetes and Diabetes</u></a>
Respiratory	<a href="#"><u>#brumbreathes</u></a>
COPD	
Asthma	
Hypertension	
CVD	<a href="#"><u>Proactive care frameworks</u></a> <a href="#"><u>Relaunch of the Act FAST campaign to improve stroke outcomes</u></a>
Cancer	
Heart Failure	

*Continue of Care of Patients with Long Term Conditions*

Chronic Kidney Disease	
Liver Disease	
Neurological Conditions	
Musculoskeletal conditions	<p><a href="#"><u>Digital Rewired</u></a></p> <p><a href="#"><u>A quality indicator set for rehabilitation services for people with rheumatic and musculoskeletal diseases demonstrates adequate responsiveness in a pre-post evaluation</u></a></p> <p><a href="#"><u>How do people with knee pain from osteoarthritis respond to a brief video delivering empowering education about the condition and its management?</u></a></p> <p><a href="#"><u>Estimating the population health burden of musculoskeletal conditions using primary care electronic health records</u></a></p> <p><a href="#"><u>Digital interventions for promoting exercise adherence in chronic musculoskeletal pain: a systematic review and meta-analysis</u></a></p> <p><a href="#"><u>Pain and Function in Chronic Musculoskeletal Pain-Treating the Whole Person</u></a></p> <p><a href="#"><u>Barriers and facilitators to patient uptake and utilisation of digital interventions for the self-management of low back pain: a systematic review of qualitative studies</u></a></p> <p><a href="#"><u>Lifetime prevalence of non-specific low back pain in adolescents: a cross-sectional epidemiological survey</u></a></p> <p><a href="#"><u>Unhelpful beliefs and attitudes about low back pain in the general population: A cross-sectional survey</u></a></p> <p><a href="#"><u>Can Yoga or Physical Therapy for Chronic Low Back Pain Improve Depression and Anxiety Among Adults from a Racially Diverse, Low-Income Community? A Secondary Analysis of a Randomized Controlled Trial</u></a></p>



*Continue of Musculoskeletal conditions*

[Association of low back pain with muscle weakness, decreased mobility function, and malnutrition in older women: A cross-sectional study](#)

[Effect of different exercise programs on non-specific chronic low back pain and disability in people who perform sedentary work](#)

[An integrated multi-criteria decision-making approach for identifying the risk level of musculoskeletal disorders among handheld device users](#)

[A deep learning approach for lower back-pain risk prediction during manual lifting](#)

[Work-Time Compositions of Physical Behaviours and Trajectories of Sick Leave Due to Musculoskeletal Pain](#)

Allergy / Auto-Immune Conditions	
Endocrine Disorders	
Frailty	
Dementia	
Obesity	<a href="#">New specialised support to help those living with obesity to lose weight</a>
Dermatology	
End of Life Care	
Covid-19	<p style="text-align: center;"><a href="#">Health Secretary's message to GPs on pandemic effort</a></p> <p style="text-align: center;"><a href="#">CQC COVID-19 INSIGHT</a></p> <p style="text-align: center;"><a href="#">Invitation to order your Covid-19 self-testing kits</a></p> <p style="text-align: center;"><a href="#">Visiting arrangements in care homes</a></p> <p style="text-align: center;"><a href="#">Restricting workforce movement between care homes and other care settings</a></p> <p style="text-align: center;"><a href="#">Standard operating procedure (SOP) for general practice in the context of coronavirus (COVID-19)</a></p> <p style="text-align: center;"><a href="#">Speak up and help beat coronavirus (COVID-19)</a></p> <p style="text-align: center;"><a href="#">Novel coronavirus (COVID-19) standard operating procedure COVID Oximetry @home</a></p>
Long Covid	

CCG Specific Weekly/Monthly News

[City of Wolverhampton](#)

[Dudley Council Email Bulletins](#)

[Sandwell Council Email Bulletins](#)

Red Flags

Free Training/Meetings/Webinars/CPD

[NHS E-learning](#)

[Wound Care - Promoting self care during COVID and beyond](#)

[HCA Forums](#)

[GPN Forums](#)

## Weekly Newsletters

- [Digital Health Daily Issues](#)

PSNC News:

[5<sup>th</sup> March](#) / [8<sup>th</sup> March](#) / [9<sup>th</sup> March](#) / [10<sup>th</sup> March](#)

- Kings Fund

[Digital Health Digest](#) / [Health Management & Policy Alert](#) / [Weekly Newsletter](#) / [Health and Wellbeing Bulletin](#)

- [MIMS - Prescribing Update](#)

[GP Daily](#)

[Wilmington PLC](#)

[Pulse Today](#)

[RCN](#)

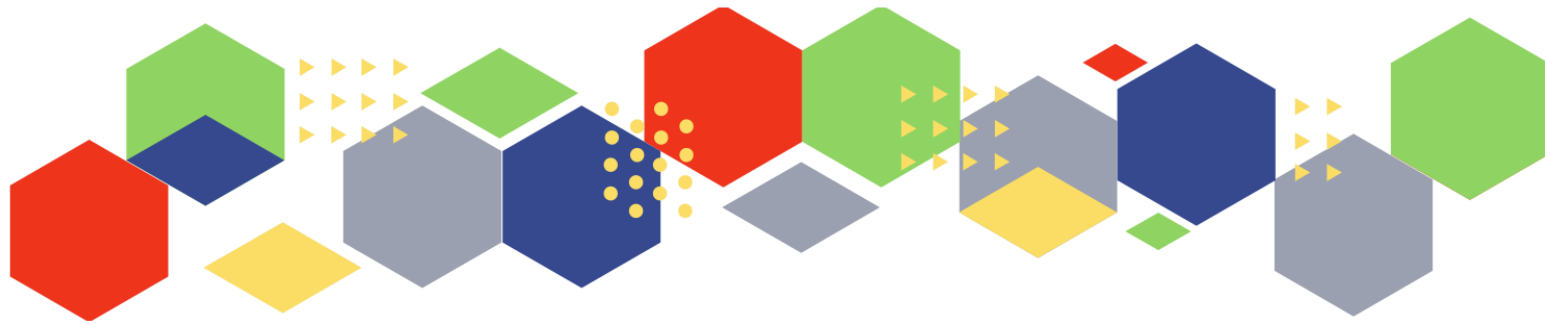
[Primary Care Bulletin](#)

[Network News](#)

[PRSB Newsletter](#)

[Trust Newsletter](#)

[Black Country and West Birmingham Primary Care Update](#)



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