



## Future Proof Health Presents

Weekly News

11th August 2022





Delivering tomorrow's neathicare		
Communication		
Communication with Patients		
Communication within Teams		
Consent	<ul> <li><u>Gillick competency and Fraser guidelines</u></li> <li><u>ReSPECT for healthcare professionals</u></li> </ul>	
	People and Personal Development	
Personal / People Development / Leadership	• Accountability and delegation in practice	
NHS Employers / HR / NHS Pension	<ul> <li><u>NHS Employers</u></li> <li><u>Pensions Online</u></li> </ul>	
	Health, Safety & Security	
<u>NPSA</u> <u>Control of Substances Hazardous to Health (COSHH)</u>		
Gov UK - NHS		
CQC	• <u>GP mythbusters</u>	
MIMS	Prescribing Update	
Antibiotic steward-ship / Anti-microbial resistance	<ul> <li>Antimicrobial resistance surveillance pilot site selection and database extension - GOV.UK (www.gov.uk)</li> <li>NHS England » NHS lands breakthrough in global battle against superbugs</li> </ul>	
Drug / Device Alerts (MHRA)		
Emergency Situations	<u>Resuscitation Council UK</u>	
Infection Control / Infection Statics	<u>NHS England » National infection prevention and control</u>	



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Vaccines / Medications / Prescribing	<ul> <li>Protocol for ordering, storing and handling vaccines</li> <li>A Competency Framework for all Prescribers</li> <li>Non-medical prescribing</li> <li>The Human Medicines Regulations 2012</li> <li>RCN - Non-medical prescribers</li> <li>Royal Pharmaceutical Society</li> <li>Standards for prescribing</li> <li>Clinical Negligence Scheme for General Practice</li> <li>Home - electronic medicines compendium (emc)</li> <li>Drug shortages - live tracker   MIMS online</li> <li>NHS saves £1.2 billion on medicines over three years</li> </ul>
Safe Guarding	<ul> <li>Female genital mutilation (FGM)</li> <li>PREVENT</li> <li>Child protection system in the UK</li> <li>Safeguarding Adults</li> <li>Safeguarding children: detailed information</li> <li>Wolverhampton - WeCAN Toolkit Relaunch - 21st June 2022 (govdelivery.com)</li> <li>Forced Marriage Unit statistics 2021 (www.gov.uk)</li> </ul>
Practice Policies	<u>Nursing Management   RCNi</u>
Audit	
Information Governance / Record Keeping	<ul> <li><u>Guide to Data Protection</u></li> <li><u>Supporting general practice – Medical record keeping</u></li> </ul>
	Quality & Service Improvement
Quality, Service & Improvement	<ul> <li><u>The PRSB</u></li> <li><u>General Practice Assessment Questionnaire (GPAQ)</u></li> <li><u>Healthwatch</u></li> <li><u>NHS Five Year Forward View</u></li> <li><u>General Practice Forward View</u></li> <li><u>NMC</u></li> <li><u>Dr Jon Griffiths Blog</u></li> <li><u>NHS Confed</u></li> <li><u>apply for the Primary Care – Quality Improvement Facilitation Development Programme (createsend1.com)</u></li> <li><u>NHS England » Freedom to speak up</u></li> </ul>



Roles in General Practice	<ul> <li>Standards for nursing associates</li> <li>GP mythbuster 57: Health Care Assistants in General Practice</li> <li>How NHS Knowledge and Library Services can support AHPs - YouTube (createsend1.com)</li> </ul>
Revalidation	
Personal Practice & Development	<ul> <li>General practice nursing capabilities framework - Skills for Health (createsend1.com)</li> </ul>
Practice Management	Institute of General Practice Management     Practice Index
Employment	
NHS Self Care & Resilience	<ul> <li>Samaritans</li> <li>Mental Health at work</li> <li>Calm</li> <li>Supporting our NHS people</li> <li>The Hub :: Black Country Healthcare NHS Foundation Trust</li> </ul>
Practice Transformation / Innovation Agency	<ul> <li><u>NHS England » NHS estates and facilities workforce action plan</u></li> </ul>
Future of NHS / General Practice / NHS Recovery	<ul> <li><u>NHS England</u></li> <li><u>NHS England » Primary care</u></li> <li><u>NHS mandate 2022 to 2023</u></li> </ul>
ICS / ICB / ICP / PCN Commissioning	• Integrated care (england.nhs.uk)
QOF / PHOF / DES / LES / NHS Contract / CQRS / CQUIN	<ul> <li><u>NHS England » GP Contract</u></li> <li><u>Personal Health Budgets: Quarter 4 2021-22 - NHS Digital</u></li> </ul>



Leadership / Innovation	<ul> <li><u>Leadership Academy</u></li> <li><u>Free learning and development offers (campaign-archive.com)</u></li> </ul>	
Greener NHS	<ul> <li>Roundtable discussion: 'The climate emergency is a health emergency'   Local Government Chronicle (LGC) (lgcplus.com)</li> <li>Greener Practice – Greener Practice – UK's primary care sustainability network (createsend1.com)</li> <li>Practical toolkit (createsend1.com)</li> </ul>	
	Personalised Care	
<ul> <li>Personalised Care / Self Care /</li> <li>Social Prescribing / Health Coaching</li> <li>Leadership for Personalised Care   Leadership Framework   Programmes for leaders in healthcare, social care and beyond (createsend1.com)</li> <li>PCC Events</li> </ul>		
Group consulation		
Working Differently		
Shared Decision Making	<ul> <li><u>NHS England » Choice</u></li> <li><u>NHS England » The Healthcare Inequalities Improvement Dashboard</u></li> <li><u>NHS England » Decision support tools (createsend1.com)</u></li> <li><u>NHS England » Shared decision making (createsend1.com)</u></li> <li><u>NICE standards framework for shared decision making support tools, including patient decision aids (createsend1.com)</u></li> <li><u>NHS England » Decision support tools: making a decision about a health condition</u></li> </ul>	
Equality & Diversity		
Equality & Diversity	<ul> <li><u>Public Health Profiles</u></li> <li><u>NHS England » Support for our diverse colleagues (createsend1.com)</u></li> </ul>	
Inclusion Health	Health Creation Academic Network	



Poverty / Homelessness	<ul> <li><u>Crisis</u></li> <li><u>This is Poverty</u></li> <li><u>Poverty, economic inequality and mental health</u></li> </ul>	
Population Health / Health Communities		
Thrive Into Work	<u>Thrive into Work</u> <u>Thrive into Work Referral form</u>	
Health Inequalities	<u>NHS News</u> <u>Addressing local inequalities through employment   NHS Employers</u>	
Trans / Non-binary Health / LGBTQ+	<ul> <li><u>LGBT Foundation</u></li> <li><u>NHS population screening: information for trans and non-binary people</u></li> <li><u>Cervical screening for trans men and/or non-binary people</u></li> <li><u>Home - Pride House Birmingham (pridehousebham.org.uk)</u></li> </ul>	
Migrant / Refugee Health	<ul> <li><u>THE REFUGEE &amp; MIGRANT CENTRE</u></li> <li><u>Supporting refugee and migrant health care in England   The King's Fund (kingsfund.org.uk)</u></li> </ul>	
Traveller / Gypsy / Romany Health	<ul> <li><u>Gypsy Roma and Traveller History and Culture   The Traveller Movement</u></li> <li><u>Friends, Families and Travellers (gypsy-traveller.org)</u></li> </ul>	
Veterans Health	<u>The first call for help takes courage</u>	
Management of Emergency Situations		
Management of Emergency Situations	<ul> <li><u>Practice Nursing - Acute onset low back pain leading to a diagnosis of cauda equina syndrome: a case study</u></li> <li><u>Practice Nursing - Anaphylaxis: how to recognise and manage in primary care</u></li> </ul>	
111 / Emergency Care	<u>NHS England » Why think Same Day Emergency Care? One-page guides for ambulance and NHS 111</u> <u>clinicians</u>	



Continuation of Management of Emergency Situations		
First Contact	<ul> <li><u>Supporting general practice – Common pitfalls</u></li> <li><u>Paediatrics for Primary Care (and anyone else) (gppaedstips.blogspot.com)</u></li> </ul>	
Red Flags		
Sepsis	<ul> <li>Sepsis: recognition, diagnosis and early management</li> <li>Sepsis guidance implementation advice for adults</li> <li>Sepsis in Children</li> <li>Sepsis Trust</li> <li>quick SEPSIS RELATED ORGAN FAILURE ASSESSMENT</li> <li>NMC OSCE NEWS CHARTS / NEWS 2 / National Early Warning Scoring System Explained / How to Chart OSCE - YouTube</li> <li>Ep 50 – Post-sepsis syndrome - GPnotebook Podcast</li> </ul>	
Therapeutic Monitoring	Guidelines for Therapeutic Drug Monitoring (nbt.nhs.uk)	
OSCE	<ul> <li><u>Geeky Medics</u></li> <li><u>Abdominal Examination - Demonstration - YouTube</u></li> <li><u>Cardiovascular Examination - Demonstration - YouTube</u></li> <li><u>Respiratory Examination - Demonstration - YouTube</u></li> <li><u>Physical Diagnosis Skills - University of Washington School of Medicine</u></li> <li><u>Practice Nursing - Assessment and examination of the respiratory system</u></li> </ul>	
Role Specific		
Cervical Cytology	<ul> <li>Guide to the interim assessment</li> <li>British Association for Cytopathology</li> <li>Lab Tests Online</li> <li>HPV vaccine alongside surgery may reduce risk of cervical lesions returning - Nursing in PracticeNursing in Practice (cogora.com)</li> <li>Practice Nursing - Understanding HPV and cervical screening</li> </ul>	



Continuation of Role Specific		
Ear Care	Ear Care Centre     RNID	
Wound Management	<ul> <li><u>Microworld</u></li> <li><u>Tissue Viability Society</u></li> <li><u>The BLS</u></li> <li><u>Practice Nursing - Preventing skin tears among older adults in general practice</u></li> </ul>	
Minor Surgery		
Obtaining Samples / Results	• <u>Lab Tests Online</u>	
Health Promotion / Health Screening		
Health Promotion / Population Health	<ul> <li><u>Better Health</u></li> <li>Dudley - <u>Free training to run exercise sessions (govdelivery.com)</u></li> </ul>	
Health Screening	PHE Screening	
PHE / OHID / UKHSA	<ul> <li>Knowledge &amp; Library Services</li> <li>Campaign Resources</li> <li>Public Health Profiles</li> <li>Health Publications</li> <li>Health Profile for England 2021</li> <li>English indices of deprivation 2019</li> <li>Health Protection Report volume 16 (2022) - GOV.UK (www.gov.uk)</li> </ul>	
NHS Health Check	<u>NHS Health Check</u>	
NOIDS / PHE Surveillance / Syndromic Surveillance		
Addiction/Smoking	<ul> <li><u>Drink Coach</u></li> <li><u>Stop smoking interventions and services</u></li> </ul>	



Immunisation / Travel Health

## Joint Committee on Vaccination and Immunisation • Immunisation against infectious disease • West Midlands Immunisation Service • Vaccination of individuals with uncertain or incomplete immunisation status • Immunisation Queries: Immunisation information for Health Care Services within the West Midlands area • Vaccine Taskforce to merge with UKHSA and OLS - GOV.UK (www.gov.uk) • Practice Nursing - You know where you can stick that ... or do you? Where to inject the deltoid and why

Immunisation

- Practice Nursing Pneumococcal disease and vaccination: recent changes to the schedule

Flu	<ul> <li>Flu and flu vaccinations</li> <li>The national influenza immunisation programme 2021 to 2022</li> <li>Flu vaccines for the 2021 to 2022 season poster</li> <li>Appendix C: Flu vaccinator competency assessment tool</li> <li>Healthcare assistants and flu vaccinations</li> <li>Seasonal influenza vaccine uptake in GP patients: winter season 2021 to 2022 (www.gov.uk)</li> </ul>
Covid Vaccine	<ul> <li>Greenbook COVID-19 chapter 14a</li> <li>COVID-19 Vaccine Moderna e-learning now available</li> <li>GP COVID-19 vaccine dashboard</li> <li>Updates made to the COVID-19 vaccination learning programme</li> </ul>
Children	
Adults	<ul> <li>Immunisation patient group direction (PGD) templates</li> <li>Shingles immunisation programme: introduction of Shingrix<sup>®</sup> letter</li> </ul>
Vaccine Update	<ul> <li>Vaccine update: issue 330, June 2022, COVID-19 spring special edition - GOV.UK (www.gov.uk)</li> <li>Vaccine update: issue 329, May 2022 - GOV.UK (www.gov.uk)</li> <li>Vaccine update: issue 328, May 2022, Shingrix<sup>®</sup> special edition - GOV.UK (www.gov.uk)</li> <li>Vaccine update: issue 327, May 2022, SCID, TB and BCG special edition (www.gov.uk)</li> <li>Vaccine update: issue 326, April 2022, HPV special edition - GOV.UK (www.gov.uk)</li> <li>Vaccine update: issue 325, April 2022, flu special edition - GOV.UK (www.gov.uk)</li> </ul>



Continuation of Immunisation / Travel Health		
PGD	• Hib/MenC: patient group direction (PGD) template - GOV.UK (www.gov.uk)	
Travel Health	<ul> <li><u>Travel Health Pro</u></li> <li><u>Fit for Travel</u></li> <li><u>Travel Health</u></li> <li><u>Jane Chiodini</u></li> <li><u>Corona.Help</u></li> <li><u>Visiting friends and relatives abroad: health advice</u></li> <li><u>Travelling abroad to visit friends and relatives: Advice for travellers</u></li> <li><u>Mosquito bite avoidance: advice for travellers</u></li> <li><u>Practice Nursing - Guidelines for malaria prevention in travellers: what is new?</u></li> <li>Practice Nursing - Rabies: an update for nurses in general practice</li> </ul>	
Mental Health / Learning Disability / Disability		
Mental Health	<ul> <li>Mental Health</li> <li>Mental Health UK</li> <li>Mind</li> <li>Place2b</li> <li>Rethink Mental Illness</li> <li>Young Minds</li> <li>Every Mind Matters</li> <li>Calm</li> <li>Headspace</li> <li>Better Health - Every Mind Matters - Resources</li> <li>ZSA Training</li> <li>NHS &gt; Mental Health</li> <li>Practice Nursing - Improving physical health in people with severe mental illness</li> <li>Practice Nursing - The role of primary care in preventing male suicide</li> </ul>	
Learning Disability	<ul> <li>Learning Disabilities</li> <li>Learning Disability England</li> <li>Mencap</li> <li>Bild</li> <li>Autism</li> <li>Building the right support for people with a learning disability and autistic people - GOV.UK (www.gov.uk)</li> </ul>	



	Continuation of Mental Health / Learning Disability / Disability
Disability (Inc. hearing and visual)	<ul> <li><u>Disability Rights UK</u></li> <li><u>Disability Matters</u></li> <li><u>RNID - National hearing loss charity</u></li> <li><u>How to value non-verbal communication over spoken language (rcni.com)</u></li> </ul>
	From Cradle to
Infant Health	<ul> <li>Tommys</li> <li>First Steps Nutrition Trust</li> <li>Bliss</li> <li>ICON Toolkit</li> <li>Health visitor numbers fall as overall nurse numbers increase - Nursing in PracticeNursing in Practice (cogora.com)</li> </ul>
Child Health	<ul> <li>Unicef</li> <li>Health Professional Academy</li> <li>Premature Babies</li> <li>Child and Maternal Health</li> <li>Women and Child First</li> <li>Child Health Information Services</li> <li>Place2b</li> <li>Childhood eczema</li> <li>Childhood asthma</li> <li>Paediatrics for Primary Care (and anyone else) (gppaedstips.blogspot.com)</li> <li>Me first: Helping health and care professionals communicate more effectively with children and young people</li> <li>Rashes in children: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>NHS England » North East and North Cumbria take an integrated approach to addressing children's healthcare inequalities (createsend1.com)</li> <li>Overview   Social, emotional and mental wellbeing in primary and secondary education   Guidance   NICE</li> <li>NHS England » NHS boosts children's mental health workforce by 40%</li> </ul>



Adolescent Health	<ul> <li>Adolescent Health Programme</li> <li>Society for Adolescent Health and Medicine</li> <li>Young Minds</li> <li>COYL Heads Up Report July 2022</li> </ul>
Mens Health	<ul> <li>Mens Health Forum</li> <li>Mens Health Month</li> <li>Mens health.org</li> <li>Mens Health UK</li> <li>Men and mental health</li> <li>Men's Mental Health Awareness</li> <li>Prostate Cancer UK</li> <li>Orchid Fighting Male Cancer</li> <li>Prostate Cancer UK Facebook Page</li> <li>Movember</li> <li>Practice Nursing - Management pathways for erectile dysfunction in primary care</li> <li>Practice Nursing - The role of primary care in preventing male suicide</li> <li>Lower urinary tract symptoms in men: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> </ul>



Women's Health	<ul> <li>Womens Health Concern</li> <li>Well Being of Women</li> <li>Coppa Feel</li> <li>Menopause Matters</li> <li>The Menopause Charity</li> <li>Royal College of Obstetricians and Gynaecologists - Guidelines</li> <li>Pelvic Partnership</li> <li>CRUK - Womens Cancer</li> <li>Breast Cancer Now</li> <li>Foundation for Women's Cancer</li> <li>Eve Appeal</li> <li>Ovarian.Org</li> <li>Jo's Trust</li> <li>Well Spring</li> <li>Know your Lemons</li> <li>New best practice recommendations for menopause care published   MIMS online</li> <li>Newson Health - Home</li> <li>Practice Nursing - Managing the side effects of contraception</li> <li>Practice Nursing - Urinary incontinence and pelvic organ prolapse in primary care</li> <li>Pelvic floor dysfunction: key tenets from the new NICE guideline (mgp.co.uk)</li> <li>Endometriosis: what nurses need to know and how to help patients (rcni.com)</li> <li>Intervene early to lower the risk of endometrial hyperplasia and cancer   Hot topic   Guidelines in Practice</li> <li>Heavy menstrual bleeding: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Heavy menstrual bleeding: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Heavy menstrual bleeding: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Heavy menstrual bleeding: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Heavy menstrual bleeding: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Heavy menstrual bleeding: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Heavy menstrual bleeding: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Heavy menstrual bleeding: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> </ul>
The Older Population	<ul> <li><u>BGS</u></li> <li><u>Ageing Better</u></li> <li><u>Delirium Champions - YouTube</u></li> <li><u>Practice Nursing - Understanding skin infections in older adults</u></li> <li><u>NHS England » Non-emergency patient transport services eligibility criteria: Consultation response</u></li> </ul>



Carers / Social Care / Care Homes	<ul> <li><u>The Care Provider Alliance</u></li> <li><u>Skills for Care</u></li> <li><u>The Care Workers' Charity</u></li> <li><u>Supporting Adult Carers</u></li> </ul>	
Young Carers	<ul> <li>Young carers   Action For Children</li> <li>Young Carers   Supporting Young People Who Care (youngcarerscentre.org.uk)</li> </ul>	
Complex Needs	<ul> <li><u>Training materials for teachers of learners with severe, profound and complex learning difficulties</u> (complexneeds.org.uk)</li> <li><u>Complex needs - United Response</u></li> </ul>	
Family Planning & Sexual Health		
Family Planning	<ul> <li>Faculty of Sexual and Reproductive Healthcare Education and Training</li> <li>Practice Nursing - Common questions on emergency and postcoital contraception</li> <li>Practice Nursing - Managing the side effects of contraception</li> <li>Contraception for women aged over 40: what, when, and for how long   Implementing guidelines   Guidelines in Practice</li> <li>CPD module: Intrauterine contraception – what practice nurses need to know - Nursing in PracticeNursing in Practice (cogora.com)</li> </ul>	
Reproductive	• <u>Tommys</u>	
Sexual Health / Sexual Abuse	<ul> <li>Sexual and Reproductive Health Profiles</li> <li>FSRH Education &amp; Training</li> <li>NICE guideline on reducing STIs   NICE guideline   Guidelines</li> </ul>	
Maternity / Neonate health		



Care of Patients with Long Term Conditions		
LTC	Physical Activity for the Prevention and Management of Long-Term Conditions	
Diabetes & Pre-Diabetes	<ul> <li><u>Mumoactive</u></li> <li><u>The mySugr App</u></li> <li><u>PCDS Entry level module series - Foot Check</u></li> <li><u>Type 2 diabetes in adults: management</u></li> </ul>	
Respiratory	<ul> <li>Spirometry: step by step</li> <li>ARTP</li> <li>British Lung Foundation</li> <li>The Primary Care Respiratory Society</li> <li>Respiratory – Respimat® patient resources   Boehringer Ingelheim (boehringer-ingelheim.com)</li> <li>Respiratory News &amp; Advice   (nursinginpractice.com)</li> <li>Dudley pulmonary rehab - Template PI (dgft.nhs.uk)</li> <li>Chronic cough in adults: what's the diagnosis? (guidelinesinpractice.co.uk)</li> </ul>	
COPD	<ul> <li><u>Right Breathe</u></li> <li><u>GOLD COPD 2022 strategy   Independent professional body guideline   Guidelines</u></li> <li><u>Practice Nursing - COPD, exacerbation and self-management: a literature review</u></li> <li><u>Practice Nursing - Diagnosing COPD in general practice</u></li> <li><u>Practice Nursing - Increasing physical activity in people with COPD</u></li> <li><u>Practice Nursing - Monitoring respiratory rate in adults</u></li> </ul>	
Asthma	<ul> <li><u>Asthma UK</u></li> <li><u>Asthma: diagnosis, monitoring and chronic asthma management</u></li> <li><u>Global Initiative for Asthma</u></li> <li><u>British guideline on the diagnosis and pharmacological management of asthma in children</u></li> </ul>	
Hypertension	<ul> <li>British Heart Foundation</li> <li>Blood Pressure UK</li> <li>Hypertension in adults: diagnosis and management</li> <li>Hypertension in adults: diagnosis and treatment</li> <li>Hypertension: symptoms to look out for and treatment options (rcni.com)</li> </ul>	



Continuation of Long Term Conditions	
CVD/AF	<ul> <li><u>QRISK®3-2018 risk calculator</u></li> <li><u>Heart Rhythm Alliance</u></li> <li><u>CVD risk assessment and management</u></li> <li><u>NHS lipid management pathway   NHS guideline   Guidelines</u></li> <li><u>Blog   NB Medical (cmail19.com)</u></li> </ul>
Heart Failure	<ul> <li><u>British Heat Foundation</u></li> <li><u>British Society Guidelines</u></li> <li><u>Practice Nursing - Understanding the pharmacology of heart failure</u></li> <li><u>Understanding heart failure with preserved ejection fraction (independentnurse.co.uk)</u></li> </ul>
Cancer / Oncology	<ul> <li>Surviving Thyroid Cancer</li> <li>Help Us Help You - Lung Cancer Symptoms</li> <li>Breast Cancer Now</li> <li>Macmillian</li> <li>Bowel Cancer UK</li> <li>Brain Trust</li> <li>CRUK</li> <li>Action Cancer</li> <li>Foundation for Women's Cancer</li> <li>NHS England » Cancer</li> <li>View webcast now (chronicconditions.co.uk)</li> <li>NHS England » NHS launches awareness campaign for England's most deadly cancer</li> <li>Government rejects MPs' warning on early cancer diagnosis - Committees - UK Parliament</li> <li>Intervene early to lower the risk of endometrial hyperplasia and cancer   Hot topic   Guidelines in Practice</li> </ul>
Chronic Kidney Disease	<ul> <li><u>Kidney.Org</u></li> <li><u>Kidney Quality Improvement Partnership</u></li> </ul>
Liver Disease	<ul> <li>British Liver Trust</li> <li>Liver Research</li> <li>BRITISH ASSOCIATION FOR THE STUDY OF THE LIVER</li> <li>LIVERNORTH</li> <li>LIVER DISEASE AND CIRRHOSIS</li> </ul>



Continuation of Long Term Conditions		
Blood Disorders	<ul> <li>Blood Cancer UK</li> <li>UK Thalassaemia Society</li> <li>The ITP Support Association</li> <li>UK-ITP Paediatric ITP Registry</li> <li>The Haemophilia Society</li> <li>UK MDS Forum</li> <li>Pernicious Anaemia Society</li> <li>Haemochromatosis UK</li> </ul>	
G.I	<ul> <li><u>GIST Cancer UK</u></li> <li><u>Pernicious Anaemia Society</u></li> <li><u>Practice Nursing - Understanding constipation in adults</u></li> </ul>	
ENT	Practice Nursing - Managing otalgia in general practice	
G.U	<ul> <li>Supporting intermittent self-catheterisation in challenging circumstances (mah-communications.co.uk)</li> <li>Practice Nursing - Urinary incontinence and pelvic organ prolapse in primary care</li> </ul>	
ME / CFS / Fibromyalgia	<ul> <li>ME Association</li> <li>ME Research</li> <li>Action for M.E</li> <li>Fibromyalgia Action UK</li> <li>Fibromyalgia UK</li> <li>Home - Fibromyalgia Awareness UK (fibroawarenessuk.org)</li> <li>Fibromyalgia - Symptoms, diagnosis and treatment   BMJ Best Practice</li> <li>Fibromyalgia - The Brain Charity</li> </ul>	
Neurological Conditions	<ul> <li><u>The Brain Tumour Charity</u></li> <li><u>Narcolepsy.Org</u></li> <li><u>ACNR</u></li> <li><u>MS Society UK   Information, research and support   Multiple Sclerosis Society UK</u></li> <li><u>Home   MS Trust</u></li> <li><u>Epilepsy Society</u></li> <li><u>NICE multiple sclerosis guideline   NICE guideline   Guidelines</u></li> <li><u>Education Resources (rosemontpharma.com)</u></li> </ul>	



Delivering tomorrow's healthcare	
Continuation of Long Term Conditions	
Musculoskeletal Conditions	<ul> <li><u>Rheumatology</u></li> <li><u>National Axial Spondyloarthritis Society</u></li> <li><u>Musculoskeletal health</u></li> <li><u>Musculoskeletal health: 5 year prevention strategic framework</u></li> <li><u>Faculty of Occupational Medicine</u></li> <li><u>Guide to embedding your first contact physiotherapy service</u></li> </ul>
Endocrine Disorders / Metabolic Disorders	<ul> <li>Society for Endocrinology</li> <li>Turner Syndrome Support Society</li> <li>Thyroid Eye Disease</li> <li>British Thyroid Foundation</li> <li>Thyroid UK</li> <li>The Pituitary Foundation</li> <li>Addisons Disease</li> <li>Parathyroid UK</li> <li>The Royal Osteoporosis Society</li> <li>Metabolic Support UK</li> </ul>
Frailty	<ul> <li><u>Recognising frailty</u></li> <li><u>Identifying frailty</u></li> <li><u>CLINICAL FRAILTY SCALE</u></li> <li><u>Practice Nursing - Dysphagia in the older person: an update</u></li> <li><u>Practice Nursing - Preventing skin tears among older adults in general practice</u></li> <li><u>Assessment of frailty in Alzheimer's: a literature review</u></li> </ul>
Dementia / Alzheimers	<ul> <li><u>Dementia UK</u></li> <li><u>Age UK - Understanding Dementia</u></li> <li><u>Delirium Champions</u></li> <li><u>Alzheimers Society</u></li> <li><u>Common viruses may trigger Alzheimer's disease - Nursing in PracticeNursing in Practice (cogora.com)</u></li> <li><u>Practice Nursing - Recognition and assessment of dementia in primary care</u></li> <li><u>Practice Nursing - Assessment of frailty in Alzheimer's: a literature review</u></li> </ul>
Allergy / Auto-immune / Genetic Conditions	<ul> <li><u>Allergy UK</u></li> <li><u>British Society for Rheumatology</u></li> <li><u>Addisons Disease</u></li> </ul>



Continuation of Long Term Conditions	
Obesity	<ul> <li><u>Obesity UK</u></li> <li><u>Implementing the Guidelines algorithm on managing obesity in primary care (guidelinesinpractice.co.uk)</u></li> <li><u>Junk food advertising ban on public transport linked to a reduction in obesity (cogora.com)</u></li> <li><u>Practice Nursing - Understanding bariatric surgery to support patients in primary care</u></li> </ul>
Pain Management	<ul> <li><u>Pain Concern</u></li> <li><u>UK career framework for pain nurses</u></li> </ul>
Genomics	Practice Nursing - Understanding bariatric surgery to support patients in primary care
Dermatology	<ul> <li>British Association of Dermatologists</li> <li>Eczema</li> <li>The British Skin Foundation</li> <li>Acne vulgaris: management</li> <li>The Primary Care Dermatology Society</li> <li>Acne.org</li> <li>Allergy UK</li> <li>Urticaria</li> <li>Hives</li> <li>Sunburn</li> <li>Causes of cancer and reducing your risk</li> <li>What is Rosacea?</li> <li>Rosacea?</li> <li>Rosacea?</li> <li>Pherges Viruses Association</li> <li>Shingles</li> <li>Fungal Skin Infection - Foot</li> <li>The Psoriasis Association</li> <li>National Psoriasis Foundation</li> <li>Melanoma</li> <li>Skin Health Information</li> <li>British Association of Plastic Reconstructive and Aesthetic Surgeons - Procedure Guides</li> <li>Warts and verrucae</li> </ul>



Continuation of Long Term Conditions		
Dermatology	<ul> <li>Practice Nursing - Fungal skin infections</li> <li>Practice Nursing - Dermatology prescribing update: eczema</li> <li>Practice Nursing - Understanding skin infections in older adults</li> <li>Skin lesions: what's the diagnosis? (guidelinesinpractice.co.uk)</li> <li>Implementing the NICE guideline on the management of acne vulgaris (guidelinesinpractice.co.uk)</li> <li>New topical retinoid for acne   MIMS online (mkt6316.com)</li> <li>Rosacea: newer treatments can avoid antibiotics (guidelinesinpractice.co.uk)</li> </ul>	
Multi-Morbidity	<ul> <li><u>Multimorbidity</u></li> <li><u>Multimorbidity / multiple long-term conditions (MLTC)</u></li> </ul>	
Minor Illness / First Contact Assessment / OSCE	<ul> <li>Fact Sheets - Self Care Forum</li> <li>Facial rashes: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Bites and stings: when to prescribe an antibiotic (guidelinesinpractice.co.uk)</li> <li>Rashes in children: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Skin lesions: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Rosacea: newer treatments can avoid antibiotics (guidelinesinpractice.co.uk)</li> <li>Lower urinary tract symptoms in men: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Change in bowel habit: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Unintended weight loss: what's the diagnosis? (guidelinesinpractice.co.uk)</li> <li>Skin lesions: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Unintended weight loss: what's the diagnosis? (guidelinesinpractice.co.uk)</li> <li>Skin lesions: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Rashes in children: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> <li>Red eye: what's the diagnosis? (guidelinesinpractice.co.uk)</li> <li>Chronic cough in adults: what's the diagnosis? (guidelinesinpractice.co.uk)</li> <li>Low back pain: what's the diagnosis?   Differential diagnoses   Guidelines in Practice</li> </ul>	
Other / Case Studies	<ul> <li><u>Heatwave: how to cope in hot weather - NHS (www.nhs.uk)</u></li> <li><u>Ep 49 – Heat exhaustion and heatstroke - GPnotebook Podcast</u></li> <li><u>Supporting vulnerable people before and during a heatwave: for health and social care professionals - GOV.UK</u></li> </ul>	
	End of Life Care	
End of Life Care	<ul> <li><u>ReSPECT for healthcare professionals</u></li> <li><u>Hospice UK</u></li> <li><u>Palliative and End of Life Care Profiles - OHID (dhsc-mail.co.uk)</u></li> </ul>	



Covid-19 / Monkeypox		
Covid-19	• <u>Covid Live</u>	
Long Covid	<ul> <li>Supporting your recovery after COVID-19</li> <li>Long Covid Toolkit</li> <li>Long term effects of COVID (Long COVID)</li> <li>Post-COVID Syndrome (Long COVID)</li> <li>COVID-19 Yorkshire Rehabilitation Screening Tool</li> <li>FOM Guidance</li> </ul>	
Monkeypox		
News & Views		
Digital News / Remote Consultations	<ul> <li>Digital Health News Webinars</li> <li>Digital Health News</li> <li>NHS Digital</li> <li>DigiHealthWell</li> <li>Public Sector Events, Conferences and Training - Inside Government</li> <li>Digital Transformation</li> </ul>	
PSNC News / Pharmacy	<ul> <li>National Pharmacy Association</li> <li>Royal Pharmaceutical Society</li> <li>Medicines Learning Portal</li> <li>Specialist Pharmacy Service</li> </ul>	
Pulse / GP Online / HSJ / NB Medical	<ul> <li><u>GP Online</u></li> <li><u>HSJ</u></li> <li><u>Pulse Today</u></li> </ul>	
Primary Care Update / PCC / PPP	<ul> <li><u>Public Policy Projects News</u></li> <li><u>Primary Care Bulletin</u></li> </ul>	



Continuation of News & Views	
Health Care Leaders Newsletters	
Kings Fund	• <u>The Kings Fund</u>
World Health Organisation	• <u>WHO</u> • <u>OpenWHO</u>
IHCT / CCG / STP / Healthier Futures	<ul> <li>Black Country &amp; West Birmingham CCG</li> <li>Dudley Integrated Health and Care</li> <li>Home :: Black Country Healthcare NHS Foundation Trust</li> </ul>
NHSI / NHSE	
University / Student Nurses	
Medisa / Univadis / Geeky Medics / GP Notebook / Medscape	<ul> <li><u>Medisa</u></li> <li><u>Geeky Medics</u></li> <li><u>Medscape Nurses</u></li> <li><u>GP Notebook</u></li> </ul>
Nurse Guidelines	<u>Guidelines in Practice – supporting implementation of best practice</u>
The Health Foundation	<u>The Health Foundation</u>
The Health Care Leaders Update	Health Care Leader News
Practice Index	
Innovation Agency	<ul> <li><u>Innovation Agency Exchange</u></li> <li><u>June 2022 newsletter (campaign-archive.com)</u></li> </ul>



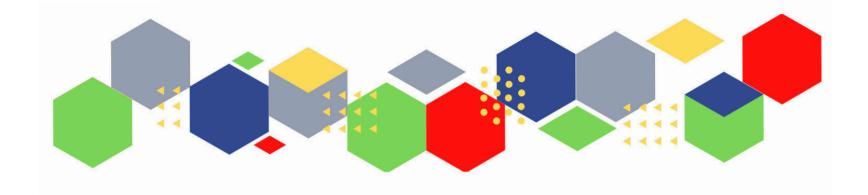
Continuation News & Views	
RCN	• <u>RCN</u>
Nursing in Practice / Nursing Standard / Independent Nurse	<ul> <li><u>Nursing Times</u></li> <li><u>Practice Nursing - Explore our brand new website</u></li> <li><u>Journal of General Practice Nursing</u></li> <li><u>Independent Nurse</u></li> </ul>
QNI	<ul> <li><u>QNI</u></li> <li><u>Talk To Us © – The Queen's Nursing Institute (qni.org.uk)</u></li> </ul>
NMC	<ul> <li><u>NMC</u></li> <li><u>New post-registration standards published; consultation on education standards (news-nmc.org.uk)</u></li> </ul>
CMO / CNO	
Nice	<ul> <li><u>NICE</u></li> <li><u>REMINDER: NICE News for Health and Social Care   July 2022 (mailchi.mp)</u></li> </ul>
RCGP / BMA / The Lancet	<ul> <li><u>The Lancet</u></li> <li><u>British Medical Journal</u></li> <li><u>Royal College of General Practitioners</u></li> </ul>
Midlands Academic Health Science Network	<u>WMAHSN Network</u>
Healthwatch	• <u>Healthwatch</u>
Other	<ul> <li><u>Patients Association</u></li> <li><u>UCLPartners Proactive Care Frameworks - Promoting CVD Prevention (mailchi.mp)</u></li> </ul>



Free Training / Webinars / Meetings / CPD		
Development / Information and Knowledge	<ul> <li><u>Red Whale Training</u></li> <li><u>Issues &amp; Answers</u></li> <li><u>Issues &amp; Answers - Long Covid Broadcasts</u></li> <li><u>Nursing Events</u></li> </ul>	
Free to RCN	• <u>RCNi events   RCNi</u>	
MIMMs Learning		
Future Proof Health Training	<u>News &amp; Events</u>	
BCWB Training Hub		
Evidence based care		
Eventbrite		
e-Learning for Health		
YouTube	<ul> <li><u>NHS England</u></li> <li><u>Black Country Healthcare - YouTube</u></li> </ul>	
Blogs/Vlogs		
Area Bulletins		



Continuation of Free Training / Webinars / Meetings / CPD	
Podcasts	<ul> <li>The Nursing Handover Podcast</li> <li>Nursing Standard Podcasts</li> <li>Nursing Matters</li> <li>Welcome to the BJN Podcast</li> <li>Cygnet Health Care Podcast</li> <li>EBN podcast</li> <li>This Is Nursing</li> <li>Teach me, I'm a Nurse</li> <li>Past Caring</li> <li>RCGP eLearning podcast</li> <li>The BMJ Podcast</li> <li>Primary Care Network podcasts</li> <li>The Professional Support Unit's Pandemic Podcast</li> <li>The Next GenCast</li> </ul>
Research	<ul> <li><u>Science Daily</u></li> <li><u>Multimorbidity / multiple long-term conditions (MLTC)</u></li> <li><u>National Institute for Health and Care Research</u></li> <li><u>Research England £8 billion investment in England's universities – UKRI</u></li> </ul>
Freebies	• <u>Blue Light Card</u>
Other	



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