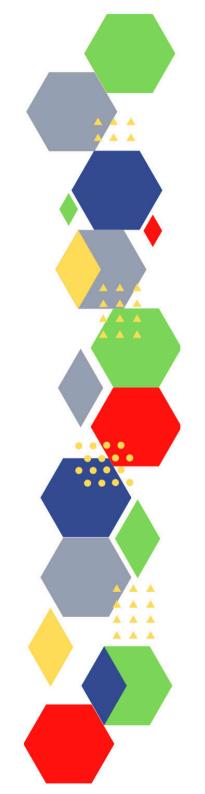




## **Future Proof Health Presents**

Weekly News

26th April 2022





Communication		
Communication with Patients		
Communication within Teams		
Consent	<ul> <li>Gillick competency and Fraser guidelines</li> <li>CONSENT POLICY</li> <li>ReSPECT for healthcare professionals</li> </ul>	
	People and Personal Development	
Personal / People Development / Leadership	Accountability and delegation in practice	
NHS Employers / HR / NHS Pension	<ul><li>NHS Employers</li><li>Pensions Online</li></ul>	
	Health, Safety & Security	
<ul> <li>NPSA</li> <li>Control of Substances Hazardous to Health (COSHH)</li> <li>HSE Weekly Digest eBulletin</li> </ul>		
Gov UK - NHS	New Deputy Chief Medical Officer for England announced - GOV.UK (www.gov.uk)	
CQC	<ul> <li><u>GP mythbusters</u></li> <li><u>Examples of outstanding practice for GPs</u></li> <li><u>CQC update for adult social care providers (govdelivery.com)</u></li> </ul>	
MIMS	Prescribing Update	
Antibiotic steward-ship / Anti-microbial resistance		
Drug / Device Alerts (MHRA)	Orug / Device Alerts (MHRA)	
Emergency Situations	<ul> <li>The updated National Early Warning Score and its use with suspected Sepsis</li> <li>Resuscitation Council UK</li> </ul>	



Vaccines / Medications / Prescribing	<ul> <li>Protocol for ordering, storing and handling vaccines</li> <li>A Competency Framework for all Prescribers</li> <li>Non-medical prescribing</li> <li>The Human Medicines Regulations 2012</li> <li>RCN - Non-medical prescribers</li> <li>Royal Pharmaceutical Society</li> <li>Standards for prescribing</li> <li>Clinical Negligence Scheme for General Practice</li> <li>RCP and British Pharmacological Society report calls for personalised testing for safety and effectiveness of common medicines to be offered throughout the NHS</li> <li>Drugs monographs: dosage, indications, side effects, and more (medscape.co.uk)</li> </ul>
Infection Control / Infection Statics	New Infection Prevention and Control guidance A reminder that the Minister for Care Gillian Keegan has written to care providers about new guidance now in effect, as of 4 April 2022:  Infection Prevention and Control in ASC settings Infection Prevention and Control in ASC settings - COVID-19 Supplement COVID-19 testing in adult social care Infection Prevention Control Guidance - Communications Toolkit
Safe Guarding	<ul> <li>Female genital mutilation (FGM)</li> <li>PREVENT</li> <li>Child protection system in the UK</li> <li>Safeguarding Adults</li> <li>Safeguarding children: detailed information</li> </ul>
Practice Policies	
Audit	
Information Governance / Record Keeping	<ul> <li>Guide to Data Protection</li> <li>Supporting general practice – Medical record keeping</li> </ul>



Quality & Service Improvement	
Quality, Service & Improvement	<ul> <li>The PRSB</li> <li>General Practice Assessment Questionnaire (GPAQ)</li> <li>Healthwatch</li> <li>NHS Five Year Forward View</li> <li>General Practice Forward View</li> <li>NMC</li> <li>Dr Jon Griffiths</li> <li>NHS Confed</li> </ul>
Roles in General Practice	<ul> <li>Standards for nursing associates</li> <li>GP mythbuster 57: Health Care Assistants in General Practice</li> </ul>
Revalidation	
Personal Practice & Development	
Practice Management	<ul> <li>Institute of General Practice Management</li> <li>Practice Index</li> </ul>
NHS Self Care & Resilience	<ul> <li>Samaritans</li> <li>Mental Health at work</li> <li>Calm</li> <li>Supporting our NHS people</li> <li>The Hub :: Black Country Healthcare NHS Foundation Trust</li> <li>NHS England » Looking after you: confidential coaching and support for the primary care workforce</li> </ul>
Practice Transformation	Tell your patients about the NHS App     NHS App guidance - NHS Digital
Future of NHS / General Practice	NHS England » 2022/23 priorities and operational planning guidance: Elective recovery planning supporting guidance
ICS / PCN	
QOF / PHOF / DES / LES / NHS Contract / CQRS / CQUIN	<ul> <li>General practice contract arrangements in 2022/23</li> <li>Annex B – Investment and Impact Fund (IIF): 2021/22 and 2022/23</li> </ul>



Leadership	Leadership Academy		
	Personalised Care		
Personalised Care / Self Care / Social Prescribing / Health Coaching	<ul> <li>Self Care forum</li> <li>Personalised Care Institute</li> <li>Personalised care</li> <li>Social Prescribing Academy</li> </ul>		
Group consulation			
Working Differently			
Shared Decision Making			
Equality & Diversity			
Equality & Diversity	Public Health Profiles		
Inclusion Health	Health Creation Academic Network		
Poverty / Homelessness	Crisis     This is Poverty		
Population Health / Health Communities			
Thrive Into Work	Thrive into Work     Thrive into Work Referral form		
Health Inequalities	<ul> <li><u>United against health inequalities: a commitment to lasting change (nhsproviders.org)</u></li> <li><u>National Confidential Enquiry into Patient Outcome and Death: Review of Health Inequalities Short Report – HQIP</u></li> <li><u>Ageing, inequality and ethnicity: Evidence cards   Centre for Ageing Better (ageingbetter.org.uk)</u></li> </ul>		
Trans / Non-binary Health / LGBTQ+	<ul> <li>LGBT Foundation</li> <li>NHS population screening: information for trans and non-binary people</li> <li>Cervical screening for trans men and/or non-binary people</li> </ul>		



Migrant / Refugee Health	<ul> <li>THE REFUGEE &amp; MIGRANT CENTRE</li> <li>Ukrainian medicines resources   Medicines Learning Portal</li> <li>Arrivals from Ukraine: advice for primary care - GOV.UK (www.gov.uk)</li> <li>TRANSLATED HEALTH INFORMATION FOR PATIENTS - Doctors of the World</li> <li>Arrivals from Ukraine: advice for primary care - GOV.UK (www.gov.uk)</li> </ul>
Traveller / Gypsy / Romany Health	
Veterans Health	The first call for help takes courage

Management of Emergency Situations	
Management of Emergency Situations	The updated National Early Warning Score and its use with suspected Sepsis
111	
Red Flags	Supporting general practice – Common pitfalls
Sepsis	<ul> <li>Sepsis: recognition, diagnosis and early management</li> <li>Sepsis guidance implementation advice for adults</li> <li>Sepsis in Children</li> <li>Sepsis Trust</li> <li>RCGP: Sepsis</li> <li>quick SEPSIS RELATED ORGAN FAILURE ASSESSMENT</li> </ul>
Therapeutic Monitoring	
OSCE	<ul> <li>Geeky Medics</li> <li>Abdominal Examination - Demonstration - YouTube</li> <li>Cardiovascular Examination - Demonstration - YouTube</li> <li>Respiratory Examination - Demonstration - YouTube</li> <li>Physical Diagnosis Skills - University of Washington School of Medicine</li> <li>Mythbuster: 'I've got my usual cough – it's gone to my chest with green phlegm, so I need antibiotics'</li> </ul>



	Role Specific
Cervical Cytology	<ul> <li>Guide to the interim assessment</li> <li>British Association for Cytopathology</li> <li>Lab Tests Online</li> </ul>
Ear Care	<ul> <li>Ear Care Centre</li> <li>RNID</li> </ul>
Wound Management	<ul> <li>Microworld</li> <li>Tissue Viability Society</li> <li>The BLS</li> <li>Wounds on Thursdays</li> <li>Emollients, potential skin sensitisers as ingredients   MIMS online</li> </ul>
Minor Surgery	
Obtaining Samples / Results	Lab Tests Online
	Health Promotion / Health Screening
Health Promotion / Population Health	Better Health     EXi App
Health Screening	PHE Screening
PHE/OHID	<ul> <li>Knowledge &amp; Library Services</li> <li>Campaign Resources</li> <li>Public Health Profiles</li> <li>Health Publications</li> <li>Health Profile for England 2021</li> </ul>
NHS Health Check	NHS Health Check
NOIDS / PHE Surveillance / Syndromic Surveillance	<ul> <li>Notifications of infectious diseases (NOIDs)</li> <li>UKHSA'S weekly surveillance report: focusing on 'Pillar 1' data - UK Health Security Agency (blog.gov.uk)</li> <li>Taking the sting out of new and emerging health threats - UK Health Security Agency (blog.gov.uk)</li> </ul>



Addiction/Smoking	<ul> <li><u>Drink Coach</u></li> <li><u>Stop smoking interventions and services</u></li> <li><u>Government to improve drug treatment in most deprived areas - GOV.UK (www.gov.uk)</u></li> </ul>
	Immunisation / Travel Health
<ul> <li>Vaccinations and infections</li> <li>Joint Committee on Vaccination and Immunisation</li> <li>Immunisation against infectious disease</li> <li>West Midlands Immunisation Service</li> <li>Immunisation information for Health Care Services within the West Midlands area</li> <li>Vaccination of individuals with uncertain or incomplete immunisation status</li> <li>WHO vaccine-preventable diseases: monitoring system. 2020 global summary</li> <li>The Foundations of Immunization: What, Who, When and Why?</li> <li>Winter Vaccination - Prime phase: Social Media content calendar and assets - 2021</li> <li>Measles outbreak training</li> <li>Vaccine Safety Basics</li> <li>HPV vaccination: guidance for healthcare practitioners</li> <li>HPV vaccination programme for men who have sex with men (MSM)</li> <li>Changing to a 2 dose NHS HPV vaccination schedule letter</li> <li>Herpes zoster (shingles) immunisation programme 2021 to 2022: evaluation reports</li> <li>Coronavirus (COVID-19) Infection Survey, UK: antibody and vaccination data, 6 April 2022</li> <li>Our new Immunisation guide is out now (mah-communications.co.uk)</li> </ul>	
The Need for a Nespiratory Syricytian	Virus Vaccine in Older Adults (medscape.org)     Flu and flu vaccinations
Flu	<ul> <li>The national influenza immunisation programme 2021 to 2022</li> <li>Flu vaccines for the 2021 to 2022 season poster</li> <li>Appendix C: Flu vaccinator competency assessment tool</li> <li>Healthcare assistants and flu vaccinations</li> <li>Flu Campaign Resources 2021/22</li> <li>National flu and COVID-19 surveillance reports published</li> </ul>



Continuation of Immunisation / Travel Health		
Covid Vaccine	<ul> <li>Greenbook COVID-19 chapter 14a</li> <li>Updates made to the COVID-19 vaccination elearning programme</li> <li>HEE e-LfH COVID-19 vaccination programme launches hit 2 million</li> <li>COVID-19 Vaccine Moderna e-learning now available</li> <li>GP COVID-19 vaccine dashboard</li> <li>Coronavirus (COVID-19) vaccines adverse reactions</li> <li>COVID-19 vaccination: resources for children and young people aged 12 to 17 years</li> <li>The Covid-19 vaccination programme</li> <li>COVID-19 vaccines   MIMS online</li> <li>Sixth COVID-19 vaccine approved in UK   MIMS online</li> <li>Resources - Coronavirus Resource centre (phe.gov.uk)</li> <li>Coronavirus » Supporting COVID-19 vaccine uptake during Ramadan (england.nhs.uk)</li> <li>Covid-19 Guide for Parents of 5-11 year olds - Coronavirus Resource centre (phe.gov.uk)</li> <li>Children aged 5-11 in the Black Country &amp; West Birmingham are now eligible for the COVID-19 vaccine - YouTube</li> </ul>	
Children	<ul> <li>NHS England » NHS rolls out COVID vaccine to five million 5 to 11 year olds</li> <li>Childhood vaccine schedule - General Practice Notebook</li> <li>Kawasaki disease - General Practice Notebook</li> </ul>	
Adults	<ul> <li>Immunisation patient group direction (PGD) templates</li> <li>Shingles immunisation programme: introduction of Shingrix® letter</li> <li>Training and Resources – ZOSTAVAX®</li> </ul>	
Vaccine Update	<ul> <li><u>Vaccine update: Issue 325, April 2022 (publishing.service.gov.uk)</u></li> <li><u>Vaccine Update Index</u></li> </ul>	
PGD		
Travel Health	<ul> <li>Travel Health Pro</li> <li>Fit for Travel</li> <li>Travel Health</li> <li>Jane Chiodini</li> <li>Corona.Help</li> </ul>	



Mental Health / Learning Disability / Disability	
Mental Health	<ul> <li>Mental Health</li> <li>Mental Health UK</li> <li>Mind</li> <li>Place2b</li> <li>Rethink Mental Illness</li> <li>Young Minds</li> <li>Every Mind Matters</li> <li>Calm</li> <li>Headspace</li> <li>We Can Talk</li> <li>Get Your Mind Plan</li> <li>Feeling low?</li> <li>Better Health - Every Mind Matters - Resources</li> <li>ZSA Training</li> <li>Psychiatry - Medscape</li> <li>Call for evidence for new 10-year plan to improve mental health - GOV.UK (www.gov.uk)</li> <li>HUHY Mental Health Services online resources :: Black Country and West Birmingham CCG (blackcountryandwestbirmccg.nhs.uk)</li> <li>Coronavirus (COVID-19) and mental wellbeing - Every Mind Matters - NHS (www.nhs.uk)</li> <li>Get Your Mind Plan - Every Mind Matters - NHS (www.nhs.uk)</li> </ul>
Learning Disability	<ul> <li>Learning Disabilities</li> <li>Learning Disability England</li> <li>Mencap</li> <li>Bild</li> <li>Autism</li> <li>Autism Cafés :: Black Country and West Birmingham CCG (blackcountryandwestbirmccg.nhs.uk)</li> </ul>
Disability (Inc. hearing and visual)	<ul> <li><u>Disability Rights UK</u></li> <li><u>Disability Matters</u></li> <li><u>Long Term Strategy BSL Video - Coronavirus Resource centre (phe.gov.uk)</u></li> </ul>



From Cradle to	
Infant Health	<ul> <li>Tommys</li> <li>First Steps Nutrition Trust</li> <li>Bliss</li> <li>NHS App - Baby Buddy</li> <li>NHS App - Peanut</li> <li>ICON Toolkit</li> </ul>
Child Health	<ul> <li>Unicef</li> <li>Health Professional Academy</li> <li>Premature Babies</li> <li>Child and Maternal Health</li> <li>Women and Child First</li> <li>Child Health Information Services</li> <li>Place2b</li> <li>Childhood eczema</li> <li>Childhood asthma</li> </ul>
Adolescent Health	<ul> <li>Adolescent Health Programme</li> <li>Society for Adolescent Health and Medicine</li> <li>Young Minds</li> </ul>



	Delivering tomorrow's neatincare
Mens Health	<ul> <li>Mens Health Forum</li> <li>Mens Health Month</li> <li>Mens health.org</li> <li>Mens Health UK</li> <li>Men and mental health</li> <li>Men's Mental Health Awareness</li> <li>Prostate Cancer UK</li> <li>Orchid Fighting Male Cancer</li> <li>Prostate Cancer UK Facebook Page</li> <li>Men's Voices Event</li> <li>Movember</li> </ul>
Women's Health	<ul> <li>Womens Health Concern</li> <li>Well Being of Women</li> <li>Coppa Feel</li> <li>Menopause Matters</li> <li>The Menopause Charity</li> <li>Royal College of Obstetricians and Gynaecologists - Guidelines</li> <li>Pelvic Partnership</li> <li>CRUK - Womens Cancer</li> <li>Breast Cancer Now</li> <li>Foundation for Women's Cancer</li> <li>Eve Appeal</li> <li>Ovarian.Org</li> <li>Jo's Trust</li> <li>Well Spring</li> <li>Women's health experts call for mandatory menopause training for GP nurses - Nursing in Practice</li> <li>Health experts share priorities for Women's Health Strategy - GOV.UK (www.gov.uk)</li> </ul>
The Older Population	<ul> <li>BGS</li> <li>Ageing Better</li> <li>The State of Ageing 2022</li> <li>Ageing, inequality and ethnicity: Evidence cards   Centre for Ageing Better (ageing-better.org.uk)</li> </ul>
Young Carers	
Complex Needs	



Carers / Social Care / Care Homes	<ul> <li>The Care Provider Alliance</li> <li>Skills for Care</li> <li>The Care Workers' Charity</li> <li>Supporting Adult Carers</li> <li>Adult Social Care Update</li> </ul>
	Family Planning & Sexual Health
Family Planning	Faculty of Sexual and Reproductive Healthcare Education and Training
Reproductive	• <u>Tommys</u>
Sexual Health / Sexual Abuse	Sexual and Reproductive Health Profiles     FSRH Education & Training
Maternity / Neonate health	Foods to avoid in pregnancy
Care of Patients with Long Term Conditions	
LTC	Chronic Conditions On Demand     Chronic Conditions Month 2022
Diabetes & Pre-Diabetes	<ul> <li>AZ Medical and Educational Goods and Services in Diabetes</li> <li>Mumoactive</li> <li>The mySugr App</li> <li>Foot Check</li> </ul>
<ul> <li>Spirometry: step by step</li> <li>ARTP</li> <li>British Lung Foundation</li> <li>The Primary Care Respiratory Society</li> <li>Respiratory News &amp; Advice   (nursinginpractice.com)</li> <li>It's Stress Awareness Month (e-activist.com)</li> <li>The Need for a Respiratory Syncytial Virus Vaccine in Older Adults (medscape.org)</li> </ul>	
COPD	Right Breathe



	Continuation of Long Term Conditions	
Asthma	<ul> <li>FeNO - Fractional exhaled nitric oxide - for the diagnosis and management of Asthma</li> <li>Asthma UK</li> <li>Asthma: diagnosis, monitoring and chronic asthma management</li> <li>GINA 2021: the missing pieces in the childhood asthma puzzle</li> <li>GINA: Interim Guidance About COVID-19 &amp; Asthma</li> <li>Rakhee's fight for breath (e-activist.com)</li> <li>Thunderstorm asthma and public health – looking back to move forward - UK Health Security Agency (blog.gov.uk)</li> </ul>	
Hypertension	<ul> <li>British Heart Foundation</li> <li>Blood Pressure UK</li> <li>Hypertension in adults: diagnosis and management</li> <li>Hypertension in adults: diagnosis and treatment</li> <li>Size of the Prize for High Blood Pressure – Preventing Heart Attacks and Strokes at Scale</li> </ul>	
CVD/AF	<ul> <li>QRISK®3-2018 risk calculator</li> <li>Heart Rhythm Alliance</li> <li>CVD risk assessment and management</li> <li>Smokers With Heart Disease Could Gain 5 Years by Quitting (medscape.com)</li> <li>Cardiovascular Disease - elearning for healthcare (e-lfh.org.uk)</li> <li>Eating Avocado Linked to Lower Cardiovascular Risk (medscape.com)</li> </ul>	
Heart Failure	<ul> <li>British Heat Foundation</li> <li>British Society Guidelines</li> <li>NHS England » Primary care network offers extra support for high-risk group with heart failure and social isolation</li> </ul>	
Cancer / Oncology	<ul> <li>Surviving Thyroid Cancer</li> <li>Help Us Help You - Lung Cancer Symptoms</li> <li>Becca Breast Cancer Support App</li> <li>Breast Cancer Now</li> <li>MoleCare App</li> <li>Macmillian</li> <li>Bowel Cancer UK</li> <li>Pancreatic Cancer: Difficult Diagnosis, Ominous Outlook (medscape.com)</li> <li>Cancer online resources :: Black Country and West Birmingham CCG (blackcountryandwestbirmccg.nhs.uk)</li> </ul>	



Continuation of Long Term Conditions	
Chronic Kidney Disease	Kidney.Org     Kidney Quality Improvement Partnership
Liver Disease	<ul> <li>British Liver Trust</li> <li>Liver Research</li> <li>BRITISH ASSOCIATION FOR THE STUDY OF THE LIVER</li> <li>LIVERNORTH</li> <li>LIVER DISEASE AND CIRRHOSIS</li> </ul>
Blood Disorders	<ul> <li>Blood Cancer</li> <li>Thalassaemia</li> <li>ITP</li> <li>Haemophilia</li> <li>UK MDS Forum</li> <li>Save a life. Give plasma.</li> <li>Diagnosis and management of pernicious anaemia</li> <li>Haemochromatosis UK</li> </ul>
G.I	GIST Cancer UK     Overview   PredictSURE IBD and IBDX to guide treatment of Crohn's disease
ENT	
G.U	
Neurological Conditions	<ul> <li>The Brain Tumour Charity</li> <li>Narcolepsy.Org</li> <li>ACNR</li> <li>Neurology - Medscape</li> </ul>



Continuation of Long Term Conditions	
Musculoskeletal Conditions	<ul> <li>Rheumatology</li> <li>National Axial Spondyloarthritis Society</li> <li>Musculoskeletal health</li> <li>Musculoskeletal health: 5 year prevention strategic framework</li> <li>Faculty of Occupational Medicine</li> <li>Guide to embedding your first contact physiotherapy service</li> </ul>
Endocrine Disorders / Metabolic Disorders	<ul> <li>Endocrinology</li> <li>Turner Syndrome Support Society</li> <li>Thyroid Eye Disease</li> <li>British Thyroid Foundation</li> <li>Thyroid UK</li> <li>Pituitary</li> <li>Addisons Disease</li> <li>Parathyroid UK</li> <li>The Royal Osteoporosis Society</li> <li>Metabolic Support UK</li> </ul>
Frailty	<ul> <li>Recognising frailty</li> <li>Identifying frailty</li> <li>CLINICAL FRAILTY SCALE</li> </ul>
Dementia	<ul> <li>Dementia UK</li> <li>Understanding dementia</li> <li>My House of Memories - NHS App</li> <li>Dementia profile updates</li> <li>Caring for Carers Dementia Support Group (Tuesdays)</li> <li>Delirium Champions</li> <li>Medscape Dementia</li> <li>Sense of purpose is linked to reduced risk of dementia - Nursing in Practice</li> <li>My Skin App</li> <li>Alzheimer Disease: Diagnostic Challenges (medscape.com)</li> </ul>



Continuation of Long Term Conditions	
Dermatology	British Association of Dermatologists  Eczema The British Skin Foundation Acne vulgaris: management The Primary Care Dermatology Society Acne.org Allergy UK Urticaria Hives Sunburn Causes of cancer and reducing your risk What is Rosacea? Rosecea Herpes.org Shingles Fungal Skin Infection - Foot The Psoriasis Association Psoriasis Melanoma Skin Health Information British Association of Plastic Reconstructive and Aesthetic Surgeons Warts and verrucae Dermatology Life Quality lindex
Allergy / Auto-immune / Genetic Conditions	<ul> <li>Allergy UK</li> <li>Rheumatology</li> <li>Addisons Disease</li> </ul>
Obesity	Obesity UK
Pain Management	<ul> <li>Pain Concern</li> <li>UK career framework for pain nurses</li> </ul>
Genomics	
Multi-Morbidity	<ul> <li>Multimorbidity</li> <li>Multimorbidity / multiple long-term conditions (MLTC)</li> </ul>



Continuation of Long Term Conditions	
Minor Illness / First Contact Assessment / OSCE	<ul> <li>Fact Sheets - Self Care Forum</li> <li>What is Lyme disease, and why do we need to be tick aware? - UK Health Security Agency (blog.gov.uk)</li> <li>15 Fingernail and Toenail Abnormalities (medscape.com)</li> <li>14 Potentially Misleading Mimics of Appendicitis (medscape.com)</li> <li>Gunshot Wounds: Blood and Guts (medscape.com)</li> </ul>
Other / Case Studies	<ul> <li><u>Ultra Rare Disease Disorders And Disabilities Foundation</u></li> <li><u>MyCognition Home - NHS App</u></li> <li><u>The Cold Weather Plan for England</u></li> </ul>
	End of Life Care
End of Life Care	<ul> <li>ReSPECT for healthcare professionals</li> <li>Hospice UK</li> </ul>
Covid-19	
Covid-19	<ul> <li>Covid Live</li> <li>Coronavirus Statistics</li> <li>COVID-19 mental health and wellbeing surveillance: report - GOV.UK (www.gov.uk)</li> <li>UK IPC Cell consensus statement in response to the emergence of the Omicron variant of SARS-CoV-2 - GOV.UK (www.gov.uk)</li> <li>Coronavirus » Letter to general practices: deployment of COVID-19 treatments for highest risk non-hospitalised patients (england.nhs.uk)</li> <li>Health Leaders Accuse the Government of Losing Interest in NHS COVID Pressures (medscape.co.uk)</li> <li>SSRI treatment shown to reduce COVID hospitalisations   MIMS online</li> <li>Resources - Coronavirus Resource centre (phe.gov.uk)</li> <li>Long Term Strategy BSL Video - Coronavirus Resource centre (phe.gov.uk)</li> <li>Coronavirus (COVID-19) and mental wellbeing - Every Mind Matters - NHS (www.nhs.uk)</li> </ul>
Long Covid	<ul> <li>Supporting your recovery after COVID-19</li> <li>Long Covid Toolkit</li> <li>Long term effects of COVID (Long COVID)</li> <li>Post-COVID Syndrome (Long COVID)</li> <li>COVID-19 Yorkshire Rehabilitation Screening Tool</li> <li>FOM Guidance</li> <li>Lung health care after COVID-19</li> <li>Long COVID - elearning for healthcare (e-Ifh.org.uk)</li> </ul>



Covid Response / Recovery	
News & Views	
Digital News / Remote Consultations	<ul> <li>Digital Health News</li> <li>Digital Health News</li> <li>NHS Digital</li> <li>[Webinar] Development opportunities for digital leaders (mailchi.mp)</li> <li>Home   digihealthwell</li> <li>NHS App saving around 22,000 car journeys every month - NHS Digital</li> <li>Digital Health News - 14 April 2022 (mailchi.mp)</li> <li>Join us to celebrate the launch of Economies for Healthier Lives (healthfdn.org.uk)</li> <li>CIO keynotes announced for Summer Schools 2022 (mailchi.mp)</li> <li>[Webinar] Digital Health Regional Networks event - South (mailchi.mp)</li> </ul>
PSNC News / Pharmacy	<ul> <li>National Pharmacy Association</li> <li>Royal Pharmaceutical Society</li> <li>PSNC Concessions Announcement</li> <li>PSNC issues guidance on unplanned pharmacy closures</li> </ul>
Pulse / GP Online / HSJ / NB Medical	GP Online     HSJ     Pulse Today
Primary Care Update / PCC / PPP	<ul> <li>Primary Care Bulletin</li> <li>Public Policy Projects News</li> </ul>
Health Care Leaders Newsletters	



Continuation News & Views	
Kings Fund	The Kings Fund     Ideas that change health and care
World Health Organisation	• WHO • OpenWHO
IHCT / CCG / STP / Healthier Futures	<ul> <li>Healthier Futures</li> <li>Black Country &amp; West Birmingham CCG</li> <li>Dudley Integrated Health and Care</li> <li>Home :: Black Country Healthcare NHS Foundation Trust</li> <li>Your Friday Round Up - Friday 8th April 2022 (mailchi.mp)</li> <li>Campaigns and toolkits :: Black Country and West Birmingham CCG (blackcountryandwestbirmccg.nhs.uk)</li> <li>BCWB Communications Toolkit (campaign-archive.com)</li> <li>Toolkit to support stakeholders and system partners to promote the NHS App to their contacts</li> <li>Follow us Healthier Future posts</li> </ul>
NHSI / NHSE	
University / Student Nurses	
Medisa / Univadis / Geeky Medics / GP Notebook / Medscape	<ul> <li>Univadis Newsletter</li> <li>Univadis Nurses Headlines</li> <li>Medisa</li> <li>Geeky Medics</li> <li>Medscape Nurses</li> <li>GP Notebook</li> <li>Practice-changing updates from GPnotebook: April 2022 (contains GSK brand info: Does particle size matter in COPD inhalers?) (mailchi.mp)</li> </ul>
The Health Foundation	The Health Foundation
The Health Care Leaders Update	Health Care Leader News
Practice Index	
Innovation Agency	Innovation Agency Exchange



Continuation News & Views	
RCN	<ul> <li>RCN</li> <li>Working when ill: do you feel pressure to 'soldier on'? (rcni.com)</li> <li>Getting the salary you deserve? Acting up pay explained (rcni.com)</li> <li>Lockdown parties: nurse starts petition calling on PM to resign (rcni.com)</li> <li>Nursing students missing out on thousands of pounds of benefits – do you know what you're owed? (rcni.com)</li> <li>Glove Awareness Week Resources   Royal College of Nursing (rcn.org.uk)</li> </ul>
Nursing in Practice / Nursing Standard / Independent Nurse	<ul> <li>Nursing Times</li> <li>Independent Nurse Magazine</li> <li>Practice Nursing</li> <li>Practice Nursing Bulletin</li> <li>Practice Nursing Clinical Bulletin</li> <li>Our new Immunisation guide is out now (mah-communications.co.uk)</li> <li>COVID-19 social distancing is scrapped in the NHS (rcni.com)</li> </ul>
QNI	• QNI
NMC	• NMC
CMO / CNO	
WHO	• WHO
Nice	• <u>NICE</u>
RCGP / BMA / The Lancet	<ul> <li>The Lancet</li> <li>British Medical Journal</li> <li>Royal College of General Practitioners</li> <li>QOF QI hub</li> <li>BMA Update</li> <li>FREE eLearning on cardiorenal metabolic (CRM) medicine (rcgp-news.com)</li> </ul>
Midlands Academic Health Science Network	<u>WMAHSN Network</u>
Healthwatch	• <u>Healthwatch</u>
Other	



Free Training / Webinars / Meetings / CPD	
e-Learning for Health	<ul> <li>New elearning session highlights dermatological side effects of COVID-19</li> <li>New COVID-19 community contact tracing programme now available</li> <li>Staff Recovery Resources for critical care and the wider health workforce recovering from the COVID-19 pandemic</li> <li>MindEd infographic highlights programme's success during COVID-19</li> <li>Long COVID elearning session available</li> <li>The Changing Story of Cancer programme</li> <li>Updates to the Flu Immunisation elearning programme for the 2021/22 flu season</li> <li>Flu Immunisation programme - elearning</li> <li>Foundation elearning programme update September 2021</li> <li>Virtual wards enabled by technology - elearning for healthcare (e-lfh.org.uk)</li> </ul>
Eventbrite	<ul> <li>Future Proof Health Eventbrite Page</li> <li>Acute Behavioural Crisis in CAMHS Registration, Multiple Dates   Eventbrite</li> <li>Palliative &amp; end of life care for people experiencing homelessness (2-day) Tickets, Thu 5 May 2022 at 09:00   Eventbrite</li> <li>Paediatric Triage Course Tickets, Thu 28 Apr 2022 at 09:30   Eventbrite</li> <li>Diabetes Education Update: 9 Care Processes and 3 Treatment Targets</li> <li>Spreading VGCs at scale: Learnings from 2021 – 25<sup>th</sup> May, 12:30-13:45 - https://www.eventbrite.co.uk/e/250120606467</li> <li>Emerging models in diabetes – 14<sup>th</sup> June, 12:30-13:30 - https://www.eventbrite.co.uk/e/250128078817</li> <li>Supporting families and children through VGCs – 13<sup>th</sup> July, 12:30-13:30 - https://www.eventbrite.co.uk/e/250133545167</li> </ul>
YouTube	• NHS England
Blogs/Vlogs	
Area Bulletins	
BCWB Training Hub	
Evidence based care	



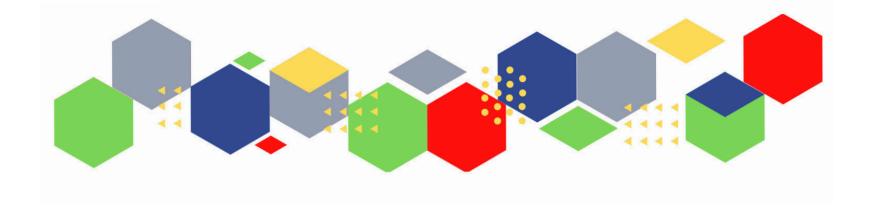
## Continuation of Free Training / Webinars / Meetings / CPD

- FutureProof Health Training & Events
- Inaugural Broadcasts 2021
- Red Whale Training
- LATEST WEBINARS FROM ISSUES & ANSWERS
- Nursing Events
- FREE Hot Topics Safeguarding Clinic
- Just launched: General practice in-person conference
- · Getting ready for patients to have access to their future data
- · Online workshop: Patient, professional and public activation
- <u>Inclusive Pharmacy Practice: Population Health Management Webinar for system pharmacy professionals</u>
- Online workshop: Getting Unstuck
- Looking after our primary care people Health and wellbeing engagement event
- General Practice Webinar
- Chronic Conditions Month 2022
- The Digital Healthcare Show, part of Health Plus Care 18th/19th May
- Nursing in Practice Birmingham 9th June
- 2022: 18th National Conference of the Primary Care Diabetes Society
- Public Participation Online Learning Programme
- · We would like to welcome you back to Chronic Conditions
- Managing Moisture Associated Skin Damage
- Don't Let Hard-to-Heal Wounds Hold You Back
- Improving outcomes for opioid-dependent women
- IOTOD 2022 11th 12th May
- Join us to celebrate the launch of Economies for Healthier Lives (healthfdn.org.uk)
- 28 April, 7pm 8pm. Pharmacy team experience with CPCS
- 5 May, 5pm 6pm. General practice webinar
- 11- 12 May. NHS Big Conversation for Improvement
- 18 May, 2pm 3pm. <u>Upcoming Wellbeing Wednesday</u>
- 19 May, 7pm 9pm. <u>Inclusive Pharmacy Practice: Population Health Management Webinar for Community Pharmacy Professionals</u>
- Epstein Barr Virus: Assessing Knowledge and Awareness in Your Clinical Practice (medscape.org)
- National Immunisation Network Meeting 2022 (ukhsa-events.org.uk)

Development / Information and Knowledge



Continuation of Free Training / Webinars / Meetings / CPD	
Free to RCN	
Podcasts	<ul> <li>The Nursing Handover Podcast</li> <li>Nursing Standard Podcasts</li> <li>What Makes a Nurse?</li> <li>The MedicsPro Podcast</li> <li>Nursing Matters</li> <li>Welcome to the BJN Podcast</li> <li>Why we care</li> <li>EBN podcast</li> <li>This Is Nursing</li> <li>Maroon Mindset</li> <li>Teach me, I'm a Nurse</li> <li>Past Caring</li> <li>RCGP eLearning podcast</li> <li>The BMJ Podcast</li> <li>Primary Care Network podcasts</li> <li>The Professional Support Unit's Pandemic Podcast</li> <li>How can public health nurses help deliver the Healthy Child Programme this winter?</li> <li>Talking GP</li> <li>Podcast – Matthew Winn – ICS Incoming Primary Care and Community Trusts</li> <li>NB Hot Topics Podcast</li> </ul>
Research	<ul> <li>Science Daily</li> <li>Multimorbidity / multiple long-term conditions (MLTC)</li> <li>Funding bodies launch consultation on future research assessment</li> </ul>
Freebies	Blue Light Card
Other	



Thank you for reading Future Proof Health's weekly news!

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