



## Future Proof Health Presents

Weekly News

24th March 2022





Communication		
Communication with Patients		
Communication within Teams		
Consent	<ul> <li><u>Gillick competency and Fraser guidelines</u></li> <li><u>CONSENT POLICY</u></li> <li><u>ReSPECT for healthcare professionals</u></li> </ul>	
	People and Personal Development	
Personal / People Development / Leadership	<u>Accountability and delegation in practice</u>	
NHS Employers / HR / NHS Pension	<u>NHS Employers</u> <u>Pensions Online</u>	
Health, Safety & Security		
<ul> <li><u>NPSA</u></li> <li><u>Control of Substances Hazardous to Health (COSHH)</u></li> <li><u>HSE Weekly Digest eBulletin</u></li> </ul>		
Gov UK - NHS		
CQC	<ul> <li><u>GP mythbusters</u></li> <li><u>Examples of outstanding practice for GPs</u></li> <li><u>CQC update for adult social care providers</u></li> </ul>	
MIMS	Prescribing Update	
Antibiotic steward-ship / Anti-microbial resistance	<u>Antibiotics in sore throat</u>	
Drug / Device Alerts (MHRA)		



Vaccines / Medications / Prescribing	<ul> <li>Protocol for ordering, storing and handling vaccines</li> <li>A Competency Framework for all Prescribers</li> <li>Non-medical prescribing</li> <li>The Human Medicines Regulations 2012</li> <li>RCN - Non-medical prescribers</li> <li>Royal Pharmaceutical Society</li> <li>Standards for prescribing</li> <li>Clinical Negligence Scheme for General Practice</li> <li>Use of a DOAC in cancer</li> <li>PPI use and hearing problems in type 2 diabetes</li> </ul>	
Emergency Situations	<ul> <li><u>The updated National Early Warning Score and its use with suspected Sepsis</u></li> <li><u>Resuscitation Council UK</u></li> </ul>	
Infection Control / Infection Statics		
Safe Guarding	<ul> <li>Female genital mutilation (FGM)</li> <li>PREVENT</li> <li>Child protection system in the UK</li> <li>Safeguarding Adults</li> <li>Safeguarding children: detailed information</li> </ul>	
Practice Policies		
Audit		
Information Governance / Record Keeping	<ul> <li><u>Guide to Data Protection</u></li> <li><u>Supporting general practice – Medical record keeping</u></li> </ul>	
Quality & Service Improvement		
Quality, Service & Improvement	<ul> <li><u>The PRSB</u></li> <li><u>General Practice Assessment Questionnaire (GPAQ)</u></li> <li><u>Healthwatch</u></li> <li><u>NHS Five Year Forward View</u></li> <li><u>General Practice Forward View</u></li> <li><u>NMC</u></li> <li><u>Dr Jon Griffiths</u></li> <li><u>NHS Confed</u></li> <li><u>Community health services two-hour urgent community response standard</u></li> </ul>	



Roles in General Practice	<ul> <li><u>Standards for nursing associates</u></li> <li><u>GP mythbuster 57: Health Care Assistants in General Practice</u></li> <li><u>Regulation 4: Requirements where the service provider is an individual or partnership</u></li> <li><u>GP mythbuster 106: Primary care first contact practitioners (FCPs)</u></li> </ul>
Revalidation	
Personal Practice & Development	Leading the Way: The role and value of nurses in general practice
Practice Management	<ul> <li>Institute of General Practice Management</li> <li>Practice Index</li> <li>Are you QOF ready?</li> </ul>
NHS Self Care & Resilience	<ul> <li><u>Samaritans</u></li> <li><u>Mental Health at work</u></li> <li><u>Calm</u></li> <li><u>Supporting our NHS people</u></li> <li><u>The Hub :: Black Country Healthcare NHS Foundation Trust</u></li> </ul>
Practice Transformation	Roadmaps to Practice
Future of NHS / General Practice	<ul> <li>Public perceptions of the NHS and social care: performance, policy and expectations</li> <li>NHS Discharge Forum 2022</li> <li>NHS England » GP Contract</li> <li>NHS Long Term Plan » Online version of the NHS Long Term Plan</li> <li>Young people are the future: how can recruiters encourage more of them to join the NHS workforce?</li> <li>My Planned Care NHS</li> <li>Coronavirus » Delivery plan for tackling the COVID-19 backlog of elective care</li> <li>Pandemic is a wake-up call: Lords Committee calls for new approach to resilience and wellbeing</li> <li>NHS Backlogs and waiting times</li> </ul>
ICS / PCN	<ul> <li><u>Recommendations for Integrated Care Systems</u></li> <li><u>Clinical commissioning groups: transferring the legacy into learning</u></li> </ul>
QOF / PHOF / DES / LES	<ul> <li><u>NHS England » Commissioning for Quality and Innovation (CQUIN): 2022/23</u></li> <li><u>The General Medical Services Statement of Financial Entitlements (Amendment) Directions</u> 2022</li> </ul>



Leadership	Leadership Academy	
	Personalised Care	
Personalised Care / Self Care / Social Prescribing / Health Coaching	<ul> <li><u>Self Care forum</u></li> <li><u>Personalised Care Institute</u></li> <li><u>Personalised care</u></li> <li><u>Social Prescribing Academy</u></li> <li><u>Self Care Forum Newsletter</u></li> </ul>	
Group consulation		
Working Differently		
Shared Decision Making		
	Equality & Diversity	
Equality & Diversity	Public Health Profiles	
Inclusion Health	Health Creation Academic Network	
Poverty / Homelessness	<ul> <li><u>Crisis</u></li> <li><u>This is Poverty</u></li> </ul>	
Population Health	Pandemic is a wake-up call: Lords Committee calls for new approach to resilience and wellbeing	
Thrive Into Work	<ul> <li><u>Thrive into Work</u></li> <li><u>Thrive into Work Referral form</u></li> </ul>	
Health Inequalities	<ul> <li>Ideas that change health and care</li> <li>Health Creation: How can Primary Care Networks succeed in reducing health inequalities?</li> <li>Equity and endurance: how can we tackle health inequalities this time?</li> <li>Building public understanding of health and health inequalities</li> </ul>	
Trans / Non-binary Health / LGBTQ+	<ul> <li><u>LGBT Foundation</u></li> <li><u>NHS population screening: information for trans and non-binary people</u></li> <li><u>Cervical screening for trans men and/or non-binary people</u></li> <li><u>Interim report – Cass Review</u></li> </ul>	



Migrant / Refugee Health	THE REFUGEE & MIGRANT CENTRE		
Traveller / Gypsy / Romany Health			
Veterans Health	<u>The first call for help takes courage</u>		
	Management of Emergency Situations		
Management of Emergency Situations	<u>The updated National Early Warning Score and its use with suspected Sepsis</u>		
111			
Red Flags	<u>Supporting general practice – Common pitfalls</u>		
Sepsis	<ul> <li>Sepsis: recognition, diagnosis and early management</li> <li>Sepsis guidance implementation advice for adults</li> <li>Sepsis in Children</li> <li>Sepsis Trust</li> <li>RCGP: Sepsis</li> <li>quick SEPSIS RELATED ORGAN FAILURE ASSESSMENT</li> </ul>		
Therapeutic Monitoring			
OSCE	<ul> <li><u>Geeky Medics</u></li> <li><u>Abdominal Examination - Demonstration - YouTube</u></li> <li><u>Cardiovascular Examination - Demonstration - YouTube</u></li> <li><u>Respiratory Examination - Demonstration - YouTube</u></li> <li><u>Physical Diagnosis Skills - University of Washington School of Medicine</u></li> </ul>		



	Role Specific	
Cervical Cytology	<ul> <li><u>Guide to the interim assessment</u></li> <li><u>British Association for Cytopathology</u></li> <li><u>Lab Tests Online</u></li> </ul>	
Ear Care	<ul> <li>Ear Care Centre</li> <li>RNID</li> <li>The health and social care approach to winter</li> </ul>	
Wound Management	<ul> <li><u>Microworld</u></li> <li><u>Tissue Viability Society</u></li> <li><u>The BLS</u></li> <li><u>Fast Five Quiz: Tick Bites</u></li> <li><u>Wound Care Today - Event 2022</u></li> <li><u>Burns (burn) with paraffin-containing and paraffin-free emollients</u></li> </ul>	
Minor Surgery		
Obtaining Samples / Results	Lab Tests Online	
Health Promotion / Health Screening		
Health Promotion / Population Health	<ul> <li><u>Better Health</u></li> <li><u>EXi App</u></li> </ul>	
Health Screening	PHE Screening	
PHE/OHID	<ul> <li>Knowledge &amp; Library Services</li> <li>Campaign Resources</li> <li>Public Health Profiles</li> <li>Health Publications</li> <li>Health Profile for England 2021</li> </ul>	
NHS Health Check	<u>NHS Health Check</u>	



NOIDS / PHE Surveillance / Syndromic Surveillance	Notifications of infectious diseases (NOIDs)
Addiction/Smoking	<ul> <li><u>Drink Coach</u></li> <li><u>Stop smoking interventions and services</u></li> <li><u>Top NHS clinicians demand new 'addiction levy' on gambling industry</u></li> </ul>
	Immunisation / Travel Health
<ul> <li><u>Vaccinations and infections</u></li> <li><u>Joint Committee on Vaccination and Immunisation</u></li> <li><u>Immunisation against infectious disease</u></li> <li><u>West Midlands Immunisation Service</u></li> <li><u>Immunisation information for Health Care Services within the West Midlands area</u></li> <li><u>Vaccination of individuals with uncertain or incomplete immunisation status</u></li> <li><u>WHO vaccine-preventable diseases: monitoring system. 2020 global summary</u></li> <li><u>The Foundations of Immunization: What, Who, When and Why?</u></li> <li>Winter Vaccination - Prime phase: Social Media content calendar and assets - 2021</li> </ul>	
Flu	<ul> <li>Flu and flu vaccinations</li> <li>The national influenza immunisation programme 2021 to 2022</li> <li>Flu vaccines for the 2021 to 2022 season poster</li> <li>Appendix C: Flu vaccinator competency assessment tool</li> <li>Healthcare assistants and flu vaccinations</li> <li>Flu Campaign Resources 2021/22</li> <li>National flu and COVID-19 surveillance reports published</li> </ul>



	Continuation of Immunisation / Travel Health
Covid Vaccine	<ul> <li><u>Greenbook COVID-19 chapter 14a</u></li> <li><u>Updates made to the COVID-19 vaccination elearning programme</u></li> <li><u>HEE e-LfH COVID-19 vaccination programme launches hit 2 million</u></li> <li><u>COVID-19 Vaccine Moderna e-learning now available</u></li> <li><u>GP COVID-19 vaccine dashboard</u></li> <li><u>Coronavirus (COVID-19) vaccines adverse reactions</u></li> <li><u>COVID-19 vaccination: resources for children and young people aged 12 to 17 years</u></li> <li><u>The Covid-19 vaccination programme</u></li> <li><u>JCVI updates advice on vaccinations for 5 to 11 age group</u></li> <li><u>Coronavirus » Next steps for the NHS COVID-19 vaccination programme planning and delivery</u></li> <li><u>Tell the NHS about coronavirus (COVID-19) vaccinations you've had abroad</u></li> <li><u>Coronavirus » Enhanced Service specification: COVID-19 vaccination</u></li> <li><u>NHS England » NHS bookings open for Spring boosters</u></li> </ul>
Children	
Adults	<ul> <li>Immunisation patient group direction (PGD) templates</li> <li>Shingles immunisation programme: introduction of Shingrix® letter</li> </ul>
Vaccine Update	<ul> <li><u>Vaccine update</u></li> <li><u>Vaccine Update Index</u></li> </ul>
PGD	
Travel Health	<ul> <li>Travel Health Pro</li> <li>Fit for Travel</li> <li>Travel Health</li> <li>Jane Chiodini</li> <li>Corona.Help</li> <li>RCN and NaTHNaC 5th Joint Travel Health Conference</li> </ul>



Mental Health / Learning Disability / Disability	
Mental Health	<ul> <li>Mental Health</li> <li>Mental Health UK</li> <li>Mind</li> <li>Place2b</li> <li>Rethink Mental Illness</li> <li>Young Minds</li> <li>Every Mind Matters</li> <li>Calm</li> <li>Headspace</li> <li>We Can Talk</li> <li>Get Your Mind Plan</li> <li>Feeling low?</li> <li>Better Health - Every Mind Matters - Resources</li> <li>ZSA Training</li> <li>Psychiatry - Medscape</li> </ul>
Learning Disability	<ul> <li>Learning Disabilities</li> <li>Learning Disability England</li> <li>Mencap</li> <li>Bild</li> <li>Autism</li> </ul>
Disability	<ul> <li>Disability Rights UK</li> <li>Disability Matters</li> <li>Disabled children and young people up to 25 with severe complex needs: integrated service delivery and organisation across health, social care and education</li> </ul>



From Cradle to	
Infant Health	<ul> <li><u>Tommys</u></li> <li><u>First Steps Nutrition Trust</u></li> <li><u>Bliss</u></li> <li><u>NHS App - Baby Buddy</u></li> <li><u>NHS App - Peanut</u></li> <li><u>ICON Toolkit</u></li> <li><u>NICE publishes comprehensive quality standard designed to improve the diagnosis and assessment of fetal alcohol spectrum disorder</u></li> </ul>
Child Health	<ul> <li><u>Unicef</u></li> <li><u>Health Professional Academy</u></li> <li><u>Premature Babies</u></li> <li><u>Child and Maternal Health</u></li> <li><u>Women and Child First</u></li> <li><u>Child Health Information Services</u></li> <li><u>Place2b</u></li> <li><u>Childhood eczema</u></li> <li><u>Childhood asthma</u></li> <li><u>Childheat Commissioner - The Big Answer</u></li> <li><u>Suicide in Children and Young People</u></li> <li><u>Gender Identity - Interim report – Cass Review</u></li> <li><u>Child Health Academy I Online Courses &amp; Training</u></li> <li><u>Disabled children and young people up to 25 with severe complex needs: integrated service delivery and organisation across health, social care and education</u></li> <li><u>Tackle chickenpox in 60 seconds</u></li> </ul>
Adolescent Health	<ul> <li>Adolescent Health Programme</li> <li>Society for Adolescent Health and Medicine</li> <li>Young Minds</li> <li>Engaging young people in health services research and service design: a new look at ethical issues</li> </ul>



Mens Health	<ul> <li>Mens Health Forum</li> <li>Mens Health Month</li> <li>Mens health.org</li> <li>Mens Health UK</li> <li>Men and mental health</li> <li>Men's Mental Health Awareness</li> <li>Prostate Cancer UK</li> <li>Orchid Fighting Male Cancer</li> <li>Prostate Cancer UK Facebook Page</li> <li>Men's Voices Event</li> <li>Movember</li> <li>Navigating the Patient Journey and Understanding Ongoing Challenges in Metastatic Hormone-Sensitive Prostate Cancer</li> </ul>
Women's Health	<ul> <li>Womens Health Concern</li> <li>Well Being of Women</li> <li>Coppa Feel</li> <li>Menopause Matters</li> <li>The Menopause Charity</li> <li>Royal College of Obstetricians and Gynaecologists - Guidelines</li> <li>Pelvic Partnership</li> <li>CRUK - Womens Cancer</li> <li>Breast Cancer Now</li> <li>Foundation for Women's Cancer</li> <li>Eve Appeal</li> <li>Ovarian.Org</li> <li>Jo's Trust</li> <li>Well Spring</li> <li>Download Report   Womens Health Agenda</li> <li>GPnotebook focus on women's health</li> </ul>
The Older Population	<ul> <li><u>BGS</u></li> <li><u>Ageing Better</u></li> </ul>
Young Carers	
Complex Needs	



Carers / Social Care / Care Homes	<ul> <li><u>The Care Provider Alliance</u></li> <li><u>Skills for Care</u></li> <li><u>The Care Workers' Charity</u></li> <li><u>Supporting Adult Carers</u></li> <li><u>Social care 360</u></li> <li><u>Two thirds of carers do not see lower standards of care during the COVID-19 crisis as acceptable</u></li> <li><u>Adult Social Care Update</u></li> <li><u>NHS England » Case study: providing rapid care to people in their own home rather than going to hospital, through a frailty virtual ward in Leeds</u></li> </ul>	
Family Planning & Sexual Health		
Family Planning	Faculty of Sexual and Reproductive Healthcare Education and Training	
Reproductive	• <u>Tommys</u>	
Sexual Health / Sexual Abuse	<ul> <li><u>Sexual and Reproductive Health Profiles</u></li> <li><u>FSRH Education &amp; Training</u></li> </ul>	
Maternity / Neonate health		
Care of Patients with Long Term Conditions		
LTC	<u>Chronic Conditions On Demand</u>	
Diabetes & Pre-Diabetes	<ul> <li>AZ Medical and Educational Goods and Services in Diabetes</li> <li>Mumoactive</li> <li>The mySugr App</li> <li>Foot Check</li> <li>NICE - algorithm for management of glycaemia (glucose) in type 2 diabetes</li> <li>PCDS Question Time - NG28- Nice Guidance</li> <li>Diabetes Education Update: 9 Care Processes and 3 Treatment Targets Tickets, Multiple Dates   Eventbrite</li> <li>FREE eLearning on Diabetes</li> </ul>	
Respiratory	<ul> <li>Spirometry: step by step</li> <li>ARTP</li> <li>British Lung Foundation</li> <li>The Primary Care Respiratory Society</li> <li>Our top tips for great sleep</li> <li>Particulate air pollution: effects on mortality</li> </ul>	



	Continuation of Long Term Conditions	
COPD	<u>Right Breathe</u>	
Asthma	<ul> <li>FeNO - Fractional exhaled nitric oxide - for the diagnosis and management of Asthma</li> <li>Asthma UK</li> <li>Asthma: diagnosis, monitoring and chronic asthma management</li> <li>GINA 2021: the missing pieces in the childhood asthma puzzle</li> <li>GINA: Interim Guidance About COVID-19 &amp; Asthma</li> <li>Diven's fight for breath</li> </ul>	
Hypertension	<ul> <li>British Heart Foundation</li> <li>Blood Pressure UK</li> <li>Hypertension in adults: diagnosis and management</li> <li>Hypertension in adults: diagnosis and treatment</li> </ul>	
CVD/AF	<ul> <li><u>QRISK®3-2018 risk calculator</u></li> <li><u>Heart Rhythm Alliance</u></li> <li><u>CVD risk assessment and management</u></li> <li><u>Health matters: preventing cardiovascular disease</u></li> <li><u>Benecol Healthcare Professional Newsletter</u></li> <li><u>Cholesterol management – A scientific case study based approach – CMB TV On Demand</u></li> <li><u>Cardiovascular Masterclass Series - Password: CVM2022</u></li> </ul>	
Heart Failure	<ul> <li>British Heat Foundation</li> <li>British Society Guidelines</li> <li>Your Free Invite in association with the BJC</li> </ul>	
Cancer / Oncology	<ul> <li>Surviving Thyroid Cancer</li> <li>Help Us Help You - Lung Cancer Symptoms</li> <li>Becca Breast Cancer Support App</li> <li>Breast Cancer Now</li> <li>MoleCare App</li> <li>Macmillian</li> <li>Next-Generation BTK Inhibitors for B-cell Malignancies: Improving on the Past</li> <li>NHS England » NHS fast tracks new 'gamechanging' drug for lung cancer</li> <li>NHS England » Life-extending injection for blood cancer available on the NHS</li> <li>Navigating the Patient Journey and Understanding Ongoing Challenges in Metastatic Hormone- Sensitive Prostate Cancer</li> </ul>	



Continuation of Long Term Conditions	
Chronic Kidney Disease	<ul> <li><u>Kidney.Org</u></li> <li><u>Kidney Quality Improvement Partnership</u></li> </ul>
Liver Disease	<ul> <li>British Liver Trust</li> <li>Liver Research</li> <li>BRITISH ASSOCIATION FOR THE STUDY OF THE LIVER</li> <li>LIVERNORTH</li> <li>LIVER DISEASE AND CIRRHOSIS</li> </ul>
Blood Disorders	<ul> <li>Blood Cancer</li> <li>Thalassaemia</li> <li>ITP</li> <li>Haemophilia</li> <li>UK MDS Forum</li> <li>Save a life. Give plasma.</li> <li>Diagnosis and management of pernicious anaemia</li> <li>Haemochromatosis UK</li> </ul>
G.I	<ul> <li><u>GIST Cancer UK</u></li> <li><u>Overview   PredictSURE IBD and IBDX to guide treatment of Crohn's disease</u></li> </ul>
ENT	
G.U	
Neurological Conditions	<ul> <li><u>The Brain Tumour Charity</u></li> <li><u>Narcolepsy.Org</u></li> <li><u>ACNR</u></li> </ul>
Musculoskeletal Conditions	<ul> <li><u>Rheumatology</u></li> <li><u>National Axial Spondyloarthritis Society</u></li> <li><u>Musculoskeletal health</u></li> <li><u>Musculoskeletal health</u>: 5 year prevention strategic framework</li> <li><u>Faculty of Occupational Medicine</u></li> <li><u>Overview   GaitSmart assessment and vGym personalised exercise rehabilitation programme for people with gait and mobility issues</u></li> <li><u>Overview   AposHealth for knee osteoarthritis</u></li> <li><u>Overview   Upadacitinib for treating active psoriatic arthritis after inadequate response to DMARDs</u></li> <li><u>Rheumatology - Medscape</u></li> </ul>



Continuation of Long Term Conditions	
Endocrine Disorders / Metabolic Disorders	<ul> <li>Endocrinology</li> <li>Turner Syndrome Support Society</li> <li>Thyroid Eye Disease</li> <li>British Thyroid Foundation</li> <li>Thyroid UK</li> <li>Pituitary</li> <li>Addisons Disease</li> <li>Parathyroid UK</li> <li>The Royal Osteoporosis Society</li> <li>Metabolic Support UK</li> </ul>
Frailty	<ul> <li><u>Recognising frailty</u></li> <li><u>Identifying frailty</u></li> <li><u>CLINICAL FRAILTY SCALE</u></li> <li><u>NHS England » Case study: supporting people living with frailty in Hull and East Riding</u></li> <li><u>NHS England » Case study: providing rapid care to people in their own home rather than going to hospital, through a frailty virtual ward in Leeds</u></li> </ul>
Dementia	<ul> <li><u>Dementia UK</u></li> <li><u>Understanding dementia</u></li> <li><u>My House of Memories - NHS App</u></li> <li><u>Dementia profile updates</u></li> <li><u>Caring for Carers Dementia Support Group (Tuesdays)</u></li> <li><u>Delirium Champions</u></li> </ul>
Allergy / Auto-immune / Genetic Conditions	<ul> <li><u>Allergy UK</u></li> <li><u>Rheumatology</u></li> <li><u>Addisons Disease</u></li> </ul>



Continuation of Long Term Conditions	
Dermatology	<ul> <li>British Association of Dermatologists</li> <li>Eczema</li> <li>The British Skin Foundation</li> <li>Acne vulgaris: management</li> <li>The Primary Care Dermatology Society</li> <li>Acne.org</li> <li>Allergy UK</li> <li>Urticaria</li> <li>Hives</li> <li>Sunburn</li> <li>Causes of cancer and reducing your risk</li> <li>What is Rosacea?</li> <li>Rosecea</li> <li>Herpes.org</li> <li>Shingles</li> <li>Eungal Skin Infection - Foot</li> <li>The Psoriasis Association</li> <li>Psoriasis</li> <li>Melanoma</li> <li>Skin Health Information</li> <li>British Association of Plastic Reconstructive and Aesthetic Surgeons</li> <li>Warts and verrucae</li> <li>The Immunopathogenesis of Vitiligo</li> </ul>
Obesity	Obesity UK
Pain Management	Pain Concern     UK career framework for pain nurses
Genomics	New UK-wide ambitions to accelerate genomic research and drive innovation in healthcare



Continuation of Long Term Conditions			
Multi-Morbidity	<ul> <li><u>Multimorbidity</u></li> <li><u>Multimorbidity / multiple long-term conditions (MLTC)</u></li> </ul>		
Minor Illness / First Contact Assessment			
Other / Case Studies	<ul> <li><u>Ultra Rare Disease Disorders And Disabilities Foundation</u></li> <li><u>MyCognition Home - NHS App</u></li> <li><u>The Cold Weather Plan for England</u></li> <li><u>BOOK NOW for Chronic Conditions Month 2022</u></li> </ul>		
End of Life Care			
End of Life Care	<ul> <li><u>ReSPECT for healthcare professionals</u></li> <li><u>Hospice UK</u></li> </ul>		
	Covid-19		
Covid-19	<ul> <li><u>Covid Live</u></li> <li><u>Coronavirus Statistics</u></li> <li><u>Two years on: How has the coronavirus (COVID-19) pandemic changed people's daily lives?</u></li> </ul>		
Long Covid	<ul> <li>Supporting your recovery after COVID-19</li> <li>Long Covid Toolkit</li> <li>Long term effects of COVID (Long COVID)</li> <li>Post-COVID Syndrome (Long COVID)</li> <li>COVID-19 Yorkshire Rehabilitation Screening Tool</li> <li>FOM Guidance</li> <li>Supporting colleagues affected by Long COVID</li> </ul>		
Covid Response / Recovery			



News & Views	
Digital News / Remote Consultations	<ul> <li>Digital Health News Webinars</li> <li>Digital Health News</li> <li>NHS Digital</li> <li>Digital Health Networks Newsletter: 21 March 2022</li> <li>Digital Boards Two Years On</li> </ul>
PSNC News / Pharmacy	<ul> <li>National Pharmacy Association</li> <li>Royal Pharmaceutical Society</li> <li>PSNC Concessions Announcement</li> <li>18th March</li> <li>21st March</li> <li>23rd March</li> </ul>
60 Second GP / Pulse / GP Online / HSJ / NB Medical	<ul> <li><u>60 Second GP</u></li> <li><u>GP Online</u></li> <li><u>HSJ</u></li> <li><u>Pulse Today</u></li> </ul>
Primary Care Update / PCC / PPP	<ul> <li><u>Primary Care Bulletin</u></li> <li><u>Public Policy Projects News</u></li> </ul>
Practice Index	Practice Index Weekly
Kings Fund	<ul> <li><u>The Kings Fund</u> <u>Weekly News</u> / <u>Health Management and Policy Alert</u> / <u>Health and Well Being Bulletin</u> / <u>Digital Health Digest</u></li> <li><u>Ideas that change health and care</u></li> </ul>
IHCT / CCG / STP / Healthier Futures	<ul> <li><u>Healthier Futures</u></li> <li><u>Black Country &amp; West Birmingham CCG</u></li> <li><u>Dudley Integrated Health and Care</u></li> <li><u>Home :: Black Country Healthcare NHS Foundation Trust</u></li> </ul>



	Continuation News & Views
NHSI / NHSE	
University / Student Nurses	
Medisa / Univadis / Geeky Medics / GP Notebook / Medscape	<ul> <li>Univadis Newsletter</li> <li>Univadis Nurses Headlines</li> <li>Medisa</li> <li>Geeky Medics</li> <li>Medscape Nurses</li> <li>GP Notebook</li> <li>Practice-changing updates from GPnotebook: March 2022</li> <li>Latest podcast episodes from GPnotebook</li> </ul>
The Health Foundation	<ul> <li><u>The Health Foundation</u></li> <li><u>Do patients prefer online consultations in general practice?</u></li> <li><u>How can the UK COVID-19 Inquiry bring about meaningful change?</u></li> <li><u>Building public understanding of health and health inequalities</u></li> </ul>
The Health Care Leaders Update	Health Care Leader News
Innovation Agency	Innovation Agency Exchange
RCN	<ul> <li><u>RCN</u></li> <li><u>RCN and NaTHNaC 5th Joint Travel Health Conference</u></li> <li><u>Legal update: unfair dismissal after vaccine refusal?</u></li> <li><u>Legal update: protection for those taking part in trade union activities</u></li> <li><u>NHS mileage rates: Chancellor must act to protect patients</u></li> <li><u>RCN Congress 2022: booking now open with exciting agenda</u></li> <li><u>RCN members talk, health secretary listens</u></li> <li><u>Raising concerns toolkit</u></li> <li><u>Campaigning for nursing on the issues that matter to members</u></li> <li><u>'I want members to know that we're listening'</u></li> <li><u>Nursing Matters podcast</u></li> <li><u>Apply for a Deliveroo-RCN Foundation NHS education grant</u></li> <li><u>RCN Brief Spiritual Care Survey 2022 (UK)</u></li> <li><u>RCN Education Forum Conference and Exhibition</u></li> </ul>



Continuation News & Views	
Nursing in Practice / Nursing Standard / Independent Nurse	<ul> <li><u>Nursing Times</u></li> <li><u>GPN Bulletin</u></li> <li><u>Independent Nurse Magazine</u></li> <li><u>Practice Nursing</u></li> <li><u>Practice Nursing Highlights</u></li> </ul>
QNI	<ul> <li><u>QNI</u></li> <li><u>Educational Grants – The Queen's Nursing Institute</u></li> <li><u>Queen's Nurse Annual Meeting 2022 – The Queen's Nursing Institute</u></li> </ul>
NMC	• <u>NMC</u>
CMO / CNO	
World Health Organisation	• <u>WHO</u> • <u>OpenWHO</u>
Nice	• <u>NICE</u>
RCGP / BMA / The Lancet	<ul> <li><u>The Lancet</u></li> <li><u>British Medical Journal</u></li> <li><u>Royal College of General Practitioners</u></li> <li><u>QOF QI hub</u></li> <li><u>BMA Update</u></li> <li><u>FREE eLearning on Diabetes</u></li> </ul>
Midlands Academic Health Science Network	<u>WMAHSN Network</u>
Healthwatch	• <u>Healthwatch</u>
Other	



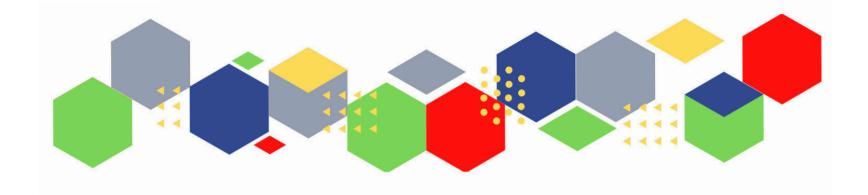
Free Training / Webinars / Meetings / CPD	
e-Learning for Health	<ul> <li>New elearning session highlights dermatological side effects of COVID-19</li> <li>New COVID-19 community contact tracing programme now available</li> <li>Staff Recovery Resources for critical care and the wider health workforce recovering from the COVID-19 pandemic</li> <li>MindEd infographic highlights programme's success during COVID-19</li> <li>Long COVID elearning session available</li> <li>The Changing Story of Cancer programme</li> <li>Updates to the Flu Immunisation elearning programme for the 2021/22 flu season</li> <li>Flu Immunisation programme - elearning</li> <li>Foundation elearning programme update September 2021</li> </ul>
Eventbrite	<ul> <li><u>Understanding Mental Health To Better Understand Young People And You</u></li> <li><u>What's Stress Costing You? Take Health Beyond Conventional Medicine-Birming Tickets,</u> <u>Multiple Dates</u></li> <li><u>Wounds on Thursdays</u></li> </ul>
YouTube	• <u>NHS England</u>
Blogs/Vlogs	<ul> <li>How well do vaccines protect against Omicron? What the data shows</li> <li>A career in science - past, present and future</li> <li>Changing the COVID-19 Case Definition</li> <li>Reporting the vital statistics - how data management has been central to the handling of the pandemic - UK Health Security Agency</li> <li>Reflecting on a year responding to COVID-19</li> <li>Let's talk about ethics review - Health Research Authority</li> <li>Monitoring the Mental Health Act in 2020/21   by Care Quality Commission</li> </ul>
Area Bulletins	
BCWB Training Hub	Black Country and West Birmingham Training Hub
Evidence based care	• <u>Home - aomrcebi</u>



Delivering tomorrow's healthcare		
Continuation of Free Training / Webinars / Meetings / CPD		
Development / Information and Knowledge	<ul> <li>FutureProof Health Training &amp; Events</li> <li>RCN Events - West Midlands</li> <li>Inaugural Broadcasts 2021</li> <li>Menopause Training</li> <li>RCGP Learning</li> <li>Deep Dive on DPP-4 Inhibitors</li> <li>Bringing people together to share knowledge - Virtual Conferences</li> <li>ADVANCE CARE PLANNING</li> <li>IDENTIFYING &amp; MANAGING A DYING PATIENT</li> <li>Monthly RCGP Post-Covid Syndrome (Long Covid) Training Session</li> <li>FREE eLearning on influenza</li> <li>Guidelines Live</li> <li>Thrive in Life: Enjoying Post Cancer Happiness - Birmingham Tickets, Multiple Dates   Eventbrite</li> <li>Senior Mental Health Lead Training</li> <li>Celebrating World Diabetes Day - Living with Diabetes Q&amp;A Webinar</li> <li>Ask Marc Launch Event</li> <li>GP Notebook Study Groups</li> <li>Time for Care Programme/Access Improvement Programme</li> <li>A JWC Masterclass on Bovine Dermal Scaffolds</li> <li>Digital Nursing Summit   Secure your place</li> <li>Primary Care Nursing Live</li> <li>Cardiovascular Masterclass Series - Password: CVM2022</li> <li>PCN and Practice Manager Development Programme</li> <li>Diabetes Education Update: 9 Care Processes and 3 Treatment Targets Tickets, Multiple Dates; Multiple Dates</li> </ul>	
Free to RCN	<ul> <li><u>RCN North Staffordshire Learning Event: Sepsis in the context of the waning COVID-19 pandemic</u></li> <li><u>RCN Herefordshire Learning Event: An introduction to genomics in health care - how relevant is it to nursing?</u></li> <li><u>RCN Birmingham East, North and Solihull branch meeting</u></li> <li><u>RCN North Staffordshire Learning Event: Adapting and adopting – the Staff Support &amp; Counselling Service</u></li> <li><u>RCN Birmingham East, North and Solihull Learning Event: When health, safety and patient care crosses into the Coroner's Court process</u></li> <li><u>RCN North Staffordshire Learning Event: A wound care update and the WAPU app</u></li> </ul>	



Continuation of Free Training / Webinars / Meetings / CPD	
Podcasts	<ul> <li>The Nursing Handover Podcast</li> <li>Nursing Standard Podcasts</li> <li>What Makes a Nurse?</li> <li>The MedicsPro Podcast</li> <li>Nursing Matters</li> <li>Welcome to the BJN Podcast</li> <li>Why we care</li> <li>EBN podcast</li> <li>This Is Nursing</li> <li>Maroon Mindset</li> <li>Teach me, I'm a Nurse</li> <li>Past Caring</li> <li>RCGP eLearning podcast</li> <li>The BMJ Podcast</li> <li>Primary Care Network podcasts</li> <li>The Professional Support Unit's Pandemic Podcast</li> <li>How can public health nurses help deliver the Healthy Child Programme this winter?</li> <li>Talking GP</li> </ul>
Research	<ul> <li><u>Science Daily</u></li> <li><u>Multimorbidity / multiple long-term conditions (MLTC)</u></li> <li><u>Funding bodies launch consultation on future research assessment</u></li> </ul>
Freebies	Blue Light Card
Other	



Thank you for reading Future Proof Health's weekly news! If you missed past issues, please click <u>here</u> to view them More information can be found on our website, <u>here</u> Don't forget to like us on <u>Facebook</u> & Follow us on <u>Twitter</u>

