



Future Proof Health Presents

Weekly News

11th November 2021





	Delivering tomorrow's healthcare	
	Communication	
Communication with Patients		
Communication within Teams		
Consent	 <u>Gillick competency and Fraser guidelines</u> <u>CONSENT POLICY</u> <u>ReSPECT for healthcare professionals</u> 	
	People and Personal Development	
Personal / People Development / Leadership	<u>Accountability and delegation in practice</u>	
NHS Employers / HR / NHS Pension	 <u>NHS Employers</u> <u>Pensions Online</u> <u>Autumn Budget and Spending Review 2021</u> 	
	Health, Safety & Security	
 <u>NPSA</u> <u>Control of Substances Hazardous to Health (COSHH)</u> <u>Weekly Digest: your health and safety news and guidance</u> 		
Gov UK - Health Security		
CQC	 <u>GP mythbusters</u> <u>Examples of outstanding practice for GPs</u> <u>This communication has been sent by the Care Quality Commission on behalf of the Department of Health and Social Care</u> 	
Vaccines / Medications / Prescribing	 Protocol for ordering, storing and handling vaccines A Competency Framework for all Prescribers Non-medical prescribing The Human Medicines Regulations 2012 RCN - Non-medical prescribers Royal Pharmaceutical Society Standards for prescribing Clinical Negligence Scheme for General Practice National overprescribing review report Non-medical prescribing – change in notification process 	



MIMS	Prescribing Update	
Antibiotic steward-ship / Anti-microbial resistance	Antibiotic awareness: toolkit for healthcare professionals in England	
Drug / Device Alerts (MHRA)		
Emergency Situations	 <u>The updated National Early Warning Score and its use with suspected Sepsis</u> <u>Resuscitation Council UK</u> 	
Infection Control / Infection Statics		
Safe Guarding	 Female genital mutilation (FGM) PREVENT Child protection system in the UK Safeguarding Adults Safeguarding children: detailed information 	
Practice Policies		
Audit		
Information Governance / Record Keeping	 <u>Guide to Data Protection</u> <u>Supporting general practice – Medical record keeping</u> <u>Better nursing records for better nursing care</u> 	
Quality & Service Improvement		
Quality, Service & Improvement	 <u>The PRSB</u> <u>General Practice Assessment Questionnaire (GPAQ)</u> <u>Healthwatch</u> <u>NHS Five Year Forward View</u> <u>General Practice Forward View</u> <u>NMC</u> <u>Dr Jon Griffiths</u> <u>NHS Confed</u> <u>Update to the GP Contract agreement 2020/21 - 2023/24</u> 	



Roles in General Practice	 <u>Standards for nursing associates</u> <u>GP mythbuster 57: Health Care Assistants in General Practice</u>
Revalidation	
Personal Practice & Development	
Practice Management	 Institute of General Practice Management Practice Index
NHS Self Care & Resilience	 <u>Samaritans</u> <u>Mental Health at work</u> <u>Calm</u> <u>Supporting our NHS people</u> <u>NHS health and wellbeing framework</u> <u>Staff are the most important thing in the NHS</u> <u>Self Care Week Badges – Order Now</u>
Practice Transformation	
ICS / PCN	Have integrated care programmes reduced emergency admissions?
QOF / PHOF / DES / LES	Investment and Impact Fund 2021/22: Updated Guidance
Leadership	Leadership Academy
	Personalised Care
Personalised Care / Self Care / Social Prescribing / Health Coaching	 <u>Self Care forum</u> <u>Personalised Care Institute</u> <u>Personalised care</u> <u>Social Prescribing Academy</u> <u>Recap: October's Partnership Scheme event</u> <u>Developing an information standard for Social Prescribing Survey</u> <u>Self Care Forum Newsletter - November</u>
Group consulation	
Working Differently	PRSB People Network event a success



	Equality & Diversity
Equality & Diversity	Public Health Profiles
Inclusion Health	Health Creation Academic Network
Poverty / Homelessness	 <u>Crisis</u> <u>This is Poverty</u> <u>MEASURING POVERTY</u>
Population Health	Population Health Digital Toolkit
Thrive Into Work	 <u>Thrive into Work</u> <u>Thrive into Work Referral form</u>
Health Inequalities	 <u>Social Determinants of Health</u> <u>Health Inequalities - Social Determinants of Health Film (Glasgow)</u>
Trans / Non-binary Health / LGBTQ+	 <u>LGBT Foundation</u> <u>NHS population screening: information for trans and non-binary people</u> <u>Cervical screening for trans men and/or non-binary people</u>
Migrant / Refugee Health	<u>THE REFUGEE & MIGRANT CENTRE</u>
Traveller / Gypsy / Romany Health	
Veterans Health	<u>The first call for help takes courage</u>



	Management of Emergency Situations	
Management of Emergency Situations	 <u>The updated National Early Warning Score and its use with suspected Sepsis</u> <u>National Poisons Information Service (NPIS) annual report</u> 	
111	New campaign to help public get NHS advice quickly ahead of 'winter like no other'	
Red Flags	<u>Supporting general practice – Common pitfalls</u>	
Sepsis	 <u>Sepsis: recognition, diagnosis and early management</u> <u>Sepsis guidance implementation advice for adults</u> <u>Sepsis in Children</u> <u>Sepsis Trust</u> <u>RCGP: Sepsis</u> <u>World Sepsis Day 2021- HEE launches new Sepsis Awareness Resource video</u> 	
Therapeutic Monitoring		
OSCE	Geeky Medics	
	Role Specific	
Cervical Cytology	 <u>Guide to the interim assessment</u> <u>British Association for Cytopathology</u> <u>Lab Tests Online</u> 	
Ear Care	Ear Care Centre RNID	
Wound Management	 <u>Microworld</u> <u>Tissue Viability Society</u> <u>Best Practice, Leadership, Support</u> <u>Wounds Week - 6th-10th December</u> 	
Minor Surgery		
Obtaining Samples / Results	Lab Tests Online	



	Health Promotion / Health Screening
Health Promotion / Population Health	 <u>Better Health</u> <u>EXi App</u>
Health Screening	PHE Screening
PHE/OHID	 Knowledge & Library Services Campaign Resources Public Health Profiles Health Publications Health Profile for England 2021
NHS Health Check	 <u>NHS Health Check</u> <u>New pilot to help people eat better and exercise more</u>
NOIDS / PHE Surveillance / Syndromic Surveillance	 Notifications of infectious diseases (NOIDs) Syndromic surveillance: systems and analyses GP in hours: weekly bulletins for 2021 GP out-of-hours syndromic surveillance: weekly bulletins for 2021 National norovirus and rotavirus bulletins 2021 to 2022: management information
Addiction/Smoking	 <u>Drink Coach</u> <u>Stop smoking interventions and services</u>
Immunisation / Travel Health	
 <u>Vaccinations and infections</u> <u>Joint Committee on Vaccination and Immunisation</u> <u>Immunisation against infectious disease</u> <u>West Midlands Immunisation Service</u> <u>Immunisation information for Health Care Services within the West Midlands area</u> <u>Vaccination of individuals with uncertain or incomplete immunisation status</u> <u>WHO vaccine-preventable diseases: monitoring system. 2020 global summary</u> <u>The Foundations of Immunization: What, Who, When and Why?</u> <u>Winter Vaccination - Prime phase: Social Media content calendar and assets - 2021</u> Helping to tackle vaccine hesitancy 	

<u>Helping to tackle vaccine hesitancy</u>



Continuation of Immunisation / Travel Health	
Flu	 Flu and flu vaccinations The national influenza immunisation programme 2021 to 2022 Flu vaccines for the 2021 to 2022 season poster Appendix C: Flu vaccinator competency assessment tool Healthcare assistants and flu vaccinations Flu Campaign Resources 2021/22 Accessing government-secured flu vaccines: guidance for primary care 2021 to 2022
Covid Vaccine	 <u>Greenbook COVID-19 chapter 14a</u> <u>Updates made to the COVID-19 vaccination elearning programme</u> <u>HEE e-LfH COVID-19 vaccination programme launches hit 2 million</u> <u>COVID-19 Vaccine Moderna e-learning now available</u> <u>NHS delivers booster vaccine to half of eligible people aged 50 and over</u>
Children	
Adults	 Immunisation patient group direction (PGD) templates Shingles immunisation programme: introduction of Shingrix® letter
Vaccine Update	<u>Vaccine update</u> <u>Vaccine Update Index</u>
PGD	
Travel Health	 <u>Travel Health Pro</u> <u>Fit for Travel</u> <u>Travel Health</u> <u>Jane Chiodini</u> <u>Corona.Help</u>



Mental Health / Learning Disability / Disability	
Mental Health	 Mental Health Mental Health UK Mind Place2b Rethink Mental Illness Young Minds Every Mind Matters Calm Headspace We Can Talk Get Your Mind Plan Feeling low? Better Health - Every Mind Matters - Resources ZSA Training
Learning Disability	 Learning Disabilities Learning Disability England Mencap Bild Autism Identifying the key determinants of primary health care professionals behaviour towards providing health checks for autistic people
Disability	Disability Rights UK Disability Matters



Delivering tomorrow's healthcare	
	From Cradle to
Infant Health	 <u>Tommys</u> <u>First Steps Nutrition Trust</u> <u>Bliss</u> <u>NHS App - Baby Buddy</u> <u>NHS App - Peanut</u> <u>ICON Toolkit</u>
Child Health	 Unicef Health Professional Academy Premature Babies Child and Maternal Health Women and Child First Child Health Information Services Place2b Childhood eczema Childhood esthma Childrens Commissioner - The Big Answer Suicide in Children and Young People Under 16 Cancer Experience Survey Babies, children and young people's experience of healthcare Spotlight on the Early Years Update on lead exposure in children in England: 2020 cases COVID-19 Schools Infection Survey, pupil antibody data for Round 6, England: June 2021
Adolescent Health	 <u>Adolescent Health Programme</u> <u>Society for Adolescent Health and Medicine</u> <u>Young Minds</u>

FutureProof**Health**

Mens Health	 Mens Health Forum Mens Health Month Mens health.org Mens Health UK Men and mental health Men's Mental Health Awareness Prostate Cancer UK Orchid Fighting Male Cancer Prostate Cancer UK Facebook Page Men's Voices Event Movember
Women's Health	 Womens Health Concern Well Being of Women Coppa Feel Menopause Matters The Menopause Charity Royal College of Obstetricians and Gynaecologists - Guidelines Pelvic Partnership CRUK - Womens Cancer Breast Cancer Now Foundation for Women's Cancer Eve Appeal Ovarian.Org Jo's Trust Well Spring HRT reduces women's risk of early death, study finds
The Older Population	BGS Ageing Better



Carers	 <u>The Care Provider Alliance</u> <u>Skills for Care</u> <u>The Care Workers' Charity</u> <u>Supporting Adult Carers</u> <u>Adult Social Care Update</u> <u>Adult social care campaign to build bigger and better workforce</u> <u>State of Caring 2021</u>
Young Carers	<u>Carers, Young Carers and UPC Webinar</u>
Complex Needs	
	Family Planning & Sexual Health
Family Planning	Faculty of Sexual and Reproductive Healthcare Education and Training
Reproductive	• <u>Tommys</u>
Sexual Health	Sexual and Reproductive Health Profiles FSRH Education & Training
Maternity / Neonate health	
	Care of Patients with Long Term Conditions
LTC	<u>Chronic Conditions On Demand</u>
Diabetes & Pre-Diabetes	 AZ Medical and Educational Goods and Services in Diabetes Mumoactive The mySugr App Foot Check
Respiratory	 <u>Spirometry: step by step</u> <u>ARTP</u> <u>British Lung Foundation</u> <u>The Primary Care Respiratory Society</u> <u>Tuberculosis in England: annual report</u>
COPD	<u>Right Breathe</u>



Continuation of Long Term Conditions	
Asthma	 FeNO - Fractional exhaled nitric oxide - for the diagnosis and management of Asthma Asthma UK Asthma: diagnosis, monitoring and chronic asthma management GINA 2021: the missing pieces in the childhood asthma puzzle GINA: Interim Guidance About COVID-19 & Asthma
Hypertension	 British Heart Foundation Blood Pressure UK Hypertension in adults: diagnosis and management Hypertension in adults: diagnosis and treatment NHS offers home blood pressure checks to save thousands of lives
CVD/AF	 <u>QRISK®3-2018 risk calculator</u> <u>Heart Rhythm Alliance</u> <u>CVD risk assessment and management</u> <u>Health matters: preventing cardiovascular disease</u> <u>NICE impact cardiovascular disease prevention</u>
Heart Failure	 British Heat Foundation British Society Guidelines
Cancer / Oncology	 Surviving Thyroid Cancer Help Us Help You - Lung Cancer Symptoms Becca Breast Cancer Support App Breast Cancer Now MoleCare App Macmillian NICE draft guidance does not recommend tucatinib for advanced breast cancer Cancer patient under 16 survey
Chronic Kidney Disease	 <u>Kidney.Org</u> <u>Kidney Quality Improvement Partnership</u>
Liver Disease	 British Liver Trust Liver Research BRITISH ASSOCIATION FOR THE STUDY OF THE LIVER LIVERNORTH LIVER DISEASE AND CIRRHOSIS



Delivering tomorrow's healthcare Continuation of Long Term Conditions	
Blood Disorders	 <u>Blood Cancer</u> <u>Thalassaemia</u> <u>ITP</u> <u>Haemophilia</u> <u>UK MDS Forum</u> <u>Save a life. Give plasma.</u> <u>Diagnosis and management of pernicious anaemia</u>
G.I	GIST Cancer UK
ENT	
G.U	
Neurological Conditions	 <u>The Brain Tumour Charity</u> <u>Narcolepsy.Org</u> <u>ACNR</u>
Musculoskeletal Conditions	 <u>Rheumatology</u> <u>National Axial Spondyloarthritis Society</u> <u>Musculoskeletal health</u> <u>Musculoskeletal health</u>: <u>5 year prevention strategic framework</u> <u>Faculty of Occupational Medicine</u>
Endocrine Disorders / Metabolic Disorders	 Endocrinology Turner Syndrome Support Society Thyroid Eye Disease British Thyroid Foundation Thyroid UK Pituitary Addisons Disease Parathyroid UK The Royal Osteoporosis Society Metabolic Support UK



	Continuation of Long Term Conditions
Frailty	<u>Recognising frailty</u> <u>Identifying frailty</u> <u>CLINICAL FRAILTY SCALE</u>
Dementia	 <u>Dementia UK</u> <u>Understanding dementia</u> <u>My House of Memories - NHS App</u> <u>Dementia profile updates</u> <u>Supporting people with dementia and their carers</u>
Dermatology	 British Association of Dermatologists Eczema The British Skin Foundation Acne vulgaris: management The Primary Care Dermatology Society Acne.org Alergy UK Urticaria Hives Sunburn Causes of cancer and reducing your risk What is Rosacea? Rosecea Herpes.org Shingles Fungal Skin Infection - Foot The Psoriasis Association Psoriasis Melanoma Skin Health Information British Association of Plastic Reconstructive and Aesthetic Surgeons Warts and verrucae
Allergy / Auto-immune / Genetic Conditions	Allergy UK Rheumatology Addisons Disease



Continuation of Long Term Conditions	
Obesity	 <u>Obesity UK</u> <u>Weight Management Clinicians Webinar</u>
Pain Management	 <u>Pain Concern</u> <u>UK career framework for pain nurses</u>
Genomics	
Multi-Morbidity	 <u>Multimorbidity</u> <u>Multimorbidity / multiple long-term conditions (MLTC)</u>
Minor Illness / First Contact Assessment	
Other / Case Studies	 <u>Ultra Rare Disease Disorders And Disabilities Foundation</u> <u>MyCognition Home - NHS App</u> <u>The Cold Weather Plan for England</u>
End of Life Care	
End of Life Care	 <u>ReSPECT for healthcare professionals</u> <u>Hospice UK</u>
	Covid-19
Covid-19	 <u>Covid Live</u> <u>Coronavirus Statistics</u> <u>Consultation on extending free PPE to the health and care sector</u> <u>Move to lateral flow tests for travel begins today</u>
Long Covid	 Supporting your recovery after COVID-19 Long Covid Toolkit Long term effects of COVID (Long COVID) Post-COVID Syndrome (Long COVID) COVID-19 Yorkshire Rehabilitation Screening Tool FOM Guidance COVID-19-related outcomes in warfarin and DOAC users
Covid Response / Recovery	



Delivering tomorrow's healthcare News & Views	
Digital News / Remote Consultations	 Digital Health News Webinars Digital Health News Digital Health Rewired - 15th - 16th March Driving Patient Communication and Engagement Using Accessible Digital Tools NHS Digital Around half of people in England now have access to digital healthcare Clinician's guide to remote monitoring of patients with cardiovascular and respiratory conditions
PSNC News / Pharmacy	 National Pharmacy Association Royal Pharmaceutical Society PSNC 5th November PSNC 8th November PSNC 10th November
60 Second GP / Pulse / GP Online / HSJ / NB Medical	 <u>60 Second GP</u> <u>GP Online</u> <u>HSJ</u> <u>Pulse Today</u>
Primary Care Update / PCC / PPP	 <u>Primary Care Bulletin</u> <u>Public Policy Projects News</u>
Practice Index	Practice Index Weekly
Kings Fund	 <u>The Kings Fund</u> <u>Weekly News / Health Management and Policy Alert / Health and Well Being Bulletin / Digital Health Digest / Events Update</u> <u>Ideas that change health and care</u>
IHCT / CCG / STP / Healthier Futures	 <u>Healthier Futures</u> <u>Black Country & West Birmingham CCG</u> <u>Dudley Integrated Health and Care</u>
NHSI / NHSE	
University / Student Nurses	



	Continuation News & Views	
Medisa / Univadis / Geeky Medics / GP Notebook / Medscape	 <u>Univadis Newsletter</u> <u>Univadis Nurses Headlines</u> <u>Medisa</u> <u>Geeky Medics</u> <u>Medscape Nurses</u> <u>GP Notebook</u> <u>Latest UK Medical News & NHS Guidelines - Medscape UK</u> <u>Topical steroids withdrawal reactions</u> 	
The Health Foundation	 <u>The Health Foundation</u> <u>The Health Foundation Newsletter</u> <u>Have integrated care programmes reduced emergency admissions?</u> <u>A radical new vision for social care</u> <u>What does the Spending Review mean for the NHS, social care and public health?</u> 	
The Health Care Leaders Update	Health Care Leader News	
Innovation Agency	Innovation Agency Exchange	
RCN	 <u>RCN</u> <u>What do witches and nurses have in common?</u> <u>'It was about listening to what they needed and being their voice'</u> <u>Surviving a COVID coma</u> <u>Surviving challenging circumstances</u> <u>NHS pay in England: indicative ballot on industrial action opens on 4 November</u> <u>COP26: 'Climate change is a health emergency'</u> <u>RCN responds to latest Budget: 'Patient care is paying a heavy price'</u> 	
Nursing in Practice / Nursing Standard / Independent Nurse	 <u>Nursing in Practice Clinical</u> <u>Nursing in Practice Bulletin</u> <u>GPN Bulletin</u> <u>Independent Nurse Magazine</u> <u>Practice Nursing</u> <u>Practice Nursing New Website</u> <u>Upcoming CPD Webinars for Nurses</u> 	



Continuation News & Views	
QNI	• <u>QNI</u>
NMC	 <u>NMC</u> <u>'I believe it is essential we have the right protected titles'</u> <u>NMC given green light to explore changes to nurse education standards</u> <u>Newsletter for nurses and nursing associates</u>
CMO / CNO	
World Health Organisation	• <u>WHO</u> • <u>OpenWHO</u>
Nice	 <u>NICE</u> <u>NICE News October 2021</u> •
RCGP / BMA / The Lancet	 <u>The Lancet</u> <u>British Medical Journal</u> <u>Royal College of General Practitioners</u> <u>QOF QI hub</u> <u>BMA Update</u> <u>RCGP News Updates</u>
Midlands Academic Health Science Network	<u>WMAHSN Network</u> <u>The AHSN Newsletter</u>
Healthwatch	 <u>Healthwatch</u> <u>Covid survey report highlights health and care struggles during pandemic</u>
Other	



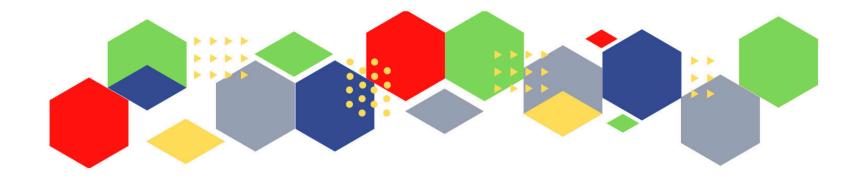
Free Training / Webinars / Meetings / CPD	
e-Learning for Health	 New elearning session highlights dermatological side effects of COVID-19 New COVID-19 community contact tracing programme now available Staff Recovery Resources for critical care and the wider health workforce recovering from the COVID-19 pandemic MindEd infographic highlights programme's success during COVID-19 Long COVID elearning session available The Changing Story of Cancer programme Updates to the Flu Immunisation elearning programme for the 2021/22 flu season Flu Immunisation programme - elearning Foundation elearning programme update September 2021
YouTube	• <u>NHS England</u>
Blogs/Vlogs	What does the Health and Care Bill mean for NHS staff?
Area Bulletins	
BCWB Training Hub	Black Country and West Birmingham Training Hub



Continuation of Free Training / Webinars / Meetings / CPD	
Development / Information and Knowledge	 FutureProof Health Training & Events RCN Events - West Midlands 16th November - MIMS Learning Live Inaugural Broadcasts 2021 24th March 2022 - RCN Clinical Research Nursing Conference 2022 Menopause Training RCGP Learning Deep Dive on DPP-4 Inhibitors ISSUES & ANSWERS CONFERENCE SERIES 2021 Bringing people together to share knowledge - Virtual Conferences ADVANCE CARE PLANNING IDENTIFYING & MANAGING A DYING PATIENT 6th - 10th December - Wounds Week Monthly RCGP Post-Covid Syndrome (Long Covid) Training Session



Continuation of Free Training / Webinars / Meetings / CPD	
Podcasts	 The Nursing Handover Podcast Nursing Standard Podcasts What Makes a Nurse? The MedicsPro Podcast Nursing Matters Welcome to the BJN Podcast Why we care EBN podcast This Is Nursing Maroon Mindset Teach me, I'm a Nurse Past Caring RCGP eLearning podcast The BMJ Podcast Primary Care Network podcasts The Professional Support Unit's Pandemic Podcast How can public health nurses help deliver the Healthy Child Programme this winter? Talking GP
Research	 <u>Science Daily</u> <u>Multimorbidity / multiple long-term conditions (MLTC)</u>
Freebies	Blue Light Card
Other	



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